



Regional Coach Development Pathway Programme

In a nutshell we are aiming to:

1. Provide a coaching pathway of best practice for our volunteer club and professional coaches
2. Create a sustainable pathway where success is common place
3. Create an environment that is athlete driven, coach lead and administratively assisted.
4. Learn from one another and share ideas on how we can move forward as a sport
5. Increase our participation numbers as a region

For the coaches with swimmers in the Athlete Program, it is a chance to work alongside one another, share ideas and learn from one another.

For the club volunteer teachers and coaches it is having available resources and personal skills to allow them to feel confident teaching all skills.

Programme Rationale

- It is vital that we are continuing to develop our up-and-coming coaches and that we work collectively to aid and guide their pathways.

Pathway Programme Coaching Level Overviews

Level 1

This level targets all regional coaches with swimmers who have qualified for Athlete Squad 1 & 2

Opportunities

- All coaches are required to attend assist and/or lead at all Regional Squad 1 & 2 Clinics

Level 2

- This level targets all regional coaches with swimmers who have qualified for Athlete Squads 3 & 4 (swimmers who have qualified for NZ Div II Champs, and/or NZ Age Group & NZ Opens plus Para Swimmers)

Opportunities

- All coaches are required to attend & assist at all Regional Squad 3 & 4 Clinics

ALL LEVELS have the following support available

- Opportunity to be mentored by Swimming Southland's Head Coach
- Programme visits by the Swim Southland Head Coach
- email and/or zoom access to Swimming Southland Head Coach
- Access to Swimming Southland Head Coach's lesson plans
- 1 annual teaching and coaching seminars run by Swimming Southland's Head Coach

Eligibility criteria for selection as a coach for Swimming Southland Representational Teams

- Hold a minimum of or be working towards a Trainer of Competitive Strokes (TOCS) qualification or Swimming NZ equivalent.
- Have experience coaching at meets and swimmers of the level your applying for
- Be in good standing with Swimming Southland.
- Be able to commit to the annual Swimming Southland Regional Pathway Programme Clinics with your athletes
- Show a willingness to support Swimming Southland, develop themselves and those around them.
- Have current Police Vett
- Be a current affiliated member of Swimming New Zealand
- Be the current Coach of Record for athletes selected onto the team your applying for, i.e. coaching the swimmers for longer than 3 months and 90% of the time
- Attend Regional Southland meets through the course of the year in the capacity as coach
- Be aware of the Swimming Southland Coach to Swimmer ratios for each meet
- Be aware that if more than 1 Coach applies for a position and the number travelling don't exceed the ratios for 2 Coaches, in the first instance the Coach with the most number of athletes on the team and or experience at the level will be nominated.
- All nominations are subject to board approval

Swimmer to Coach Ratio's

- Junior Festival - 1 Coach to 15 Swimmers
- South Island Country & Town - 1 Coach to 15 Swimmers
- South Island Long Course & Short Course Champs 1 Coach to 15 Swimmers
- NZ Open Champs - 1 Coach to 10 Swimmers
- NZ Age Group Champs - 1 Coach to 10 Swimmers
- NZ Short Course Champs - 1 coach to 10 Swimmers

Coaches who apply and are not selected due to a team not requiring a second coach are welcome to attend the Meet as a spectator. Please note, you will not be granted accreditation for poolside access to athletes

2022 Swimming Southland Coaching Allocations

Please note: Coach Selections are subject to the coach selection criteria being met & Swimming Southland Board approval

South Island Long Course Championships

- **Head Coach:** Jeremy Duncan
- **Assistant:** Shaun Chan

Mako's Junior Festival

- **Head Coach:** Mariano Nani
- **Assistant:** Shaun Chan

South Island Country & Town Competition

- **Head Coach:** Shaun Chan
- **Assistants:** Brittney Johnston & Katrina Garrett

NZ Open Championships

- **Head Coach:** Jeremy Duncan

NZ Age Group Championships

- **Head Coach:** Jeremy Duncan

NZ Division 2 Championships

- **Head Coach:** Shaun Chan
- **Assistant:** Mariano Nani

South Island Short Course Champs Championships

- **Head Coach:** Jeremy Duncan
- **Assistant:** Mariano Nani

NZ Short Course Championships

- **Head Coach:** Jeremy Duncan