



**SWIMMERS'  
HANDBOOK  
NATIONAL  
SOUTH ISLAND  
MEET QUALIFICATION  
TIMES**

**2011-2012**

**To follow is the qualifying times for South Island and National Meets. Please verify the National Meet qualifying times on the Swimming New Zealand Web page [www.swimmingnz.org.nz](http://www.swimmingnz.org.nz), in the 'Qualifying Criteria and Programmes' booklet.**

<b>NEW ZEALAND OPEN WATER CHAMPIONSHIPS</b> <b>LAKE TAUPO 14 January 2012 – 15 January 2012</b>
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**There are no qualifying times for the 2012 NZ Open Water Championships**

**Saturday 14/1/2012 – 10km**

**Sunday 15/1/2012 – 5km**

**Meet Conditions and Criteria:**

- ⇒ Age is as on 14 January 2012
- ⇒ The age groups to be swum for both male and female are 13-15, 16-17, and Open
- ⇒ Entries close Friday 23<sup>rd</sup> December, 2011 at 5pm with the Swimming Southland Executive Officer. Entries must be on the official Swimming Southland entry form and signed by the swimmer and their coach. No late entries will be accepted
- ⇒ Entry Fees \$30.00 per Event

<b>NEW ZEALAND JUNIOR CHAMPIONSHIPS</b> <b>WELLINGTON 18 February – 29 February 2012</b>
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**Long course (50m) qualifying times.****MALE**

FREESTYLE	10 & U	11yrs	12yrs	12 & U
50m	36.75	34.00	32.20	
100m	1:20.50	1:14.00	1:10.00	
200m	2:56.20	2:42.00	2:33.00	
400m				5:25.00
<b>BACKSTROKE</b>				
50m	42.50	39.60	37.30	
100m	1:31.60	1:26.00	1:20.50	
200m	3:15.00	3:02.50	2:50.75	
<b>BREASTSTROKE</b>				
50m	48.50	44.65	41.20	
100m	1:45.40	1:37.00	1:31.50	
200m	3:49.00	3:30.00	3:18.00	
<b>BUTTERFLY</b>				
50m	41.70	39.10	36.35	
100m	1:35.00	1:28.10	1:20.50	
200m				3:10.00
<b>MEDLEY</b>				
200m	3:20.00	3:06.00	2:54.00	
400m				6:18.00

**Meet Conditions and Criteria:**

- ⇒ Age is as at 18th February 2012
- ⇒ Qualifying period is from 1<sup>st</sup> January 2011, 2010 until 5<sup>th</sup> February 2012.
- ⇒ The qualifying times are all 50m times. Times swum in pools other than 50m must be converted using the SNZ Conversions.
- ⇒ All swimmers shall only enter qualified events
- ⇒ The age groups to be swum for male are 10 & U, 11 and 12.
- ⇒ Entries close Monday 6<sup>th</sup> February, 2012 at 8pm with the Swimming Southland Executive Officer. Entries must be on the official Swimming Southland entry form and signed by the swimmer and their coach. No late entries will be accepted
- ⇒ Entry Fees \$15.00 Individual
- ⇒ Regional Relay Entry Fees shall be paid by Swimming Southland

<b>NEW ZEALAND JUNIOR CHAMPIONSHIPS</b> <b>WELLINGTON 18 February – 19 February 2012</b>
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**Long course (50m) qualifying times.**

**FEMALE**

FREESTYLE	10yrs	11yrs	12yrs	12 & U
50m	36.80	34.00	32.20	
100m	1:20.00	1:14.00	1:10.00	
200m	2:56.20	2:42.00	2:33.00	
400m				5.25.00
<b>BACKSTROKE</b>				
50m	42.30	39.60	37.70	
100m	1:31.00	1:25.50	1:21.55	
200m	3:16.60	3:04.30	2:54.50	
<b>BREASTSTROKE</b>				
50m	48.00	44.25	41.85	
100m	1:45.00	1:36.70	1:31.70	
200m	3:50.00	3:28.50	3:18.00	
<b>BUTTERFLY</b>				
50m	42.40	39.25	36.50	
100m	1:38.00	1:29.00	1:21.85	
200m				3.15.00
<b>MEDLEY</b>				
200m	3:20.45	3:06.00	2:54.00	
400m				6.18.00

