

WAVERLEY SWIMMING CLUB

AGE GROUP MEET



Saturday 29th January 2022 - Splash Palace, Invercargill.
Warm up – 8.30am, Racing – 9.30am

Event Schedule

1. Mixed 4x25 Freestyle Relay
2. Mixed 50m Freestyle
3. 10 & under 25m Kickboard on front
4. Mixed 400m Freestyle
5. Mixed 100m Breaststroke
6. 10 & Under 25m Butterfly
7. Mixed 50m Backstroke
8. Mixed 200m Butterfly
9. 10 & Under 25m Kickboard on Back
10. Mixed 100m Freestyle
11. Mixed 200 IM
12. 10 & Under 25m Freestyle
13. Mixed 50m Breaststroke
14. Mixed 100m IM
15. Mixed 100m Backstroke
16. Mixed 200m Freestyle
17. 10 & Under 25m Backstroke
18. Mixed 50m Butterfly
19. Mixed 200m Breaststroke
20. 10 & Under 25m Breaststroke
21. Mixed 100m Butterfly
22. Mixed 200m Backstroke
23. Jack & Jill Relay - 12 years & under
24. Jack & Jill Relay - 13 years & Over

Meet Conditions

- The meet is Short Course and will run as timed finals, with over the top starts
- This meet is open to all currently registered financial members of Swimming NZ, and entries with no times will be accepted – however coaches discretion required
- The Waverly Club encourages 'Have a Go' swimmers to enter & NT (no times) will be accepted. Times gained at the meet will not be recognised by Swimming NZ.
- Swimmers will compete in the mixed gender events as scheduled above & results will be published in the following age groupings and gender; 10 & under, 11/12 years, 13/14 years and 15 years and over
- The 400m freestyle will be raced and resulted as male and female open.

Club Relays

- Relays - Swimmers can swim up an age group but not in more than one age group. Relay teams can consist of any combinations of males and females and will be swam in two age groups, 12years & under and 13 years & over
- Swimmers can swim up an age group but cannot swim in more than one age group. Relay teams can consist of any combinations of males and females

Jack and Jill Relays

- Relays will be swam in two age groups, 12years & under and 13 years & over
- Selection is based on results from the 50m Freestyle events and all swimmers will be considered for selection
- The 12 years and under race will consist of the first four female and first four male place getters from 10& under and 11/12years age groups
- The 13 years and over race will consist of the first four female and first four male place getters from 13/14 and 15 ears & over years age groups
- Relay teams will be paired (one female and one male) to swim a 2x50m Freestyle race
- The pairings will be the fastest female and the slowest male, and so on until the final pairing is the slowest female and the fastest male.
- Four selected female and four selected male swimmers from each age group must be available; otherwise, the pairings numbers are reduced.

Entries

- Entry age is as at 29th Jan 2022
- Entry fee \$8.50 per event per swimmers and \$10 per Club Relay (there is no charge for the Jack & Jill Relays)
- There is no restriction on the number of entries per swimmer
- **Have a go entries** must be emailed to Development@swimsouthland.org.nz by 5pm **Tuesday January 18th**

- **Competitive swimmers** must enter via Fastlane by 11.59pm on **Wednesday January 19th**
- Late entries and changes after the closing date will NOT BE ACCEPTED
- No refunds for any withdrawals will be given once entries close. Medical withdrawals can be considered if a signed medical certificate is supplied prior to the commencement of the competition
- Swimmer and Spectator pool entry fee - payable on entry

Competition Documents

- Draft reports will be placed on our website and emailed to competitors and clubs on January Thursday 20th
- Corrections are to be emailed to Swimming Southland no later than 5pm Monday January 24th
- Final Psych Sheets will be emailed to swimmers on Wednesday Jan 26th
- The Meet Program & Seating Plan will be published on the Swimming Southland website no later than 5pm, Thursday Jan 27th - there will be NO programs available for purchase at this competition

Extra Information

- All swimmers must report to marshaling at least 5 heats prior to their event
- Please note that Swimming Southland has a rule that allows Swimming Southland records to be broken in mixed gender events. However Swimming NZ records cannot be broken in mixed gender events and other regions records may not be ratified. Please communicate with the Swimming Southland Executive Officer prior to the meet should you believe this affects any swimmers
- Photographs taken during the meet may be used by Swimming Southland website and/or Waverley Swimming Club, please make the Executive Officer aware if you do not wish your photograph to be used admin@swimsouthland.org.nz
- Enquiries to rachelblackcbe@gmail.com
- Warmup is to be conducted under the consultation and guidance of all coaches
- Warm up 45 minutes – Lanes 1 & 8 sprint lanes for the last 20 minutes
- Spectators Pool Entry – please be aware that there is a fee for spectators when entering Splash Palace

Team Managers Information

- All Team Managers MUST be Police Vetted as per Swimming NZ Member Protection policy.
- Clubs are required to notify the Swimming Southland as to whom their **designated Managers** are for this meet by **Wednesday Jan 26th**
- Designated Managers must wear their Swimming Southland ID cards at the meet

Disqualifications

- Disqualifications will be announced (when possible).
- A copy of the DQ form will be available from the Pool Office

Results

- Posted as soon as possible, glass windows of the café at the shallow end of the main pool
- Finalised Session results will be published on the Swimming Southland website by 5pm Monday 31st

Technical Officials and Volunteers

- Duty Sheets - accessible on the Swimming Southland website or by clicking here. Note, this is a shared document via Google Drive therefore the names showing are filled positions.

Health & Safety Requirements

Supervision Policy

- Athletes who are 6 years & under must wear a **yellow** arm band and athletes 7 years & under must wear a **green** band. Bands CAN be removed for racing but MUST be worn at all other times. Athletes are able to make their own way to marshaling and start blocks. Upon completion of their race make their way back to their seat in the grandstand
- Athletes using the warmup and down pool during the competition MUST be supervised at all times

Pool Deck

- During the competition, only essential personal (Technical Officials and Timekeepers) are allowed on the pool deck
- Coaches are to remain in their designated area at all times

General

- Fire exits, and clearways are always to remain clear
- Evacuation Procedure: if the pool requires evacuation you will be guided by Splash Palace Pool staff, please remain calm and follow instructions

CLUBS, PLEASE ENCOURAGE PARENTS TO COME ALONG TO THE MEET ASSIST WITH TIME KEEPING