



2018 South Island Championships

24-26 August 2018, Jellie Park Pool, Christchurch

South Island Championships is conducted under the regulations of SNZ and FINA Rules except where noted in this flier or in the meet programme.

Eligible Swimmers:

1. The meet is open to all SNZ registered competitive swimmers aged 12 years or older who have achieved the listed qualifying times between **25 August 2017** and **12 August 2018**. Entries close on 15 August 2018.
2. Age as at 24 August 2018
3. Age groups are 12-14 years, 15-16 years and 17 years and over

Meet Conditions:

4. The meet will be swum as Short Course (25m) using electronic timing.
5. Performances not held within the National Database will not be eligible for use as a qualifying time for these Championships. Only entry times from approved meets will be accepted. Splits will not be accepted for entry times.
6. Qualifying times are published as short course 25m, times in pools other than 25m must be converted using the SNZ Conversions.
7. Swimmers may enter one (1) unqualified event but must have swum a time during the qualifying period. Custom Times and NT (no times) will not be accepted. **Entries for Unqualified events shall be submitted online for the meet "SIC Unqualified 2018"**; these will be merged with qualifying entries for the meet.
8. A maximum of two (2) visitors may progress from heats to finals in any one event, with the exception of timed finals where there is no limit on visitors. Visitors will not be eligible for medals
9. Over the top starts may be used. The One Start Rule applies.

Individual Entries:

10. Para swimmers are eligible to compete at this meet and shall compete under the IPC Swimming rules in mixed gender, mixed class events, first swimming prelims with able-bodied swimmers. Swimmers who qualify for both Para and able-bodied finals in the same event must choose which final they will compete in and notify the meet recorder by end of the session with prelims. Para swimmers' times closest to the Para NZ record for their class will win Para events. If Para swimmers enter able-bodied events without Para finals, they compete on the same terms as able bodied swimmers. Para swimmers must present their classification card to the Referee prior to the commencement of the meet. There are no qualifying times for para swimmers, but a valid entry time must be submitted with all entries.
11. All 50m (excluding the 50m Freestyle) events, the 100 IM and relays will be swum as a timed Open Championship Final (fastest 8 on entry time) and three age group timed finals (12-14, 15-16 & 17 & O).
12. All 100m (excluding 100IM), 200m and 400m events along with the 50 Freestyle will be swum as prelims with an Open Championship Final, an age group final 12-14 years and an age group final 15 years and over. Results from the 15 & over final will be resolved to 15-16 years and 17 years and over age groups. All prelims will be straight seeded. The Open Championship final shall take precedence, **athletes cannot withdraw from the Open final to swim in age group finals**. Athletes may not swim in both the Open and Age Group finals, but athletes competing in the Open final will be eligible for age group medals based on times in the Open final.
13. The 800m and 1500m freestyle will be timed finals, results (scores and medals) as an Open Championship Final and three age group timed finals (12-14, 15-16 & 17 & O)
14. For events when there are 16 or less total competitors there will be an Open Championship Final only, no Age Group Finals

15. For events when there are 17 – 24 total competitors there will be an Open Championship Final and a one combined age group final