**Meet Conditions and Criteria:**

- ⇒ Age is as at 18th February 2012
- ⇒ Qualifying period is from 1<sup>st</sup> January 2011, 2010 until 5<sup>th</sup> February 2012.
- ⇒ The qualifying times are all 50m times. Times swum in pools other than 50m must be converted using the SNZ Conversions.
- ⇒ All swimmers shall only enter qualified events
- ⇒ The age groups to be swum for male are 10 & U, 11 and 12.
- ⇒ Entries close Monday 6<sup>th</sup> February, 2012 at 8pm with the Swimming Southland Executive Officer. Entries must be on the official Swimming Southland entry form and signed by the swimmer and their coach. No late entries will be accepted
- ⇒ Entry Fees \$15.00 Individual
- ⇒ Regional Relay Entry Fees shall be paid by Swimming Southland

<b>SOUTH ISLAND COUNTRY AND TOWN COMPETITION</b> <b>CROMWELL, 25<sup>th</sup> February 2012 &amp; 26th February 2012</b>
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NB. Swimmers who have qualified for 2012 South Island Championships, 2012 NZ Junior Championships, 2012 NZ Age Groups, 2012 NZ Division II Competition 2012 NZ Open Championships and the 2012 NZ Short Course Championships are not permitted to compete at the South Island Country and Town Competition.

**Short course (25m) qualifying times.**

**Male**

	10yrs & U	11&12yrs	12yrs & U	13&14yrs	15yrs & O
<b>Freestyle</b>					
50m	44.00	39.00		34.00	32.00
100m	1:35.00	1:27.00		1:17.00	1:11.00
200m			3:05.00	2:46.00	2:34.00
<b>Backstroke</b>					
50m	49.00	44.00		41.00	38.00
100m	1:46.00	1:40.00		1:32.00	1:24.00
200m			3:31.00	3:12.00	2:56.00
<b>Breaststroke</b>					
50m	56.00	49.00		45.00	43.00
100m	2:00.00	1:50.00		1:41.00	1:33.00
200m			3:51.00	3:36.00	3:22.00
<b>Butterfly</b>					
50m	53.00	47.00		41.00	38.00
100m	2:00.00	1:47.00		1:33.00	1:24.00
200m	Open Event	3:20.00			
<b>Medley</b>					
100m	1:55.00	1:38.00		1:27.00	1:26.00
200m			3:21.00	3:10.00	3:02.00

**Meet Conditions and Criteria:**

- ⇒ Age is as at 25th February 2012
- ⇒ Qualifying period is from 26th February, 2011 until 12th February 2012.
- ⇒ The qualifying times are all 25m times. Times swum in pools other than 25m must be converted using the SNZ Conversions.
- ⇒ Swimmers may enter one unqualified event.
- ⇒ The age groups to be swum for male are 10 & U, 11-12, 13-14, and 15 & O
- ⇒ Entries close Sunday 12th February, 2012 at 8pm with the Swimming Southland Executive Officer. Entries must be on the official Swimming Southland entry form and signed by the swimmer and their coach. No late entries will be accepted
- ⇒ Entry Fees \$7.50 Individual
- ⇒ Regional Relay Entry Fees shall be paid by Swimming Southland

<b>SOUTH ISLAND COUNTRY AND TOWN COMPETITION</b> <b>CROMWELL, 25th February 2011 &amp; 26th February 2012</b>
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**NB. Swimmers who have qualified for 2012 South Island Championships, 2012 NZ Junior Championships, 2012 NZ Age Groups, 2012 NZ Division II Competition 2012 NZ Open Championships and the 2012 NZ Short Course Championships are not permitted to compete at the South Island Country and Town Competition.**

**Short course (25m) qualifying times.**

**Female**

	<b>10yrs &amp; U</b>	<b>11&amp;12yrs</b>	<b>12yrs &amp; U</b>	<b>13&amp;14yrs</b>	<b>15yrs &amp; O</b>
<b>Freestyle</b>					
50m	44.00	39.00		36.00	35.00
100m	1:35.00	1:27.00		1:20.00	1:17.00
200m			3:05.00	2:51.00	2:45.00
<b>Backstroke</b>					
50m	49.00	44.00		42.00	42.00
100m	1:46.00	1:40.00		1:33.00	1:30.00
200m			3:31.00	3:14.00	3:09.00
<b>Breaststroke</b>					
50m	56.00	49.00		46.00	46.00
100m	2:00.00	1:50.00		1:44.00	1:40.00
200m			3:51.00	3:37.00	3:35.00
<b>Butterfly</b>					
50m	53.00	47.00		42.00	40.00
100m	2:00.00	1:47.00		1:34.00	1:29.00
200m	Open Event 3:20.00				
<b>Medley</b>					
100m	1:55.00	1:38.00		1:32.00	1:32.00
200m			3:21.00	3:16.00	3:14.00

