

Swimming Southland Regional Opportunities June 2019 - April 2020



		GOLD/500 Fina Points Club, Para	SILVER - NAG Div2 Qualifiers	Bronze - NZ Juniors T&C Qualifiers	Coach Allocations (subject to availability)
	27-May				
	3-Jun				
	10-Jun				
	17-Jun				
	24-Jun				
	1-Jul				
	8-Jul				
	15-Jul	Home Camp - 15-20 July (user pays)	Home Camp 15-20 July (user pays)	Home Camp 15-20 July (user pays)	Jeremy, Lisa , Mariano , Shaun , Britney
WEEK BEGINS	22-Jul				
	29-Jul				
	5-Aug				
	12-Aug				
	19-Aug				
	26-Aug	Mental Skills Clinic (no cost)	Mental Skills Clinic (no cost)	Mental Skills, Clinic (no cost)	all coaches
	2-Sep				
	10-Sep				
	16-Sep				
	23-Sep				
	30-Sep				
	7-Oct	Home Camp/ Flume trip(flume time covered)	Home Camp - 7-12 Oct (user pays)	Home Camp 7-12 Oct (user pays)	Jeremy, Lisa , Mariano ,Brittney
	14-Oct				
	21-Oct				
	28-Oct	Nutrition Clinic (no cost)	Nutrition Clinic (no cost)	Nutrition Clinic (no cost)	all coaches
	4-Nov				
	11-Nov				
	18-Nov				
	25-Nov				
	2-Dec				
9-Dec					
16-Dec	Vic State Champs odd years 17-21 Dec (user pays)	Vic State Champs odd years 17-21 Dec (User pays)		Lisa	
23-Dec					
30-Dec	Holiday	Holiday	Holiday		
6-Jan					
13-Jan					
20-Jan	Home Camp - 20-25 Jan (User pays)	Home Camp - 20-25 Jan (User pays)	Home Camp - 20 -25 January (User pays)	Jeremy , Lisa , Mariano, Shaun , Britney	
27-Jan					
3-Feb					
10-Feb	School v Training Balance clinic (no cost)	School v Training balance clinic(no cost)			
17-Feb					
24-Feb					
2-Mar					
9-Mar					
16-Mar	Flume Trip (flume time covered)			Lisa , Mariano	
23-Mar					
30-Mar					
6-Apr			Home Camp 6-10 April (User pays)	Jeremy, Lisa Mariano Shaun Britney	
13-Apr					
20-Apr					
27-Apr					