Relay Competition: Mixed Club Draft

16. Eight Coaches will be named to draft their own relay teams comprising of 16 athletes (4 Male and 4 Female from each age group 15 & U and 16 & O).
The total team numbers will depend on entries with a minimum of 32 male and females required in each age group to work for a full timed final for each event.
17. At the time of entry athletes must declare their availability for the draft. At this point to assist them with their draft selections the coaches are all supplied with all of the athletes 100m Short Course Best Times for the Winter Season.
18. Coaches will meet on the evening before the meet commences and select their teams of 16 athletes on a draft system. A draw for selection order will take place.
19. The team coaches will then put together all of their relay teams from the selected athletes for the following relays.
Day 1
Men 15 & U 4 x 100 Free Relay
Women 15 & U 4 x 100 Free Relay
Men 16 & O 4 x 100 Free Relay
Women 16 & O 4 x 100 Free Relay
Day 2
Men 15 & U 4 x 100 Medley Relay
Women 15 & U 4 x 100 Medley Relay
Men 16 & O 4 x 100 Medley Relay
Women 16 & O 4 x 100 Medley Relay
Day 3
16 x 50 Freestyle Relay
The athletes are all advised prior to warm-up of the first session of the team they have been selected in.
20. No entry fees.
21. Each team member is supplied with a Makos Cap.
22. Medals are not awarded to individual relay event winners but overall relay team competition awards are made
Top Relay Team – \$800 Cash
2nd Place - \$480 Cash
3rd Place - \$320 Cash
23. Points are awarded as follows:
1st = 26, 2nd = 24, 3rd = 22, 4th = 20, 5th = 19, 6th = 18, 7th = 17, 8th = 16

Meet Awards and Scoring:

24. The winner of the Open Final in each event shall receive a South Island Open Championship Gold Medal for that event.
25. For each age group 12-14, 15-16 and 17 & Over, gold, silver and bronze medals shall be awarded to the South Island swimmers with the fastest three times in finals (including those swimming in the Open final). However, for events where there are 16 or less total competitors, there will be an Open Championship Gold Medal and an Age Group Gold Medal only (no silver or bronze) for each age group 12-14, 15-16 & 17 & O.
26. If all medals are not able to be awarded based on finals due to insufficient competitors in an age group then the prelim times will be used but finals will take precedence, i.e. a swimmer who made a final will place higher than a swimmer in the same age group who did not, even if the finals time is slower.
27. All Open Championship Finals (excluding the 50m Fly, 50m Back, 50m Breast and 100m IM) will be scored as follows:
28. 1st = 26, 2nd = 24, 3rd = 22, 4th = 20, 5th = 19, 6th = 18, 7th = 17, 8th = 16
29. All 100m, 200m, 400m, 50m Freestyle and relay Age Group finals shall be scored as follows:
1st = 12, 2nd = 10, 3rd = 8, 4th = 7, 5th = 6, 6th = 5, 7th = 4, 8th = 3
30. All 50m Fly, 50m Back, 50m Breast and 100m IM events will not be scored.
31. Regional Trophy: Regional individual and relay competition points will be accumulated over the meet then divided by the number of competitors from the region (para swimmers excluded), at commencement of the meet, to find the overall winning region.

32. Club Trophy: Clubs competition points shall be accumulated over the meet, trophies awarded to the club with 11 or more swimmers and the club with 10 or less swimmers that accumulate the most points.

Withdrawal Procedure:

33. For all timed final and final events, withdrawals must be received not more than **30 minutes after the end of the previous session**.
34. Session 1 withdrawals **must** be notified to the meet recorder not less than 24 hours prior to the start of the meet via email to admin@swimcanterbury.org.nz
35. There will be a fine of \$50 for any withdrawals or 'no shows' not in accordance with this rule, except for medical injury or disability as judged by the Meet Director.

Entry Procedure:

36. Individual entries are to be completed ONLINE only, exception being
37. For Unqualified events, entries shall be submitted online for the meet "SIC Unqualified 2018".
38. No Times (NT) or Custom Times will not be accepted except for relays; all individual entries must have an approved time swum during the qualifying period, including for unqualified events.
39. Entries open midnight Monday 2nd July 2018 and close **midnight Wednesday 15 August 2018**.
40. No late entries will be accepted.
41. Entry fees are \$11.50 for individual events.
42. Refunds for withdrawals (including medical) are at the discretion of the Meet Director.
43. All information will be posted on www.swimcanterbury.org.nz including final Psych Sheets from Monday 20 August 2018.