**Meet Conditions and Criteria:**

- ⇒ Age is as at 25th February 2012
- ⇒ Qualifying period is from 26th February, 2011 until 12th February 2012.
- ⇒ The qualifying times are all 25m times. Times swum in pools other than 25m must be converted using the SNZ Conversions.
- ⇒ Swimmers may enter one unqualified event.
- ⇒ The age groups to be swum for male are 10 & U, 11-12, 13-14, and 15 & O
- ⇒ Entries close Sunday 12th February, 2012 at 8pm with the Swimming Southland Executive Officer. Entries must be on the official Swimming Southland entry form and signed by the swimmer and their coach. No late entries will be accepted
- ⇒ Entry Fees \$7.50 Individual
- ⇒ Regional Relay Entry Fees shall be paid by Swimming Southland

<b>NEW ZEALAND AGE GROUP CHAMPIONSHIPS</b>
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<b>WELLINGTON 6 – 10 March, 2012</b>
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Long course (50m) qualifying times

**MALE**

<b>FREESTYLE</b>	<b>12-13yrs</b>	<b>14yrs</b>	<b>15yrs</b>	<b>16yrs</b>	<b>17/18yrs</b>
50m	28.84	27.70	27.10	26.80	26.30
100m	1:03.70	1:01.00	59.00	58.50	57.50
200m	2:18.50	2:12.00	2:09.50	2:09.00	2:07.00
400m	4:52.00	4:40.50	4:37.00	4:35.00	4:33.00
1500m	19:15.00	18:33.00	18:00.00	17:55.00	17:45.00

<b>BACKSTROKE</b>	<b>12-13yrs</b>	<b>14yrs</b>	<b>15yrs</b>	<b>16yrs</b>	<b>17/18yrs</b>
50m	33.40	31.90	31.10	31.05	30.85
100m	1:11.78	1:08.87	1:07.58	1:07.27	1:06.79
200m	2:33.00	2:29.00	2:26.49	2:25.67	2:24.53

<b>BREASTSTROKE</b>	<b>12-13yrs</b>	<b>14yrs</b>	<b>15yrs</b>	<b>16yrs</b>	<b>17/18yrs</b>
50m	36.97	35.87	34.91	34.83	34.64
100m	1:20.75	1:17.72	1:15.82	1:15.32	1:14.76
200m	2:55.29	2:49.38	2:47.40	2:45.44	2:44.44

<b>BUTTERFLY</b>	<b>12-13yrs</b>	<b>14yrs</b>	<b>15yrs</b>	<b>16yrs</b>	<b>17/18yrs</b>
50m	31.47	30.27	29.65	29.45	28.80
100m	1:10.70	1:07.25	1:06.07	1:05.78	1:03.81
200m	2:40.29	2:33.41	2:29.44	2:28.49	2:27.50

<b>MEDLEY</b>	<b>12-13yrs</b>	<b>14yrs</b>	<b>15yrs</b>	<b>16yrs</b>	<b>17/18yrs</b>
200m	2:37.00	2:30.67	2:27.00	2:25.33	2:24.00
400m	5:33.50	5:20.00	5:15.00	5:13.50	5:09.96

**Meet Conditions and Criteria:**

- ⇒ Age is as at 6th March 2012
- ⇒ The qualifying period is from 1<sup>st</sup> January 2011 to 19<sup>th</sup> February, 2012
- ⇒ The qualifying times shown are 50m times. Qualifying times swum in pools other than 50m must be converted using the SNZ conversions.
- ⇒ All swimmers shall only enter qualified events
- ⇒ The age groups for male are 12-13 years, 14 years, 15 years, 16 years, 17/18 years
- ⇒ Entries close on Sunday 19<sup>th</sup> February 2011 at 8pm with the Swimming Southland Executive Officer. Entries must be on the official Swimming Southland entry form and signed by the swimmer and their coach. No late entries will be accepted
- ⇒ Entry Fees Individual \$15.00
- ⇒ Club Relays \$30.00
- ⇒ Regional Relay Entry Fees shall be paid by Swimming Southland

