

NATIONAL/REGIONAL MEET TEAM MANAGER REPORTS

- 1. South Island Champs - Invercargill**
Regional Manager – Tania Hamilton
- 2. NZ Spring Competition – Christchurch**
Manager – Joka Wiegersma
- 3. NZ Junior Swimming Championships – Christchurch**
Manager – Nigel Soper
- 4. South Island Country and Town Competition – Invercargill**
Regional Manager – Suzie Harrington
- 5. NZ Age Group Championships – Christchurch**
Manager – Bev Catto
- 6. NZ Division II Age Group Competition – Wellington**
Manager – Barbara Grant
- 7. NZ Open Championships – Auckland**
Manager – Vicki Finlay

Swim Meet South Island Swimming Championships
 Date/s 4th – 6th September 2009
 Location Invercargill
 Pool Splash Palace, Elles Road, Invercargill
 Regional Manager Tania Hamilton
 Club Manager/s Cathrine Holden & Jock Hamilton – Murihiku
 Dominic & Jill Flatley – Orca
 Tracey Miller & Annette Barron – Hokonui Aquatics
 Coach/s Jeremy Duncan – Head Coach
 David Prattley (Aquazone)
 Oscar Van Stekelenborg (H2O Dreams)
 Aidan Withington (H2O Dreams)

Team Members Lucy Barron, Andrew Bester, Bradley Catto, Lisa Catto, Kavan Chay,
 Sian Davis, Amy Dickey, Grace Dowling, Wayne Evans, Michael Finlay, Lucy Fisher,
 Clementine Flatley, Harriet Grant, Danielle Guise, Josh Hamilton, Brydon Harrington,
 Chloe Harris, Richard Harris, Penny Hayes, Taylor Holden, Thomas Howie,
 Anton Huisman, Robert Huisman, Monique Kerr, Kevin Kim, Adam McDonald,
 Robert McDonald, April Miller, Dirk Morrison, Lisa Pankhurst, Laura Pope,
 Ben Richardson, Ben Simmers, Felecity Soper, Gavin Stark, Molly Tomlins,
 Alessandro Tommei, Aila Tuhua, Mathilde van Baarle, Lydia Ward, Joyce Wiegersma,
 Natalie Wiegersma, Caleb Young

Accommodation Hokonui Aquatics stayed at Admiral Court Motel
 H2O Swimmers stayed at home

Travel - Nil

Transport - Nil

Performance Summary

Swimming Southland 2009 South Island Champs Competition

REGIONAL ANALYSIS

Individual Medallists

8 x 1 st Placing	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Andrew Bester	OCA	200 Back	2.16.70	2.13.82	2.12.46
	Adam McDonald	COL	50 Fly	25.02		25.67
	Adam McDonald	COL	100 Fly	55.49	57.42	54.61
	Alessandro Tommei	MKU	400IM	5.31.26	5.30.15	5.22.62
	Natalie Wiegersma	WAV	50 Fly	27.97		27.75
	Natalie Wiegersma	WAV	50 Back	29.50		29.42
	Natalie Wiegersma	WAV	100 Free	57.26	56.86	55.89
	Natalie Wiegersma	WAV	50 Free	26.69		25.98 (1 st =)
1 Relay 1st Placing	STH	Open Female 400 Freestyle Natalie Wiegersma, Penny Hayes, Joyce Wiegersma, Lisa Pankhurst				

10 x 2 nd Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Andrew Bester	OCA	400IM	4.50.27	4.53.07	4.46.60
	Lisa Catto	HOK	100 Breast	1.18.50	1.16.82	1.15.67
	Michael Finlay	OCA	100 IM	1.00.32		1.00.29
	Michael Finlay	OCA	50 Free	24.14		23.83
	Robert McDonald	COL	200 Fly	2.18.15	2.19.08	2.18.81
	April Miller	HOK	50 Free	28.99		28.18
	Lisa Pankhurst	COL	50 Fly	29.60		29.23
	Lisa Pankhurst	COL	100 Fly	1.02.92	1.04.39	1.04.08
	Gavin Stark	HOK	50 Breast	34.60		35.02

