



2010 South Island Country & Town Competition

27-28 February 2010, Splash Palace, Invercargill

Meet Information

Swimming Southland Contact

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Pool Location/Venue Address

Splash Palace
56 Elles Road
Invercargill
Phone 03 2173838

Pre Meet Training Times

No booking has been made by the organisers for pre meet training times. Clubs will need to make their own arrangements with Splash Palace.
Please note that the Invercargill coach will be conducting training for his squads from 3.30pm to 7pm and will be using 4 lanes in the deep end. The pool is also heavily booked for water polo and flipper ball after school as well. The Gore Multi Sports complex may also be available for teams travelling south by road. The telephone contact details are 03 2039128.
Normal Pool entry and lane hire will need to be paid by clubs.

Warm up Times

Morning Sessions	7.45am – 8.45am
Evening Sessions	2.45pm – 3.45pm

Session Start Times

Morning Sessions	9.00am
Evening Sessions	4.00pm

Warm down

Sat 27/2/10 AM

Three lanes in the shallow end of the main pool. Please ensure that you check the noticeboard at the end of the pool for the correct lane allocation.

Sat 27/2/10 PM and Sun 28/2/10 PM

Three lanes will be available in the learners pool for warm down. The learners pool is located in the North East corner of Splash Palace.

Warm up Procedure

In the interest of safety for all swimmers we have initiated a split warm up. Details are below and these will also be published in the meet programme.

Warm up 1: Eastern Districts, Canterbury West Coast and Nelson Marlborough.

30 minutes.

Lane 1 available for 10 and under swimmers only.

Lanes 7 & 8 available for Dive Sprint only for last 10 minutes of warm up 1.

Warm up 2: Otago and Southland

30 minutes.

Lanes 1 & 2 available for 10 and under swimmers only.

Lanes 7 & 8 available for Dive Sprint only for last 10 minutes of warm up 2.

Club coaches and managers are asked to be aware of the warm up rules and instruct their swimmers to obey them. Managers and coaches are also asked to police the warm up and advise the meet director of any concerns immediately.

Marshalling

The marshalling will take place in the South West Corner of Splash Palace. The number of events or races prior to the start will be advised at the team briefing meeting.

Team Briefing Meeting

A team briefing meeting for Regional Team Managers, team managers and coaches will be held on Friday 26th of February 2010 at 6pm in the Russell Cushen Room at Splash Palace.

Regional Association Coaches and Managers Form This form should be completed and forwarded by the Regional Association for allocation of passes for team managers and coaches. The number of session programmes will be issued to REGIONAL ASSOCIATIONS based on the number of coaches and managers detailed in the form.

Pool Access/Entry

Pool entry is via the front door at Splash Palace. Regions will be supplied with passes for Swimmers, Managers, Coaches and Regional Team Managers at the team briefing meeting.

Technical Officials will need to sign in at the door.

Exit

The pool exit is via the front door of Splash Palace. Please refer to the meet programme for emergency exits and procedure.

Officials Food

Officials Breakfast will be available each day between 7.30am and 8.30am in the Russell Cushen room. Afternoon tea will be available between 2.30pm and 3.30pm. Poolside drinks and food will also be served to all officials.

Officials Meeting

An officials meeting will be held on Saturday 27th of February 2010 at 8.15am in the Russell Cushen Room.

Seating

Seating will be allocated for Regional teams and will be rotated each session. The seating plans will be available at the team briefing meeting and will also be in the meet programme.

Bleacher seating on the north side of the pool is for spectators only. We ask that spectators do not sit in the team allocated areas.

Session Programmes and Results

Session Programmes and 1 set of results per region will be placed in the Regional Association baskets that will be located in the Russell Cushen room. Relay and withdrawal forms will be available from there also.

Results

Results will also be provided as follows:

- On the glass wall beside the Wave pool
- On the glass doors at the South East corner of the main pool.

Timelines

Timelines will be included on the programmes and session sheets. The times shown are approximate and races may start before or after the times indicated. It is the swimmers responsibility to be at marshalling at the appropriate time.

Spectator/Programme Charges

All spectator door entry charges are paid to Splash Palace Full Programme (Sessions 1,2 & 3) \$6 Programmes will be available for purchase at a table by the entry doors during warm up.

Cafeteria Hours

The Splash Palace Cafeteria will be open for the following hours:

9am-7pm on Saturday 27/2/10

From 9am on Sunday 28/2/10

Opening Ceremony

An Opening Ceremony will be held on Saturday 27th of February 2010 at 8.45am, Regions are asked to provide as many of their representatives in uniform for the march past as possible. These people are to assemble in their teams at the eastern end of the pool at 8.45am

Victory Ceremonies

Victory ceremonies will be timetabled in the order of events and the victory ceremony timetable will be published in the meet programme.

Swimmers who are not present will not receive their awards. Substitutes may be used if swimmers are in other races or in marshalling, however they must be of the same gender of the swimmer due to be receiving the medal.

We will endeavour to run the victory ceremonies as timetabled. If for any reason there is a delay in the results being available the victory ceremony for that event will take place as soon as possible. The victory ceremonies will continue to happen as timetabled.

Dress Standard for victory ceremonies

Club or Regional t shirt, jacket or sweatshirt

No caps or goggles

No towels to be wrapped around the waist

Tracksuit bottoms or shorts are NOT required

Banner Placement

Banners are able to be hung behind the seating area on the south side of Splash Palace.

Records

Certificates for South Island Country & Town Competition records will be sent to regions after the meet.

Technical Officials

Swimming Southland is seeking the assistance of technical officials travelling to Invercargill for this meet. If you are able to assist us in any capacity please contact Lyn Sutherland lyn.suth@xtra.co.nz (Referees, JOS, IOTs) or Shona Tomlins shonaphiltomlins@hyper.net.nz (timekeepers)

Swimming Southland wishes all the swimmers the best for a great competition.

Have fun!!