<b>NEW ZEALAND AGE GROUP CHAMPIONSHIPS</b> <b>WELLINGTON 6 – 10 March, 2012</b>
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**Long course (50m) qualifying times**
**FEMALE**

<b>FREESTYLE</b>	<b>12-13yrs</b>	<b>14yrs</b>	<b>15yrs</b>	<b>16yrs</b>	<b>17/18yrs</b>
50m	30.25	29.92	29.60	29.50	29.20
100m	1.05.50	1.04.75	1.04.50	1.04.00	1.04.00
200m	2.24.00	2.22.00	2:19.80	2.19.25	2.19.00
400m	4:58.00	4.54.00	4.52.00	4.50.00	4.48.00
800m	10:15.00	10:05.0	10:00.00	9.55.00	9.50.00

<b>BACKSTROKE</b>	<b>12-13yrs</b>	<b>14yrs</b>	<b>15yrs</b>	<b>16yrs</b>	<b>17/18yrs</b>
50m	34.50	34.13	33.90	33.80	33.70
100m	1.14.50	1.13.30	1.12.80	1.12.30	1.12.10
200m	2.39.50	2.36.00	2.35.70	2.35.39	2.34.84

<b>BREASTSTROKE</b>	<b>12-13yrs</b>	<b>14yrs</b>	<b>15yrs</b>	<b>16yrs</b>	<b>17/18yrs</b>
50m	38.87	38.38	37.90	37.71	37.45
100m	1.24.82	1.23.73	1.23.24	1.22.75	1.22.24
200m	3.01.42	2.58.76	2.56.96	2.55.36	2.54.65

<b>BUTTERFLY</b>	<b>12-13yrs</b>	<b>14yrs</b>	<b>15yrs</b>	<b>16yrs</b>	<b>17/18yrs</b>
50m	32.99	32.55	32.30	32.13	32.00
100m	1.13.95	1.12.86	1.12.27	1.12.07	1.11.96
200m	2.46.37	2.42.43	2.38.97	2.38.00	2.37.50

<b>MEDLEY</b>	<b>12-13yrs</b>	<b>14yrs</b>	<b>15yrs</b>	<b>16yrs</b>	<b>17/18yrs</b>
200m	2:41.33	2.38.67	2.38.30	2.38.00	2.37.50
400m	5.44.61	5.38.00	5.35.92	5.34.70	5.33.89

**Meet Conditions and Criteria:**

- ⇒ Age is as at 6th March 2012
- ⇒ The qualifying period is from 1<sup>st</sup> January 2011 to 19<sup>th</sup> February, 2012
- ⇒ The qualifying times shown are 50m times. Qualifying times swum in pools other than 50m must be converted using the SNZ conversions.
- ⇒ All swimmers shall only enter qualified events
- ⇒ The age groups for male are 12-13 years, 14 years, 15 years, 16 years, 17/18 years
- ⇒ Entries close on Sunday 19<sup>th</sup> February 2011 at 8pm with the Swimming Southland Executive Officer. Entries must be on the official Swimming Southland entry form and signed by the swimmer and their coach. No late entries will be accepted
- ⇒ Entry Fees Individual \$15.00
- ⇒ Club Relays \$30.00
- ⇒ Regional Relay Entry Fees shall be paid by Swimming Southland

<b>NEW ZEALAND OPEN CHAMPIONSHIPS &amp; OLYMPIC TRIALS</b> <b>AUCKLAND, 25 - 30 March, 2012</b>
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**50M Qualifying Times**

	<b>Male</b>	<b>Female</b>
<b>FREESTYLE</b>		
50m	25.48	28.71
100m	55.50	1.01.80
200m	2.00.00	2.13.00
400m	4.19.00	4.40.00
800m	9.04.65	9.40.00
1500m	17.20.00	18.34.40
<b>BACKSTROKE</b>		
50m	29.00	32.90
100m	1.02.83	1.10.00
200m	2.16.71	2.30.55
<b>BREASTSTROKE</b>		
50m	32.51	36.36
100m	1.10.68	1.18.71
200m	2.32.75	2.49.28
<b>BUTTERFLY</b>		
50m	27.66	30.66
100m	1.00.51	1.07.84
200m	2.14.95	2.29.00
<b>MEDLEY</b>		
200m	2.16.50	2.33.00
400m	4.55.00	5.23.75

