

# Hokonui Interclub League Meet

Southland Aquatic Centre

Sunday, 4 July, 2010

Short course (25m)    Warm up 8.30am    Start 9.15am

1	Mixed 14yr & O	4 x 50m Medley Club Relay
2	Mixed 12/13 yr	4 x 50m Medley Club Relay
3	Mixed 11yr & U	4 x 50m Medley Club Relay
4	12yrs & over	800m Freestyle
5	12yrs & over	1500m Freestyle
6	11yrs & over	400m Freestyle
7	8yrs & U	25m Freestyle
8	Mixed Open	25m Freestyle (Non Competitive)
9	Mixed Open	50m Freestyle
10	Mixed Open	50m Freestyle (Non Competitive)
11	Mixed Open	100m Backstroke
12	Mixed Open	200m Breaststroke
13	8yrs & U	25m Butterfly
14	Mixed Open	50m Butterfly
15	Mixed Open	100m Freestyle
16	Mixed	200m Backstroke
17	8yrs & U	25m Breaststroke
18	Mixed Open	25m Breaststroke (Non Competitive)
19	Mixed Open	50m Breaststroke
20	Mixed Open	50m Breaststroke (Non Competitive)
21	Mixed Open	100m Butterfly
22	Mixed Open	200m Freestyle
23	8yrs & U	25m Backstroke
24	Mixed Open	25m Backstroke (Non Competitive)
25	Mixed Open	50m Backstroke
26	Mixed Open	50m Backstroke (Non Competitive)
27	Mixed Open	100m Breaststroke
28	Mixed Open	200m Butterfly
29	Mixed Open	200m Individual Medley
30	11yrs & over	400m Individual Medley
31	Mixed Open	100m Individual Medley
32	Open	50m Breaststroke "Duel in the Pool"

**Conditions of entry:**

- ⇒ Entry limit of 4 events per swimmer. (excluding Duel in the Pool)
- ⇒ Age as at 24 July 2010.
- ⇒ Over the top starts will apply
- ⇒ Warm up 45 minutes – Lanes 1 & 8 sprint lanes for the last 20 minutes
- ⇒ Entry fee: \$5 per individual event, \$3 per non competitive event and \$6 per relay team. Swimmers must be affiliated to Swimming Southland for the 2010/11 season. Visitors affiliated to Swimming New Zealand welcome. Swimmers will compete in the events as scheduled above. Results will be published in the age groupings and gender.
- ⇒ Entry into the 400m IM, 400m, 800m and 1500m freestyle events is reserved for swimmers who are in regular training and who have coach support to do so. Swimming Southland reserve the right to refuse an entry where it is felt the swimmer will be too far behind the general standard of the competition. Subject to this, no more than two heats of swimmers will compete in each event.
- ⇒ NT (No times) accepted for all events
- ⇒ Events 1, 2 and 3 are club relay events for mixed teams. Each team must contain at least 1 male or 1 female. Clubs may join together and enter teams where they do not have enough swimmers available. These teams are to be entered manually by email with the Swimming Southland Executive Officer.  
Swimmer may swim up an age group.  
All clubs must supply the names of the swimmers involved
- ⇒ Points system: 1<sup>st</sup> = 5pts, 2<sup>nd</sup> = 3pts, 3<sup>rd</sup> = 1pt
- ⇒ Cash prize for top three males and females in the senior league. (see below)
- ⇒ Cash prize for Swimmer of each meet awarded by the selectors. (see below)
- ⇒ Random participation cash prize draw awarded at each meet based on event number and placing. (see below)
- ⇒ Random participation cash prize draw awarded to a swimmer who attends all three Interclub League meets. (see below)
- ⇒ Each swimmers PBs will be accumulated across all of the meets and the swimmer with the largest total will win a cash prize. (see below)
- ⇒ Event 32 is a special event. Any swimmer can enter the “Duel in the pool” – 50m event, stroke determined by the organiser, handicap based on best time.  
The cost to enter is \$2 and points accumulated over the 3 league meets with the winner taking 60%, second taking 30% and third taking 10% of the accumulated prize pool. This is not open to non competitive swimmers and all swimmers entering must have an entry time. Swimmers who don't have an entry time can enter the corresponding 50m event at this meet to gain that entry time.

**Enter through your club Entries Secretary**

**Entries to be submitted either electronically or manually by prior arrangement.**

**Entries close Monday 28<sup>th</sup> of June, 2010 with:**

**The Executive Officer  
Swimming Southland  
Email: [admin@swimsouthland.org.nz](mailto:admin@swimsouthland.org.nz)**

**League Categories:****Non Competitive:**

Age groups: Open

Events for non competitive: 25m & 50m Freestyle, Backstroke and Breaststroke

Swimmers must be affiliated members of clubs in the 2009/10 or 2010/11 season.

**Competitive Swimmers**

Age groups 7yrs, 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13 & 14yrs, 15yrs and over

Cash prizes of, \$30 for 1<sup>st</sup>, \$20 for 2<sup>nd</sup>, \$10 for 3<sup>rd</sup>, for the male and female swimmer from each age group, with the most points over the three league meets.

These prizes will be awarded at the first available opportunity

**Participation Prize Draws**

A cash prize of \$20 will be awarded to a swimmer based on a random draw of event number and placing – anyone can win this prize.

A cash prize of \$50 will be awarded to a swimmer who competes in all three League meets. All swimmers who attend all three meets will be entered into the draw.

These prizes will be awarded at the first available opportunity.

**PB Prize Draw**

A cash prize of \$50 will be awarded to the swimmer who accumulates the greatest number of PBs (as compared to their entry times) across all of the three league meets. If a tie exists the prizemoney will be shared evenly. Swimmers entering an event with a NT will not be awarded a PB for the sake of this award.

This prize will be awarded at the first available opportunity.

**Swimmer of the Meet**

A cash prize of \$30 will be awarded to the “Swimmer of the Meet”. This will be determined by the Swimming Southland selectors and will be awarded at the first available opportunity.