



Aquatic Life skills from infants to internationals

Please see below for the pathway of meets and peak meets for swimmers in their respective squads.

Pathway of meets and Peaks for H2O Dreams Swimmers

Groups	Target Meet	Other Meet/s
3.30 Competition Sharks	<ul style="list-style-type: none"> Ribbon Day , Invercargill, 17 March 2012 	<ul style="list-style-type: none"> Southland Age Group & Open Meet, Invercargill, 11 February 2012
4.05 Juniors	<ul style="list-style-type: none"> South Island Town & Country, Cromwell 25-26 February NZ Juniors , Wellington 18-19 February 2012 	<ul style="list-style-type: none"> Southland Age Group & Open Meet, Invercargill, 11 February 2012
Rising Star	<ul style="list-style-type: none"> NZ Div II, Dunedin 11-14 April 2012 NZ Juniors, Wellington, 18-19 February 2012 	<ul style="list-style-type: none"> Otago Championships, Dunedin, 27-29 January Southland Age Group & Open Meet, Invercargill, 11 February 2012
Age Group	<ul style="list-style-type: none"> NZ Age Groups, Wellington, 6-10 March 2012 NZ Div II, Dunedin 11-14 April 2012 	<ul style="list-style-type: none"> Otago Championships, Dunedin, 27-29 January Southland Age Group & Open Meet, Invercargill, 11 February 2012
Open	<ul style="list-style-type: none"> NZ Opens, Auckland, 25-30 March 2012 	<ul style="list-style-type: none"> Otago Championships, Dunedin, 27-29 January Southland Age Group & Open Meet, Invercargill, 11 February 2012 NSW State Championships, Sydney, 10-12 February 2012

Of course swimming personal bests is the first step, once qualified then look to swim personal bests again to move up rankings into finals and into podium placings by going faster again.

Some swimmers won't qualify but will swim personal bests and this is still a success! Work ethic and skills at a young age come first before results.

Any questions please ask.

H2O Dreams Ltd.