**Meet Conditions and Criteria:**

- ⇒ The qualifying period is from 1<sup>st</sup> January 2011 to 11 March, 2012
- ⇒ The qualifying times shown are 50m times. Qualifying times swum in pools other than 50m must be converted using the SNZ conversions.
- ⇒ All swimmers shall only enter qualified events
- ⇒ Entries close on Sunday 11th March 2012 at 8pm with the Swimming Southland Executive Officer. Entries must be on the official Swimming Southland entry form and signed by the swimmer and their coach. No late entries will be accepted
- ⇒ For 50m, 100m, 200m, 400m, 800m and 1500m there will be A & B finals. B Finals will be swum when there are 20 or more swimmers that competed in the heats
- ⇒ Entry Fees Individual \$15.00
- ⇒ Club Relays \$30.00

<b>NEW ZEALAND DIVISION II COMPETITION</b> <b>DUNEDIN 11 – 14 April 2012</b>
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**Short course (25m) qualifying times**
**MALE**

	13yrs	14yrs	15yrs	16-18yrs
<b>Freestyle</b>				
50m	29.80	28.60	28.40	27.90
100m	1:04.90	1:03.00	1:02.80	1:00.70
200m	2:23.00	2:19.00	2:17.50	2:13.00
400m	5:00.35	4:50.00	4:48.90	4:42.15
1500m	19:57.70	19:35.00	19:24.50	18:58.90
<b>Backstroke</b>				
50m	34.35	33.27	33.05	32.35
100m	1:14.34	1:12.83	1:12.86	1:10.92
200m	2:41.33	2:36.26	2:35.76	2:33.12
<b>Breaststroke</b>				
50m	38.94	37.93	37.61	36.97
100m	1:25.16	1:22.55	1:21.81	1:20.36
200m	3:05.03	2:58.71	2:57.51	2:54.24
<b>Butterfly</b>				
50m	34.67	33.15	33.00	32.65
100m	1:17.64	1:13.99	1:13.99	1:12.98
200m	2:51.78	2:49.34	2:47.96	2:46.76
<b>Medley</b>				
100m	1:16.72	1:14.07	1:13.86	1:13.79
200m	2:46.00	2:41.67	2:40.00	2:37.87
400m	5:56.60	5:45.42	5:44.10	5:39.04

**Meet Conditions and Criteria:**

- ⇒ Age is as at 11<sup>th</sup> April 2012
- ⇒ The qualifying period is from 1<sup>st</sup> January 2011 to 25<sup>th</sup> March, 2012
- ⇒ The qualifying times shown are 25m times. Qualifying times swum in pools other than 25m must be converted using the SNZ conversions.
- ⇒ All swimmers shall only enter qualified events
- ⇒ The age groups for male are 13 years, 14 years, 15 years, 16-18 years
- ⇒ Any swimmer who qualifies for either the 2012 NZ Open Championships or the 2012 NZ Age Group Championships are ineligible to enter the 2012 Division 11 Competition.
- ⇒ Entries close on Thursday 29th March 2012 at 8pm with the Swimming Southland Executive Officer. Entries must be on the official Swimming Southland entry form and signed by the swimmer and their coach. No late entries will be accepted
- ⇒ Entry Fees Individual \$15.00
- ⇒ Club Relays \$30.00
- ⇒ Regional Relay Entry Fees shall be paid by Swimming Southland

<b>NEW ZEALAND DIVISION II COMPETITION</b> <b>DUNEDIN 16 – 19 March 2011</b>
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**Short course (25m) qualifying times**
**FEMALE**