2018 South Island Championships

QUALIFYING TIMES

| MALE | | | | FEMALE | | |
|--------------------------------------|-------------|-----------|---------------------|-------------|-------------|-----------|
| 12 & 14 yrs | 15 & 16 yrs | 17 & over | | 12 & 14 yrs | 15 & 16 yrs | 17 & over |
| | | | FREESTYLE | | | |
| 29.80 | 28.60 | 28.60 | 50 | 31.20 | 31.00 | 31.00 |
| 1:04.90 | 1:02.80 | 1:02.80 | 100 | 1:08.20 | 1:07.90 | 1:07.90 |
| 2:23.00 | 2:17.50 | 2:17.50 | 200 | 2:29.00 | 2:26.55 | 2:26.55 |
| 5:00.35 | 4:48.90 | 4:48.90 | 400 | 5:15.00 | 5:07.00 | 5:07.00 |
| | | | 800 | 10:55.00 | 10:38.35 | 10:37.00 |
| 19:57.70 | 19:24.50 | 18:58.90 | 1500 | | | |
| | | | BACKSTROKE | | | |
| 34.35 | 33.27 | 32.35 | 50 | 36.20 | 36.02 | 35.43 |
| 1:14.34 | 1:12.86 | 1:12.86 | 100 | 1:18.07 | 1:16.88 | 1:16.88 |
| 2:41.33 | 2:35.76 | 2:35.76 | 200 | 2:48.84 | 2:45.26 | 2:45.26 |
| | | | BREASTSTROKE | | | |
| 38.94 | 37.91 | 36.97 | 50 | 40.96 | 40.51 | 39.69 |
| 1:25.16 | 1:21.81 | 1:21.81 | 100 | 1:28.75 | 1:28.38 | 1:28.38 |
| 3:05.03 | 2:57.51 | 2:57.51 | 200 | 3:12.69 | 3:10.67 | 3:10.67 |
| | | | BUTTERFLY | | | |
| 34.67 | 33.15 | 32.65 | 50 | 35.27 | 34.83 | 34.60 |
| 1:17.64 | 1:13.99 | 1:13.99 | 100 | 1:19.39 | 1:18.51 | 1:18.51 |
| 2:51.78 | 2:47.96 | 2:47.96 | 200 | 2:56.47 | 2:54.03 | 2:54.03 |
| | | | MEDLEY | | | |
| 1:16.72 | 1:13.86 | 1:13.79 | 100 | 1:20.00 | 1:19.00 | 1:18.00 |
| 2:46.00 | 2:40.00 | 2:40.00 | 200 | 2:52.33 | 2:48.10 | 2:48.10 |
| 5:55.60 | 5:44.10 | 5:44.10 | 400 | 6:09.16 | 6:03.64 | 6:03.64 |
| *No qualifying times for para events | | | | | | |



