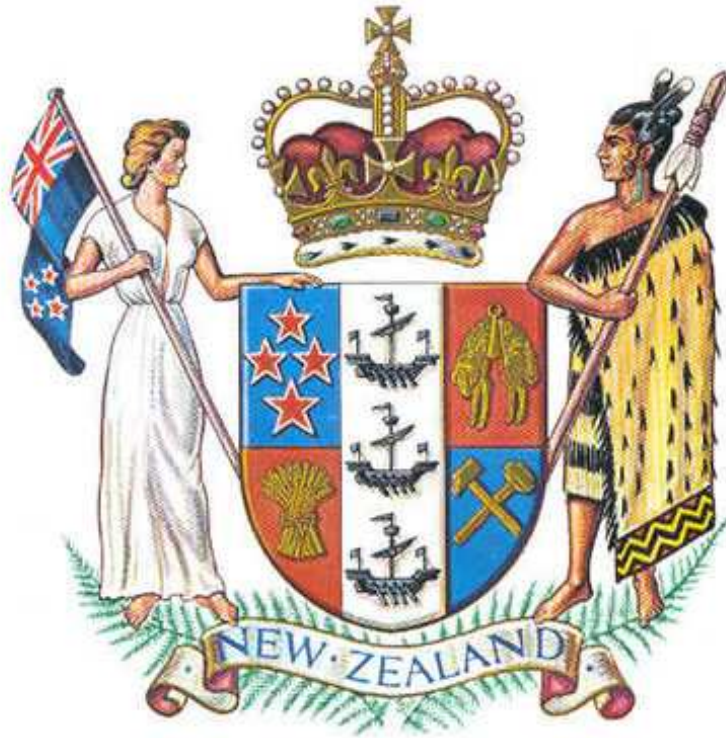


Alexandra Swimming Club Inc

Alexandra Waitangi Challenge Cup 2012 Meet



Friday 3rd & Saturday 4th February 2012

Molyneux Aquatic Centre
Alexandra

Friday 3rd Feb. 4:30pm Warm-up – 5:15pm Start
Saturday 4th Feb. 8.30am Warm-up – 9.30am Start

The Waitangi Challenge Cup offers swimmers a comprehensive meet programme along with a novel mix of individual and team events and spot prizes. This meet is well suited to those junior swimmers who may have been unable to attend the Otago Championships as there are no restrictions on qualifying times and an ideal opportunity for swimmers also seeking qualification times for South Island Country & Town Club meet.



Alexandra Swimming Club Inc

2012 Alexandra Waitangi Challenge Cup

Welcome to our Waitangi Challenge Cup meet where clubs will be competing for the Senior and Junior Challenge Cups. The top six 50m freestyle male and female swimmers in each age group will be racing for cash in the Skins event in the afternoon concluding with the Mystery Freestyle Relay.

Meet Rules and Information:

- ◆ The **Junior Challenge Cup** will be presented to the club with the most points in the 11 years and under events (9 years & under and 10 – 11 years).
- ◆ The **Senior Challenge Cup** will be presented to the club with the most points in the 12 years and over events (12 – 13 years, 14 – 15 years, 16 years & over).
- ◆ Points will be awarded on a 14 – 10 – 8 – 6 – 4 – 2 basis in each age group/gender for each individual event.
- ◆ Only individual events will be scored.
- ◆ Ribbons will be awarded for first, second and third in each age group/gender for each individual event.
- ◆ There is no limit to team size.
- ◆ Heats will be seeded on entry times.
- ◆ Entries with no times will be swum in the slowest heat(s).
- ◆ There is a **maximum of 8** individual entries per swimmer during the Saturday programme (excluding 'Skins' and any distance events swum on the Friday evening).
- ◆ Age is as at Friday 3 February 2012.
- ◆ Swimmers in individual events may swim up an age group but must swim in this age group for the entire meet.
- ◆ All events will be swum as timed finals
- ◆ Over the top starts will be used.
- ◆ Events will be swum under Swimming New Zealand Rules.
- ◆ All participants must agree to comply with the Sports Anti-Doping Rules.
- ◆ Pool length is 25m.
- ◆ The morning relay events are swum as club team medley relays.

Entries:

- ◆ Entries close **Sunday 22nd January 2012**, to be received **no later than 7:00pm**.
- ◆ Email entries to recorder@asc.org.nz
- ◆ Post printout of entries accompanied by cheque for all entry fees addressed to: **Alexandra Waitangi Challenge Cup, P O Box 223, Alexandra 9320.**
- ◆ No late entries will be accepted.
- ◆ Amendments to entries will be accepted by email no later than 7pm Monday January 30th to: recorder@asc.org.nz

Entry Fees:

- ◆ Entry Fee - \$6.00 per individual event - \$8 per club relay event



Warm-Up and Start Time:

- ◆ **Warm up:** Lanes will be made available to swimmers on Friday evening, before and during the distance races for warm-ups and swim-downs. Club officials will be notified of the warm up schedule for both Friday and Saturday prior to the meet.
- ◆ **Start times:** Session 1 – Start Time: 5:15pm
 Session 2 – Start Time: 9:30am



Managers Meeting: Saturday morning at 9:00am.