	13yrs	14yrs	15yrs	16-18yrs
<b>Freestyle</b>				
50m	31.20	31.00	30.90	30.85
100m	1.08.20	1.07.95	1.07.90	1:06.85
200m	2.29.00	2.27.00	2.26.55	2:24.30
400m	5.15.00	5.09.00	5.07.00	5.04.70
800m	10.55.00	10:42.00	10.38.35	10:37.00
<b>Backstroke</b>				
50m	36.20	36.02	35.85	35.43
100m	1.18.07	1.17.28	1.16.88	1.15.97
200m	2.48.84	2.45.93	2.45.26	2.43.35
<b>Breaststroke</b>				
50m	40.96	40.51	40.40	39.69
100m	1.28.75	1.28.47	1.28.38	1.26.30
200m	3.12.69	3.11.52	3.10.67	3.05.61
<b>Butterfly</b>				
50m	35.27	34.83	34.69	34.60
100m	1.19.39	1.18.93	1.18.51	1.17.49
200m	2.56.47	2.54.74	2.54.03	2.53.52
<b>Medley</b>				
100m	1.20.00	1.19.50	1.19.00	1.18.00
200m	2.52.33	2.49.17	2.48.10	2.47.15
400m	6.09.16	6.05.58	6.03.64	5.59.98

**Meet Conditions and Criteria:**

- ⇒ Age is as at 11<sup>th</sup> April 2012
- ⇒ The qualifying period is from 1<sup>st</sup> January 2011 to 25<sup>th</sup> March, 2012
- ⇒ The qualifying times shown are 25m times. Qualifying times swum in pools other than 25m must be converted using the SNZ conversions.
- ⇒ All swimmers shall only enter qualified events
- ⇒ The age groups for male are 13 years, 14 years, 15 years, 16-18 years
- ⇒ Any swimmer who qualifies for either the 2012 NZ Open Championships or the 2012 NZ Age Group Championships are ineligible to enter the 2012 Division 11 Competition.
- ⇒ Entries close on Thursday 29th March 2012 at 8pm with the Swimming Southland Executive Officer. Entries must be on the official Swimming Southland entry form and signed by the swimmer and their coach. No late entries will be accepted
- ⇒ Entry Fees Individual \$15.00
- ⇒ Club Relays \$30.00
- ⇒ Regional Relay Entry Fees shall be paid by Swimming Southland

<b>AUSTRALIAN AGE GROUP CHAMPIONSHIPS</b> <b>BRISBANE 9 - 14 April 2012</b>
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**Long course (50m) qualifying times only.**

<b>MALE</b>					
<b>FREESTYLE</b>	<b>13 &amp; U</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/18</b>
50m	27.50	26.60	26.00	25.50	25.00
100m	1.00.00	58.20	56.00	55.00	54.20
200m	2.10.00	2.06.20	2.02.00	2.00.50	1.57.80
400m	4.36.00	4.25.50	4.19.50	4.15.00	4.09.00
800m	9.37.50				
1500m	-	17.25.00	17.10.00	16.32.00	16.25.00
<b>BACKSTROKE</b>	<b>13 &amp; U</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/18</b>
100m	1.09.50	1.06.20	1.04.50	1.03.20	1.02.00
200m	2.29.50	2.22.20	2.19.00	2.16.50	2.13.50
<b>BREASTSTROKE</b>	<b>13 &amp; U</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/18</b>
100m	1.19.00	1.15.00	1.13.00	1.12.00	1.11.00
200m	2.51.50	2.42.00	2.40.00	2.35.50	2.34.00
<b>BUTTERFLY</b>	<b>13 &amp; U</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/18</b>
100m	1.07.00	1.03.60	1.01.70	1.00.00	59.00
200m	2.30.00	2.22.20	2.18.50	2.16.00	2.11.00
<b>MEDLEY</b>	<b>13 &amp; U</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/18</b>
200m	2.29.00	2.23.00	2.20.00	2.17.00	2.14.50
400m	5.25.00	5.05.00	4.58.00	4.50.00	4.45.00

**Meet Conditions and Criteria:**

- ⇒ Age is as at 9 April 2012
- ⇒ The qualifying period is from 1 May 2011
- ⇒ The qualifying times shown are 50m times. Qualifying times for this meet must be swum in 50m pools.
- ⇒ Swimmers cannot enter any unqualified events.
- ⇒ Entries close with the Swimming Southland Executive Officer at a date to be advised in line with Swimming NZ requests. Entries must be on the official Swimming Southland entry form and signed by the swimmer and their coach. No late entries will be accepted.
- ⇒ Swimmers are reminded that permission to swim outside the country is required from Swimming Southland and Swimming New Zealand. Forms for this are downloadable from the Swimming New Zealand website [www.swimmingnz.org.nz](http://www.swimmingnz.org.nz)

<b>AUSTRALIAN AGE GROUP CHAMPIONSHIPS</b> <b>BRISBANE 9 - 14 April 2012</b>
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Long course (50m) qualifying times only.

