



Southland Short Course Championships 2020



As part of the Aon Short Course Series

SATURDAY 26th September 2020

SPLASH PALACE - Invercargill

SESSION: 1 **WARM UP** **9.00am**
START **10.00am**

SESSION: 2 **WARM UP** **1:30pm**
START **2:30pm**

1. 400m Freestyle
2. 50m Butterfly
3. 100m Backstroke
4. 200m Medley
5. 100m Breaststroke
6. 50m Backstroke
7. 200m Butterfly
8. 100m Freestyle
9. 12 & Over – 4 x 50m Medley Club Relay
10. 11 & Under – 4 x 50m Medley Club Relay

11. 400m Medley
12. 50m Freestyle
13. 100m Butterfly
14. 200m Breaststroke
15. 100m Medley
16. 200m Freestyle
17. 200m Backstroke
18. 50 Breaststroke
19. 12 & Over – 4 x 50m Free Club Relay
20. 11 & Under – 4 x 50m Free Club Relay

- Open to all Competitive Swimmers who are financial and registered with SNZ for the current year.
- Meet will be conducted under Swimming New Zealand regulations with specific conditions and criteria.
- The meet shall be swum short course (25m)
- Age as at 26.9.2020
- There shall be 45 minutes warm up at the start of each session - Lanes 1 & 8 sprint lanes for the last 20 minutes
- No restriction on the number of entries per individual swimmer
- Over the top starts will apply
- All events shall be swum as mixed gender open events but resulted in male and female in the following age groups: 10 & under, 11 & 12, 13 & 14, 15 & over. Ribbons will be awarded.
- Club Relay events for mixed teams. Each team must contain at least 1 Male and 1 Female.
- Please note that Swimming Southland has a rule that allows Swimming Southland records to be broken in mixed gender events. However Swimming NZ records cannot be broken in mixed gender events and the records other provinces may not be allowed. Please communicate with the Swimming Southland Executive Officer prior to the meet should you believe this affects any swimmers
- Photographs taken during this meet may be used by Swimming Southland on the website – please make the Executive Officer aware if you do not wish your photograph to be used (admin@swimsouthland.org.nz)
- Spectators Pool Entry – please be aware, there is a fee for spectators when entering Splash Palace.

CLUBS - PLEASE ENCOURAGE PARENTS TO COME ALONG TO THE MEET AND TIMEKEEP OR TRAIN TO OFFICIATE

ENTRIES: to be submitted via the SNZ online system

ENTRY FEE: \$8.50 per event, per swimmer Relays: \$13.00 per team

ENTRIES CLOSE: 8.00pm, Sunday 20th September 2020

QUERIES TO: admin@swimsouthland.org.nz