



Orca Swimming Club Inc
PO Box 634 Invercargill 9840

August 2010

Dear Clubs

Attached is the flyer for our ORCA Labour Weekend meet in Invercargill. The event will follow the same format as previous years although the Friday night session has been changed with the removal of the 50 Freestyle preliminary events.

All 50 Freestyles are now timed finals in their respective age group. This will help the evening finish at a slightly shorter time frame with less stress for swimmers and officials. We hope you agree with this change.

Our meet has become one of the main meets in the Southern Swimming calendar and draws up to 300 swimmers from across the South Island and as far afield as Wellington.

It is a great opportunity to race long course against top competition and to peruse those qualifying times for national meets at the beginning of the New Year. There are, of course, the great ORCA medals to be won along with cash prizes and spot prizes.

This year sees the introduction of our new **ORCA Challenge Relay** to be run on the Saturday night session, with cash prizes for first 3 placings ! This year also – we have added 50s for Breast, fly and Backstroke – all Run as timed finals – so plenty of choice for swimmers wanting to improve their times.

We would like to see more swimmers from more clubs entered this year so please start talking with your swimmers and making plans. I encourage you to make the trip. We offer excellent facilities and a top level competition.

There is lots of good accommodation in Invercargill and if you can't get any close to the pool – **The Invercargill Licensing Trust** has newly furnished accommodation at **Ascot Park Hotel** – with good rates for groups, and of course a heated pool, sauna and spa for swimmers to



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relax in ! They have a courtesy Coach available to help with transport if needed.

Alternatively if you require further assistance with finding accommodation, please contact jill.f@xtra.co.nz attention Jill or Dom Flatley.

I look forward to seeing you in the South in October.

Regards
Dom Flatley
President