

Individual Meet Results

2011 NSW State Open Championships-Individual 11-Feb-11 to 13-Feb-11 LC Meters
Location: SOPAC

Time	F/P/S	Event	Place	Points	Improv			
Lisa Pankhurst (21) W								
58.30L	F # 1	Women 100 Free	COLSL-SL	1	---	1.06		
	28.28	58.30						
	(28.28)	(30.02)						
4:23.76L	F # 4	Women 400 Free	COLSL-SL	2	---	0.06		
	30.67	1:04.51	1:37.93	2:11.77	2:45.03	3:18.78	3:51.56	4:23.76
	(30.67)	(33.84)	(33.42)	(33.84)	(33.26)	(33.75)	(32.78)	(32.20)
4:21.87L	F # 5	Women 400 Free	COLSL-SL	2	---	-1.83		
	30.65	1:03.03	1:35.84	2:09.06	2:42.62	3:16.08	3:49.42	4:21.87
	(30.65)	(32.38)	(32.81)	(33.22)	(33.56)	(33.46)	(33.34)	(32.45)
2:03.88L	F # 7	Women 200 Free	COLSL-SL	1	---	0.94		
	29.31	1:00.79	1:32.32	2:03.88				
	(29.31)	(31.48)	(31.53)	(31.56)				
2:03.76L	F # 8	Women 200 Free	COLSL-SL	1	---	0.82		
	29.20	1:00.48	1:31.93	2:03.76				
	(29.20)	(31.28)	(31.45)	(31.83)				
Natalie Wiegersma (21) W								
4:48.95L	F # 2	Women 400 IM	WAVSL-SL	1	---	7.80		
	30.33	1:04.90	1:41.07	2:16.59	2:59.46	3:42.82	4:16.46	4:48.95
	(30.33)	(34.57)	(36.17)	(35.52)	(42.87)	(43.36)	(33.64)	(32.49)
4:40.16L	F # 3	Women 400 IM	WAVSL-SL	1	---	-0.99		
	29.77	1:03.31	1:39.72	2:15.15	2:56.13	3:36.81	4:08.78	4:40.16
	(29.77)	(33.54)	(36.41)	(35.43)	(40.98)	(40.68)	(31.97)	(31.38)
4:18.63L	F # 4	Women 400 Free	WAVSL-SL	1	---	-0.84		
	30.40	1:02.78	1:35.69	2:08.38	2:41.15	3:13.97	3:46.87	4:18.63
	(30.40)	(32.38)	(32.91)	(32.69)	(32.77)	(32.82)	(32.90)	(31.76)
4:15.78L	F # 5	Women 400 Free	WAVSL-SL	1	---	-3.69		
	29.45	1:00.86	1:33.09	2:05.57	2:38.21	3:11.03	3:43.99	4:15.78
	(29.45)	(31.41)	(32.23)	(32.48)	(32.64)	(32.82)	(32.96)	(31.79)
2:16.16L	F # 9	Women 200 IM	WAVSL-SL	1	---	4.04		
	29.35	---	1:43.38	2:16.16				
	(29.35)	---	(1:43.38)	(32.78)				
2:12.89L	F # 10	Women 200 IM	WAVSL-SL	1	---	0.77		
	28.81	1:02.41	1:41.46	2:12.89				
	(28.81)	(33.60)	(39.05)	(31.43)				