



# 2010 South Island Championships

3-5 September 2010, Alpine Aqualand , Queenstown

## **This meet will be swum under SNZ Regulations.**

- Age as at 3rd September 2010
- The qualifying period is from the 4th September 2009 to the 22nd August 2010
- The 2010 South Island Championships will be swum as Short Course (25m)
- Age groups are 13 years and under, 14-15 years and 16 years and over. Prelims to be swum mixed with finals and timed final events by age / gender
- Relays will be regional and swum for both male and female as 13 years and under, 14-15 years and 16 years and over. Swimmers may swim up an age group but not in more than one age group per event.
- All 100m (excluding 100IM), 200m and 400m events will be swum as heats and an A final for each age group.
- All 50m events, the 100IM and relays will be swum as age group timed finals.
- The 800m and 1500m freestyle will be swum as open timed finals resulted to age groups.
- Individual entry times may be verified against the SNZ results database. Performances from regional and local competitions not held within the SNZ results database may not be eligible for entry.
- Qualifying times are published as short course 25m. Qualifying times swum in pools other than 25m must be converted using the SNZ Conversions.
- Swimmers may enter one (1) unqualified event.
- Regional competition points will only be allocated to the top two points scorers from each region in each event. Relays will not accrue any points.
- All entries must include swimmers details and times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. All relay entries must include swimmers names whose times were used to produce the entry time.
- A maximum of two (2) visitors may progress from heats to finals in any one event, with the exception of timed finals where there is no limit on visitors.

## **ENTRIES**

**Regional Associations** must submit entries. No club entries are permitted.

**Club** entries and fees are to be submitted to their **Regional Association**.

**Clubs** need to check with their **Regional Association** for their entry closing date.

Entries close for **Regional Associations** with **Swimming Otago on Tuesday 24<sup>th</sup> of August 2010**. Late entries will not be accepted.

Refunds for any withdrawals (including medical) will be given at the discretion of the host region.

Entries to be submitted by **Regional Associations** as a cfile or hvy file. Entries to be emailed to [swimming.otago@xtra.co.nz](mailto:swimming.otago@xtra.co.nz) and should include

- \* Entries by swimmer with proof of time – word format
- \* Entry fee summary – word format
- \* Relay names report
- \* Regional Coaches and Managers form

Entry fees are **\$8** Individual event and **\$12** Relay events. Regions will be invoiced for their entry fees after psych sheets have been checked and confirmed. Entry fees from regional associations to be sent to Swimming Otago PO Box 79 Dunedin.

**PSYCH SHEETS**

**PSHCH SHEETS** will be posted on the Swimming Otago website ([www.swimotago.org.nz](http://www.swimotago.org.nz)) by Thursday 27th August 2009.

Corrections to psych sheets are to be sent to [swimming.otago@xtra.co.nz](mailto:swimming.otago@xtra.co.nz) by midnight Monday 30th August 2010.

**Final Psych sheets** will be posted on the Swimming Otago website by Tuesday 31st August 2010.



## SOUTH ISLAND

# 2010 South Island Championships

3-5 September 2010, Alpine Aqualand, Queenstown

### 25m Qualifying Times

Male			Female		
13 & U	14&15 yr	16 & O	13 & U	14&15 yr	16 & O
<b>FREESTYLE</b>					
29.80	28.60	27.90	31.20	31.00	30.85
1:04.90	1:03.00	1:00.70	1:08.20	1:07.95	1:06.85
2:23.00	2:19.00	2:13.00	2:29.00	2:27.00	2:24.30
5:00.35	4:50.00	4:42.15	5:15.00	5:09.00	5:04.70
19:57.70	19:35.00	18:58.90	10:55.00	10:42.00	10:37.00
<b>BACKSTROKE</b>					
34.90	33.50	32.35	36.20	36.00	35.85
1:14.05	1:13.60	1:11.40	1:19.00	1:17.80	1:16.75
2:42.05	2:37.00	2:34.35	2:51.00	2:46.50	2:44.50
<b>BREASTSTROKE</b>					
39.35	38.20	37.15	40.70	40.60	39.50
1:25.95	1:23.00	1:20.70	1:29.50	1:29.00	1:26.15
3:06.45	2:59.00	2:55.00	3:14.00	3:13.00	3:05.15
<b>BUTTERFLY</b>					
35.20	33.60	33.00	35.50	35.00	34.80
1:18.45	1:14.65	1:13.65	1:20.00	1:19.50	1:18.00
2:53.45	2:51.00	2:48.45	2:57.75	2:56.00	2:54.85
<b>MEDLEY</b>					
1:17.90	1:15.00	1:14.80	1:20.00	1:19.50	1:18.00
2:46.00	2:41.00	2:39.00	2:52.00	2:49.00	2:47.15
5:56.95	5:50.50	5:43.65	6:13.00	6:10.00	6:03.65