2018 South Island Championships **MEET PROGRAM**

| Session 1 Fri 24 Aug Warm up 7.00am-8.20am, Start 8.30am | | | Session 3 Sat 25 Aug Warm up 7.00am-8.20am, Start 8.30am | | | Session 5 Sun 26 Aug Warm up 7.00am-8.20am, Start 8.30am | | |
|---|-----|------------------------------|---|-----|-----------------------------|---|-----|-------------------------------|
| Prelims | 1 | Male 200 IM | T/Finals-S | 23 | Female 800 Free | T/Finals-S | 47 | Male 1500 Free |
| Prelims | 2 | Female 200 IM | Prelims | 24 | Male 400 IM | Prelims | 48 | Female 400 IM |
| Prelims | 3 | Male 400 Free | T/Final | 25 | Female 12-14 100 IM | T/Final | 205 | Mixed Para 100 IM |
| Prelims | 4 | Female 400 Free | T/Final | 26 | Female 15-16 100 IM | T/Final | 49 | Male 12-14 100 IM |
| Prelims | 5 | Male 100 Back (incl Para) | T/Final | 27 | Female 17&O 100 IM | T/Final | 50 | Male 15-16 100 IM |
| Prelims | 6 | Female 100 Back (incl Para) | T/Final | 28 | Female 100 IM (Fastest 8) | T/Final | 51 | Male 17&O 100 IM |
| T/Final | 7 | Male 12-14 50 Breast | Prelims | 29 | Male 100 Fly | T/Final | 52 | Male 100 IM (Fastest 8) |
| T/Final | 8 | Male 15-16 50 Breast | Prelims | 30 | Female 100 Fly | Prelims | 53 | Female 200 Back |
| T/Final | 9 | Male 17&O 50 Breast | Prelims | 31 | Male 200 Breast | Prelims | 54 | Male 200 Back |
| T/Final | 10 | Male 50 Breast (Fastest 8) | Prelims | 32 | Female 200 Breast | Prelims | 55 | Female 100 Breast (incl Para) |
| T/Final | 11 | Female 12-14 50 Breast | Prelims | 33 | Male 50 Free (incl Para) | Prelims | 56 | Male 100 Breast (incl Para) |
| T/Final | 12 | Female 15-16 50 Breast | Prelims | 34 | Female 50 Free (incl Para) | Prelims | 57 | Female 200 Free |
| T/Final | 13 | Female 17&O 50 Breast | | | | Prelims | 58 | Male 200 Free |
| T/Final | 14 | Female 50 Breast (Fastest 8) | | | | | | |
| Prelims | 15 | Male 200 Fly | | | | | | |
| Prelims | 16 | Female 200 Fly | | | | | | |
| Prelims | 17 | Male 100 Free (incl Para) | | | | | | |
| Prelims | 18 | Female 100 Free (incl Para) | | | | | | |
| Session 2 Fri 24 Aug Warm up 3.00pm-4.20pm, Start 4.30pm | | | Session 4 Sat 25 Aug Warm up 3.00pm-4.20pm, Start 4.30pm | | | Session 6 Sun 26 Aug Warm up 3.00pm-4.20pm, Start 4.30pm | | |
| Finals | 1a | Male 12-14 200 IM | T/Final-F | 23 | Female 800 Free (Fastest 8) | T/Final-F | 47 | Male 1500 Free (Fastest 8) |
| Finals | 1b | Male 15 & O 200 IM | Finals | 24a | Male 12-14 400 IM | Finals | 48a | Female 12-14 400 IM |
| Finals | 1c | Male Champ 200 IM | Finals | 24b | Male 15&O 400 IM | Finals | 48b | Female 15&O 400 IM |
| Finals | 2a | Female 12-14 200 IM | Finals | 24c | Male Champ 400 IM | Finals | 48c | Female Champ 400 IM |
| Finals | 2b | Female 15 & O 200 IM | T/Final | 203 | Mixed Para 50 Back | T/Final | 59 | Male 12-14 50 Fly |
| Finals | 2c | Female Champ 200 IM | T/Final | 35 | Female 12-14 50 Back | T/Final | 60 | Male 15-16 50 Fly |
| Finals | 3a | Male 12-14 400 Free | T/Final | 36 | Female 15-16 50 Back | T/Final | 61 | Male 17&O 50 Fly |
| Finals | 3b | Male 15 & O 400 Free | T/Final | 37 | Female 17&O 50 Back | T/Final | 62 | Male 50 Fly (Fastest 8) |