<b>FEMALE</b>					
<b>FREESTYLE</b>	<b>13 &amp; U</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/18</b>
50m	28.90	28.40	28.20	28.10	28.00
100m	1.02.80	1.01.80	1.01.00	1.01.00	1.00.50
200m	2.15.00	2.12.80	2.11.50	2.10.50	2.09.50
400m	4.42.50	4.38.00	4.36.00	4.33.00	4.31.00
800m	9.45.00	9.35.00	9.27.00	9.22.00	9.11.00
<b>BACKSTROKE</b>	<b>13 &amp; U</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/18</b>
100m	1.11.50	1.10.20	1.10.00	1.10.00	1.09.50
200m	2.32.00	2.29.50	2.29.00	2.28.50	2.28.00
<b>BREASTSTROKE</b>	<b>13 &amp; U</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/18</b>
100m	1.21.40	1.20.60	1.20.20	1.20.00	1.19.00
200m	2.54.20	2.52.50	2.51.50	2.51.00	2.49.00
<b>BUTTERFLY</b>	<b>13 &amp; U</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/18</b>
100m	1.09.00	1.08.20	1.07.50	1.07.00	1.06.80
200m	2.34.00	2.32.50	2.28.00	2.27.50	2.27.00
<b>MEDLEY</b>	<b>13 &amp; U</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/18</b>
200m	2.33.00	2.31.00	2.29.50	2.29.00	2.28.00
400m	5.30.00	5.23.00	5.18.00	5.15.00	5.10.00

**Meet Conditions and Criteria:**

- ⇒ Age is as at 9 April 2012
- ⇒ The qualifying period is from 1 May 2011
- ⇒ The qualifying times shown are 50m times. Qualifying times for this meet must be swum in 50m pools.
- ⇒ Swimmers cannot enter any unqualified events.
- ⇒ Entries close with the Swimming Southland Executive Officer at a date to be advised in line with Swimming NZ requests. Entries must be on the official Swimming Southland entry form and signed by the swimmer and their coach. No late entries will be accepted.
- ⇒ Swimmers are reminded that permission to swim outside the country is required from Swimming Southland and Swimming New Zealand. Forms for this are downloadable from the Swimming New Zealand website [www.swimmingnz.org.nz](http://www.swimmingnz.org.nz)

<b>SOUTH ISLAND CHAMPIONSHIPS - QUALIFYING TIMES</b> <b>TIMARU 31<sup>st</sup> Aug – 2<sup>nd</sup> Sept 2012</b>
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**Short course (25m) qualifying times**
**MALE**

<b>Freestyle</b>	<b>13 &amp; U</b>	<b>14-15yrs</b>	<b>16 &amp; Over</b>
50m	29.80	28.60	27.90
100m	1:04.90	1:03.00	1:00.70
200m	2:23.00	2:19.00	2:13.00
400m	5:00.35	4:50.00	4:42.15
1500m	19:57.70	19:35.00	18:58.90
<b>Backstroke</b>	<b>13 &amp; U</b>	<b>14-15yrs</b>	<b>16 &amp; Over</b>
50m	34.35	33.27	32.35
100m	1:14.34	1:12.83	1:10.92
200m	2:41.33	2:36.26	2:33.12
<b>Breaststroke</b>	<b>13 &amp; U</b>	<b>14-15yrs</b>	<b>16 &amp; Over</b>
50m	38.94	37.93	36.97
100m	1:25.16	1:22.55	1:20.36
200m	3:05.03	2:58.71	2:54.24
<b>Butterfly</b>	<b>13 &amp; U</b>	<b>14-15yrs</b>	<b>16 &amp; Over</b>
50m	34.67	33.15	32.65
100m	1:17.64	1:13.99	1:12.98
200m	2:51.78	2:49.34	2:46.76
<b>Medley</b>	<b>13 &amp; U</b>	<b>14-15yrs</b>	<b>16 &amp; Over</b>
100m	1:16.72	1:14.07	1:13.79
200m	2:46.00	2:41.67	2:37.87
400m	5:55.60	5:45.42	5:39.04