# South Island Swimming Championships

## Alpine Aqualand Queenstown 3–5 September 2010

Session 1 Friday 3 September 8.00am warm up; 9.00am start	Session 3 Saturday 4 September 8.00am warm up; 9.00am start	Session 5 Sunday 5 September 8.00am warm up; 9.00am start
Prelims 1 Mixed 400 IM Finals 2 Girls 13 & U 50 Fly Finals 3 Girls 14-15 50 Fly Finals 4 Girls 16 & O 50 Fly Finals 5 Boys 13 & U 50 Fly Finals 6 Boys 14-15 50 Fly Finals 7 Boys 16 & O 50 Fly Prelims 8 Mixed 200 Free Prelims 9 Mixed 200 Breast Finals-S 10 Girls 800 Free Relay 11 Girls 13 & U 200 Medley Finals 12 Boys 13 & Under 200 Medley Relay Finals 13 Girls 14-15 200 Medley Relay Finals 14 Boys 14-15 200 Medley Relay	Prelims 23 Mixed 200 Fly Prelims 24 Mixed 100 Free Prelims 25 Mixed 100 Back Prelims 26 Mixed 200 IM Finals-S 27 Boys 1500 Free Finals 28 Girls 14-15 200 Freestyle Relay Finals 29 Boys 14-15 200 Freestyle Relay Finals 30 Girls 16 & O 200 Freestyle Relay Finals 31 Boys 16 & Over 200 Freestyle Relay	Finals 40 Girls 13 & U 100 IM Finals 41 Girls 14-15 100 IM Finals 42 Girls 16 & O 100 IM Finals 43 Boys 13 & U 100 IM Finals 44 Boys 14-15 100 IM Finals 45 Boys 16 & O 100 IM Prelims 46 Mixed 200 Back Prelims 47 Mixed 100 Breast Prelims 48 Mixed 400 Free Prelims 49 Mixed 100 Fly Finals 50 Girls 13 & U 200 Free Relay Finals 51 Boys 13 & U 200 Free Relay
Session 2 Friday 3 September 5.00pm warm up; 6.00pm start	Session 4 Saturday 4 September 4.00pm warm up; 5.00pm start	Session 6 Sunday 5 September 3.30pm warm up; 4.30pm start
Finals 1 Mixed 400 IM Finals 8 Mixed 200 Free Finals 15 Girls 13 & U 50 Back Finals 16 Girls 14-15 50 Back Finals 17 Girls 16 & O 50 Back Finals 18 Boys 13 & U 50 Back Finals 19 Boys 14-15 50 Back Finals 20 Boys 16 & O 50 Back Finals 9 Mixed 200 Breast Finals-1 10 Girls 800 Free(fastest T/F) Relay 21 Girls 16 & O 200 Medley Finals 22 Boys 16 & O 200 Medley Relay	Finals 23 Mixed 200 Fly Finals 24 Mixed 100 Free Finals 32 Girls 13 & U 50 Breast Finals 33 Girls 14-15 50 Breast Finals 34 Girls 16 & O 50 Breast Finals 35 Boys 13 & U 50 Breast Finals 36 Boys 14-15 50 Breast Finals 37 Boys 16 & O 50 Breast Finals 25 Mixed 100 Back Finals 26 Mixed 200 IM Finals-1 27 Boys 1500 Free (fastest T/F) Finals 38 Girls 400 Medley Relay Finals 39 Boys 400 Medley Relay	Finals 46 Mixed 200 Backstroke Finals 52 Girls 13 & U 50 Free Finals 53 Girls 14-15 50 Free Finals 54 Girls 16 & O 50 Free Finals 55 Boys 13 & U 50 Free Finals 56 Boys 14-15 50 Free Finals 57 Men 16 & O 50 Free Finals 47 Mixed 100 Breaststroke Finals 48 Mixed 400 Freestyle Finals 49 Mixed 100 Butterfly Finals 58 Girls 400 Free Relay Finals 59 Boys 400 Medley Relay