Pool Entry:

- ◆ Spectators \$2.00 | Programmes \$2.50 | Weekend Pass & Programme \$5.00
- ◆ Competitors/Officials free entry



Lunch Break:

- ◆ There will be a one hour break between sessions 2 and 3.
- ◆ Filled rolls, muffins, fresh fruit, drink bottles and snacks will be available for sale.



4x25m Skins Event:

- ◆ The top six females and males in each of the five age groups from the 50m freestyle event will be invited to participate in the skins events. All six swimmers race in the first heat and the slowest two drop out. Then the four remaining swimmers swim 25m and the slowest drops out. This is repeated twice more to find the winner of each age group. Each leg of the Skins Challenge will start at 2 minute intervals whether swimmers are on the blocks or not. Skins events do not carry age group points.
- ◆ Cash prize for the female and male winner of each age group.



Team Medley Relay:

- ◆ Each team randomly draws the order of their events at the beginning of the morning session - and keep it to themselves as to the actual order (keeping it a mystery to the other teams). Because everyone is doing different strokes at the same time, it is hard to see who the winner will be till the very end...
- ◆ Prizes for the winning junior and senior team.



Mixed Mystery Freestyle Relay:

- ◆ Mixed gender relay teams of 8 swimmers will be selected using 50m freestyle times from the morning session. Cash prizes for all members of the winning team.



Further Information:

For further information, email recorder@asc.org.nz
Contact: Lynda Cook - phone 027-2181468 (entries)

**Meet Results:**

- ◆ Psych sheets will be posted on Swim Otago <http://swimotago.org.nz/>
- ◆ Preliminary race results will be posted adjacent to the lane pool as they become available during the day.
- ◆ Meet Results & File will be emailed to all Clubs.

**Safety:**

Clubs are advised that during the meet the outdoor lawn area will be available during lunch and during prize-giving. Please be aware that the outside pool area is a public swimming area during the meet and is not available to competitors unless specifically marked a warm-down lanes.

**Withdrawals\Scratching:**

Team managers are requested to notify the Recorder of any withdrawals or scratching upon arrival at the pool. Refunds for any withdrawals (including medical) will only be given at the discretion of the Meet Director.

**Timekeepers and Technical Officials:**

- ◆ Please email recorder@asc.org.nz with the details of those who can assist with Timekeeping or as a Technical Official.
- ◆ Lunch and light refreshments will be provided for officials.

**Meet Programme – Friday February 3rd 2012****- Session 1 -**

- 1 Female 800m Freestyle *
- 2 Male 800m Freestyle *
- 3 Female 1500m Freestyle *
- 4 Male 1500m Freestyle *
- 5 Female 400m Individual Medley
- 6 Male 400m Individual Medley



First-in, first-served. Please note however that if necessary organisers reserve the right to restrict entry to the fastest swimmers in the above events.

The 800m may be swum within the 1500m event.



* Swimmers may only enter one of the 800m or 1500m events.

Meet Programme – Saturday February 4th 2012

- Session 2 -

1. Female 50 Freestyle
2. Male 50 Freestyle
3. Female 100 Breaststroke
4. Male 100 Breaststroke
5. Female 50 Backstroke
6. Male 50 Backstroke
7. Female 100 Butterfly
8. Male 100 Butterfly
9. Female 200 Freestyle
10. Male 200 Freestyle
11. Female 50 Breaststroke
12. Male 50 Breaststroke
13. Female 200 Backstroke
14. Male 200 Backstroke
15. Female 100 IM
16. Male 100 IM
17. Mixed 11 & Under 4 x 25m Team Mystery Medley Relay *
18. Mixed 12 & Over 4 x 50m Team Mystery Medley Relay *

Lunch – approximately 1 hour

- Session 3 -

19. Female 200 IM
20. Male 200 IM
21. Female 100 Backstroke
22. Male 100 Backstroke
23. Female 50 Butterfly
24. Male 50 Butterfly
25. Female 200 Breaststroke
26. Male 200 Breaststroke
27. Female 100 Freestyle
28. Male 100 Freestyle
29. Female 200 Butterfly
30. Male 200 Butterfly
31. 4x25m skins challenge – Juniors male and female – two age groups **
32. 4x25m skins challenge – Seniors male and female – three age groups**
33. Mixed mystery teams 8 x 50m Freestyle Relay ***

* Team Medley Relays mixed gender may be swum in pre-determined order.

** Skins events for top six 50m freestyle female and male swimmers in each age group.

*** Mixed teams allocated by draw based upon fastest 50m freestyle times.

*** * * Spot prizes for competitors and officials * * ***