**Meet Conditions and Criteria:**

- ⇒ Age as at 31<sup>st</sup> August 2012.
- ⇒ The qualifying period is from the 23rd September 2011 to 19<sup>th</sup> August 2012.
- ⇒ The times above are all 25m times. Times swum in pools other than 25m pools must be converted.
- ⇒ Swimmers may enter one unqualified event
- ⇒ The age groups for male are 13 years & U, 14/15 years, 16 years & O.
- ⇒ Entries close Sunday 19<sup>th</sup> August, 2012 at 8pm with the Swimming Southland Executive Officer. Entries must be on the official Swimming Southland entry form and signed by the swimmer and their coach. No late entries will be accepted
- ⇒ Regional Relay Entry Fees will be paid by Swimming Southland

<b>SOUTH ISLAND CHAMPIONSHIPS - QUALIFYING TIMES</b> <b>TIMARU 31<sup>st</sup> Aug – 2<sup>nd</sup> Sept 2012</b>
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**Short course (25m) qualifying times****FEMALE**

<b>Freestyle</b>	<b>13 &amp; U</b>	<b>14-15yrs</b>	<b>16 &amp; Over</b>
50m	31.20	31.00	30.85
100m	1.08.20	1.07.95	1.06.85
200m	2.29.00	2.27.00	2:24.30
400m	5.15.00	5.09.00	5.04.70
800m	10.55.00	10:42.00	10:37.00
<b>Backstroke</b>	<b>13 &amp; U</b>	<b>14-15yrs</b>	<b>16 &amp; Over</b>
50m	36.20	36.02	35.43
100m	1.18.07	1.17.28	1.15.97
200m	2.48.84	2.45.93	2.43.35
<b>Breaststroke</b>	<b>13 &amp; U</b>	<b>14-15yrs</b>	<b>16 &amp; Over</b>
50m	40.96	40.51	39.69
100m	1.28.75	1.28.47	1.26.30
200m	3.12.69	3.11.52	3.05.61
<b>Butterfly</b>	<b>13 &amp; U</b>	<b>14-15yrs</b>	<b>16 &amp; Over</b>
50m	35.27	34.83	34.60
100m	1.19.39	1.18.93	1.17.49
200m	2.56.47	2.54.74	2.53.52
<b>Medley</b>	<b>13 &amp; U</b>	<b>14-15yrs</b>	<b>16 &amp; Over</b>
100m	1.20.00	1.19.50	1.18.00
200m	2.52.33	2.49.17	2.47.15
400m	6.09.16	6.05.58	5.59.98

**Meet Conditions and Criteria:**

- ⇒ Age as at 31<sup>st</sup> August 2012.
- ⇒ The qualifying period is from the 23rd September 2011 to 19<sup>th</sup> August 2012.
- ⇒ The times above are all 25m times. Times swum in pools other than 25m pools must be converted.
- ⇒ Swimmers may enter one unqualified event
- ⇒ The age groups for male are 13 years & U, 14/15 years, 16 years & O.
- ⇒ Entries close Sunday 19<sup>th</sup> August, 2012 at 8pm with the Swimming Southland Executive Officer. Entries must be on the official Swimming Southland entry form and signed by the swimmer and their coach. No late entries will be accepted
- ⇒ Regional Relay Entry Fees will be paid by Swimming Southland
- ⇒

**NEW ZEALAND SHORT COURSE CHAMPIONSHIPS**

**WELLINGTON TBA**

**Short course (25m) qualifying times**

**NO QUALIFICATION TIMES HAVE YET BEEN RELEASED FOR THIS MEET**

<b>SWIMMING NEW ZEALAND CONVERSION TABLE</b>
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**Conversion from 25 metre to 50 metre time:**

			Seconds
Freestyle	50m	add	0.85
	100m	add	1.70
	200m	add	3.40
	400m	add	6.80
	800m	add	13.60
	1500m	add	25.50
Backstroke	50m	add	0.85
	100m	add	1.70
	200m	add	3.40
Breaststroke	50m	add	1.00
	100m	add	2.00
	200m	add	4.00
Butterfly	50m	add	0.70
	100m	add	1.40
	200m	add	2.80
Medley	200m	add	3.40
	400m	add	6.80

**NOTE THAT ONLY THE ABOVE CONVERSIONS MAY BE USED FOR NATIONAL MEETS.**