



2011 South Island Championships

23-25 September 2011, Splash Palace, Invercargill

Meet Information

Swimming Southland Contact

David Prattley
Executive Officer
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Cell 027 2088414
Email: admin@swimsouthland.org.nz

Meet Director

Lyn Sutherland
Phone 03 2174961
Cell 021 710029
Email: lyn.suth@xtra.co.nz

Pool Location/Venue Address

Splash Palace
56 Elles Road
Invercargill
Phone 03 2173838

Pre Meet Training Times

No booking has been made by the organisers for pre meet training times. Clubs will need to make their own arrangements with Splash Palace. Normal Pool entry and lane hire will need to be paid by clubs.

Warm up Times

Morning Sessions 8.00am – 8.50am

Evening Sessions

Friday 4/9/09 5.00pm – 5.50pm

Saturday 5/9/09 3.30pm – 4.20pm

Sunday 6/9/09 3.30pm – 4.20pm

Session Start Times

Morning Sessions 9am

Evening Sessions

Friday 4/9/09 6pm

Saturday 5/9/09 4.30pm

Sunday 6/9/09 4.30pm

Warm down

Three lanes will be available in the shallow end of the main pool for warm down. Please ensure that you check the noticeboard at the end of the pool for the correct lane allocation.

Warm up Procedure

In the interest of safety for all swimmers Swimming Southland will use the standard warm up procedure used by Swimming New Zealand for all National Competitions. Details of this procedure will be in the meet programme.

Club coaches are asked to be aware of the warm up rules and instruct their swimmers to obey them. Coaches are also asked to police the warm up and advise the meet director of any concerns immediately.

Marshalling

The marshalling will take place in the South West Corner of Splash Palace. Team managers are to ensure that swimmers are marshalled 4 races ahead except for 400/800 and 1500m events which are 2.

Withdrawals

Team managers need to be aware of the withdrawal rules. Timed finals should be treated like finals under all circumstances.

- **All withdrawals for session 1 on Friday the 23rd of September must be completed by 8pm on Thursday the 22nd of September. This can be done by phone to the David Prattley 027 2088414.**
- **All withdrawals for subsequent sessions (sessions 2,3,4,5 & 6) have to be completed within 30 minutes of the completion of the previous session.**
- **Changes to relay teams can be made up to 30 minutes prior to the end of warm-up of the session the event is in.**
- **All withdrawals must be presented to the control room by the regional team managers**

Team Briefing Meeting

There will be no team managers briefing.

Regional Association Coaches and Managers Form

This form should be completed and forwarded by the Regional Association for allocation of passes for team managers and coaches. The number of session programmes will be issued to REGIONAL ASSOCIATIONS based on the number of coaches and managers detailed in the form. The passes and meet programmes for each region will be available in the Russell Cushen Room from 3pm on Thursday 22 September. These are to be collected and distributed by the regional managers.

Pool Access/Entry

Pool entry is via the front door at Splash Palace. Passes will be required to be shown. Technical Officials will need to sign in at the door.

Exit

The pool exit is via the front door of Splash Palace. Please refer to the meet programme for emergency exits and procedure

Officials Food

Officials Breakfast will be available each day between 7.30am and 8.30am in the Russell Cushen room. Afternoon tea will be available each day 30 minutes prior to warm up commencing. Poolside drinks and food will also be served to all officials.

Officials Meeting

An officials meeting with the meet director will be held on Friday 23rd of September at 8.15am in the Russell Cushen Room.

Seating

Seating will be allocated for Regional teams and will be rotated daily. The seating plans will be available with the team passes, will also be in the meet programme and will be posted around the pool. Bleacher seating on the north side of the pool is for spectators only. We ask that spectators do not sit in the team allocated areas.

Session Programmes and Results

Session Programmes and 1 set of results per region will be placed in the Regional Association baskets that will be located in the Russell Cushen room. Relay and withdrawal forms will be available from there also. Please be aware that

timelines and heats could change due to withdrawals and reseeding.

Results

Results will also be provided as follows:

- On the glass wall beside the Wave pool
- On the glass doors at the South East corner of the main pool.

Timelines

Timelines will be included on the programmes and session sheets. The times shown are approximate and races may start before or after the times indicated. It is the swimmers responsibility to be at marshalling at the appropriate time.

Spectator/Programme Charges

All spectator door entry charges are paid to Splash Palace

Full Programme (includes finals)	\$6
Session Programme per session	\$2

Programmes and session sheets will be available for purchase at a table poolside during warm up.

Opening Ceremony

An Opening Ceremony will be held on Friday 23rd of September at 8.50am,
Regions are asked to provide 4 representatives in uniform for the march past. These people are to assemble in the Russell Cushen room at 8.45am

Victory Ceremonies

Victory ceremonies will be timetabled in the order of events and the victory ceremony timetable will be published in the meet programme.
Swimmers who are not present will not receive their medal. Substitutes may be used if swimmers are in other races or in marshalling, however they must be of the same gender of the swimmer due to be receiving the medal.
We will endeavour to run the victory ceremonies as timetabled. If for any reason there is a delay in the results being available the victory ceremony for that event will take place as soon as possible. The victory ceremonies will continue to happen as timetabled.

Dress Standard for victory ceremonies

Club or Regional t shirt, jacket or sweatshirt
No caps or goggles
No towels to be wrapped around the waist
Tracksuit bottoms or shorts are NOT required

Banner Placement

Banners are able to be hung behind the seating area on the south side of Splash Palace.

Points

Individual and relay events will be scored as follows:
1st = 10, 2nd = 8, 3rd = 6, 4th = 5, 5th = 4, 6th = 3, 7th = 2, 8th = 1

Trophies

Trophies will be awarded at the conclusion of the meet for the following categories:
Top Region – Individual and Relay points will be accumulated over the meet and divided by the total number of competitors from the region (at the commencement of the meet) to find the overall winning region.
Top Clubs – Club individual points will be accumulated over the meet and trophies will be awarded to the club with 11 or more swimmers and 10 or less swimmers (at the start of the meet) who accumulate the most points

Records

Certificates for South Island Championship records will be sent to regions after the meet.

Technical Officials

Swimming Southland is seeking the assistance of technical officials travelling to Invercargill for this meet. If you are able to assist us in any capacity please contact Jane Fisher

pjfishers@xtra.co.nz (Referees, JOS, IOTs) or Shona Tomlins
tomlins5@xtra.co.nz (timekeepers)

Massage

Aqua Blacks team massage therapist, Zane Harris will be available for massages throughout the meet. (see advert with this information)

Swimming Southland wishes all the swimmers the best for a great competition.

Have fun!!



**Massages available to all competitors.
\$20 per 20 minutes**

- **High Performance Sports New Zealand Accredited**
- **Batchelor of Therapeutic and Sports Massage**
- **Aqua Blacks Massage therapist for the 2011 Fina World Championships**

Under 16yr olds must have the consent of their Coach, Manager, Parent or Guardian before arranging a massage appointment.

50% of all proceeds to go towards the Swim Southland Travel fund for Queensland State Champs

**Bookings preferred. For all enquires contact Zane Harris
021877494**