



Swimming Southland

Winter Meet

Followed with 2020 Prize-Giving

Sunday 26th July 2020

Splash Palace, Invercargill (Short Course)

Session One – Warm-Up 8.30am - Start 9.30am



1.	11yrs & Over	400m Freestyle	12.	Mixed Age	200m Freestyle
2.	Mixed Age	100m Backstroke	13.	Mixed Age	50m Butterfly
3.	10yrs & Under	25m Freestyle	14.	10yrs & Under	25m Breaststroke
4.	Mixed Age	50m Freestyle	15.	Mixed Age	50m Breaststroke
5.	11yrs & Over	200m Butterfly	16.	Mixed Age	100m Butterfly
6.	10yrs & Under	25m Backstroke	17.	Mixed Age	200m Backstroke
7.	Mixed Age	200m Breaststroke	18.	Mixed Age	100m Medley
8.	Mixed Age	50m Backstroke	19.	Mixed Age	100m Breaststroke
9.	Mixed Age	100m Freestyle	20.	Mixed Age	200m Medley
10.	11yrs & Over	400m Medley	21.	Mixed 12yrs & Over	4 x 50m Freestyle Club Relay
11.	10yrs & Under	25m Butterfly	22.	Mixed 11yrs & Under	4 x 50m Freestyle Club Relay

Conditions of entry:

- Meet will be conducted under Swimming New Zealand regulations with specific conditions and criteria.
- In line with Swimming New Zealand's 'Right to Compete' by-law – all events are open to both club and competitive swimmers who are current, financial and registered with SNZ for the current year.
- Age as at 26th July 2020.
- Entry limit of 6 individual events per swimmer.
- The meet is short course and will run as timed finals, with over the top starts.
- All swimmers must report to marshalling at least 4 heats prior to their event (6 heats for 25m/50m).
- Warm up 50 minutes – Lanes 1 & 8 dive and sprint lanes for the last 20 minutes.
- Swimmers will compete in the mixed gender events as scheduled above and results will be published in the following age groupings and gender; 10 & U, 11/12, 13/14 and 15 & O.
- Please note that Swimming Southland has a rule that allows Swimming Southland records to be broken in mixed gender events. However Swimming NZ records cannot be broken in mixed gender events and other regions records may not be allowed. Please communicate with the Swimming Southland Executive Officer prior to the meet should you believe this affects any swimmers.
- Entry into the distance events (400m Free & 400m IM) is reserved for the swimmers who are in regular training and who have coach support to do so. Swimming Southland reserves the right to refuse an entry where it is felt the swimmer will be too far behind the general standard of the competition. Subject to this, no more than two heats of swimmers will compete in each event, and where possible these events may be combined.
- NT (no times) accepted for all events and Swimming Southland encourage 'Have a Go' swimmers to enter this FUN meet.
- Events 21 and 22 are club relay events for mixed teams. Each team must contain at least 1 Male and 1 Female. Clubs may join together and enter teams where they do not have enough swimmers available.
- Photographs taken during the meet may be used by Swimming Southland on the website – please make the Executive Officer aware if you do not wish your photograph to be used – admin@swimsouthland.org.nz
- Spectators Pool Entry – please be aware, there is a fee for spectators when entering Splash Palace.



CLUBS - PLEASE ENCOURAGE PARENTS TO COME ALONG TO THE MEET AND TIMEKEEP OR TRAIN TO OFFICIATE

ENTRIES: to be submitted via the SNZ online system

ENTRY FEE: \$7.50 per event per swimmer Relays: \$12.50 per team

ENTRIES CLOSE: 8.00pm, Sunday 19th July 2020

QUERIES TO: admin@swimsouthland.org.nz