Southland Short Course Championships 2018

Swimming SOUTHLAND

SUNDAY 16th September, 2018 ***SPLASH PALACE, Invercargill***

SESSION: 1	WARM UP	9:00AM
	START	9:45AM

1. **12 & Over - 4 x 50m Medley Club Relay**
2. **11 & Under - 4 x 50m Medley Club Relay**
3. **400m Freestyle**
4. **50m Butterfly**
5. **100m Backstroke**
6. **200m Medley**
7. **50m Backstroke**
8. **100m Breaststroke**
9. **200m Butterfly**
10. **200m Freestyle**

SESSION: 2	WARM UP	1:00PM
	START	1:45PM

11. **12 & Over - 4 x 50m Free Club Relay**
12. **11 & Under - 4 x 50m Free Club Relay**
13. **400m Medley**
14. **50m Freestyle**
15. **100m Butterfly**
16. **200m Breaststroke**
17. **100m Medley**
18. **100m Freestyle**
19. **200m Backstroke**
20. **50 Breaststroke**

Stay on and have some

We have the inflatables booked, ready for some crazy fun following the last race of the afternoon session, all welcome!

- Open to all Competitive Swimmers who are financial and registered with SNZ for the current year.
- The meet shall be swum short course (25m)
- There shall be 40 minutes warm up at the start of each session
- No restriction on the number of entries per individual swimmer
- All events shall be swum as mixed gender open events but resulted in male and female in the following age groups: 10 & under, 11 & 12, 13 & 14, 15 & over.
  Ribbons will be awarded.
- Please note that Swimming Southland has a rule that allows Swimming Southland records to be broken in mixed gender events. However Swimming NZ records cannot be broken in mixed gender events and the records other provinces may not be allowed. Please communicate with the Swimming Southland Executive Officer prior to the meet should you believe this affects any swimmers
- Photographs taken during this meet may be used by Swimming Southland on the website – please make the Executive Officer aware if you do not wish your photograph to be used (admin@swimsouthland.org.nz)
- Spectators Pool Entry – please be aware, there is a $2 fee for spectators when entering Splash Palace.
- Entry fee: $7.50 per individual event
  $12.50 per relay
- Entries to be submitted online via SNZ Database. **Entries close 8pm on Sunday 9th September 2018**
- Queries to; *Swimming Southland, Executive Officer*
  admin@swimsouthland.org.nz
  027 951 6729