| Finals | 3c | Male Champ 400 Free | T/Final | 38 | Female 50 Back (Fastest 8) | T/Final | 63 | Female 12-14 50 Fly |
| Finals | 4a | Female 12-14 400 Free | T/Final | 39 | Male 12-14 50 Back | T/Final | 64 | Female 15-16 50 Fly |
| Finals | 4b | Female 15&O 400 Free | T/Final | 40 | Male 15-16 50 Back | T/Final | 65 | Female 17&O 50 Fly |
| Finals | 4c | Female Champ 400 Free | T/Final | 41 | Male 17&O 50 Back | T/Final | 66 | Female 50 Fly (Fastest 8) |
| Finals | 201 | Mixed Para 100 Back | T/Final | 42 | Male 50 Back (Fastest 8) | Finals | 54a | Male 12-14 200 Back |
| Finals | 5a | Male 12-14 100 Back | Finals | 30a | Female 12-14 100 Fly | Finals | 54b | Male 15&O 200 Back |
| Finals | 5b | Male 15&O 100 Back | Finals | 30b | Female 15&O 100 Fly | Finals | 54c | Male Champ 200 Back |
| Finals | 5c | Male Champ 100 Back | Finals | 30c | Female Champ 100 Fly | Finals | 53a | Female 12-14 200 Back |
| Finals | 6a | Female 12-14 100 Back | Finals | 29a | Male 12-14 100 Fly | Finals | 53b | Female 15&O 200 Back |
| Finals | 6b | Female 15&O 100 Back | Finals | 29b | Male 15&O 100 Fly | Finals | 53c | Female Champ 200 Back |
| Finals | 6c | Female Champ 100 Back | Finals | 29c | Male Champ 100 Fly | Finals | 206 | Mixed Para 100 Breast |
| Finals | 15a | Male 12-14 200 Fly | Finals | 32a | Female 12-14 200 Breast | Finals | 56a | Male 12-14 100 Breast |
| Finals | 15b | Male 15&O 200 Fly | Finals | 32b | Female 15&O 200 Breast | Finals | 56b | Male 15&O 100 Breast |
| Finals | 15c | Male Champ 200 Fly | Finals | 32c | Female Champ 200 Breast | Finals | 56c | Male Champ 100 Breast |
| Finals | 16a | Female 12-14 200 Fly | Finals | 31a | Male 12-14 200 Breast | Finals | 55a | Female 12-14 100 Breast |
| Finals | 16b | Female 15&O 200 Fly | Finals | 31b | Male 15&O 200 Breast | Finals | 55b | Female 15&O 100 Breast |
| Finals | 16c | Female Champ 200 Fly | Finals | 31c | Male Champ 200 Breast | Finals | 55c | Female Champ 100 Breast |
| Finals | 202 | Mixed Para 100 Free | Finals | 204 | Mixed Para 50 Free | Finals | 58a | Male 12-14 200 Free |
| Finals | 17a | Male 12-14 100 Free | Finals | 34a | Female 12-14 50 Free | Finals | 58b | Male 15&O 200 Free |
| Finals | 17b | Male 15&O 100 Free | Finals | 34b | Female 15&O 50 Free | Finals | 58c | Male Champ 200 Free |
| Finals | 17c | Male Champ 100 Free | Finals | 34c | Female Champ 50 Free | Finals | 57a | Female 12-14 200 Free |
| Finals | 18a | Female 12-14 100 Free | Finals | 33a | Male 12-14 50 Free | Finals | 57b | Female 15&O 200 Free |
| Finals | 18b | Female 15&O 100 Free | Finals | 33b | Male 15&O 50 Free | Finals | 57c | Female Champ 200 Free |
| Finals | 18c | Female Champ 100 Free | Finals | 33c | Male Champ 50 Free | T/Final | 67 | Mixed 16 x 50 Free |
| T/Finals | 19 | Male 15&U 400 Free | T/Final | 43 | Female 15&U 400 Medley | | | Draft Team Relay |
| | | Draft Team Relay | | | | | | |
| T/Finals | 20 | Female 15&U Free | T/Final | 44 | Male 15&U Medley | | | |
| | | Draft Team Relay | | | | | | |
| T/Finals | 21 | Male 16&O 400 Free | T/Final | 45 | Female 16&O 400 Medley | | | |
| | | Draft Team Relay | | | | | | |
| T/Finals | 22 | Female 16&O Free | T/Final | 46 | Male 16&O Medley | | | |
| | | Draft Team Relay | | | | | | |