6 Relay 2nd Placing	STH	13/U Male 200 Medley Ben Simmers, Bradley Catto, Alessandro Tommei, Josh Hamilton				
	STH	14/15 Male 200 Medley Aila Tuhua, Anton Huisman, Robert McDonald,				

		Andrew Bester
	STH	16/O Female 200 Free Lisa Pankhurst, Lucy Barron, Chloe Harris, Natalie Wiegiersma
	STH	Open Female 400 Medley Molly Tomlins, Lisa Catto, Natalie Wiegiersma, Lisa Pankhurst
	STH	13/U Female 200 Free Lydia Ward, Brydon Harrington, Sian Davis, April Miller
	STH	13/U 200 Free Josh Hamilton, Bradley Catto, Ben Simmers, Alessandro Tommei

19 x 3 rd Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Andrew Bester	OCA	100 Free	57.35	57.43	56.47
	Andrew Bester	OCA	100 Back	1.02.64	1.02.65	1.02.58
	Andrew Bester	OCA	200 IM	2.24.80	2.21.90	2.18.89
	Lisa Catto	HOK	400 IM	5.16.74	5.09.32	5.04.84
	Lisa Catto	HOK	100 Free	1.01.08	1.00.90	1.00.29
	Lisa Catto	HOK	200 IM	2.29.45	2.28.30	2.26.26
	Lisa Catto	HOK	50 Breast	36.96		36.08
	Wayne Evans	MKU	50 Breast	32.62		31.63
	Richard Harris	COL	100 Free	52.35	52.82	52.34
	Richard Harris	COL	100 Back	58.78	1.00.37	59.15
	Richard Harris	COL	200 Back	2.09.89	2.08.79	2.08.75
	Robert McDonald	COL	100 Fly	1.02.11	1.03.55	1.02.65
	April Miller	HOK	100 Free	1.03.89	1.03.52	1.02.98
	Lisa Pankhurst	COL	100 Free	56.79	1.00.07	57.23
	Lisa Pankhurst	COL	50 Free	26.81		26.92
	Gavin Stark	HOK	50 Fly	29.83		30.48
	Alessandro Tommei	MKU	200 IM	2.39.31	2.38.79	2.34.89
	Aila Tuhua	COL	50 Back	29.42		29.30
	Natalie Wiegiersma	WAV	50 Breast	33.33		32.63

4 Relay 3 rd Placing	STH	14/15 Female 200 Medley Molly Tomlins, Lisa Catto, Amy Dickey, Laura Pope
	STH	16 /O Female 200 Medley Natalie Wiegiersma, Lisa Pankhurst, Lucy Barron, Chloe Harris
	STH	16/O Male 200 Medley Michael Finlay, Wayne Evans, Adam McDonald, Richard Harris
	STH	Open Male 400 Free Richard Harris, Michael Finlay, Thomas Howie, Adam McDonald

Southland Records:

13	SWIMMER	CLUB	EVENT	AGE	OLD TIME	NEW TIME
	Natalie Wiegiersma	WAV	50 Fly	Open Women	27.97	27.75
	Natalie Wiegiersma	WAV	50 Back	Open Women	29.50	29.42
	Natalie Wiegiersma	WAV	100 Free	Open Women	56.08	55.89
	Natalie Wiegiersma	WAV	100 Free	Open Women	55.89	55.84
	Natalie Wiegiersma	WAV	50 Breast	Open Women	33.33	32.63
	Natalie Wiegiersma	WAV	50 Free	Open Women	26.67	25.98
	Michael Finlay	OCA	50 Back	Open Men	27.21	27.11
	Michael Finlay	OCA	100 IM	Open Men	1.00.32	1.00.29
	Michael Finlay	OCA	50 Free	Open Men	23.94	23.83
	Richard Harris	COL	200 Back	Open Men	2.08.92	2.08.79
	Richard Harris	COL	200 Back	Open Men	2.08.79	2.08.75
	Adam McDonald	COL	100 Fly	Open Men	55.49	54.61
	April Miller	HOK	50 Free	U 14 Women	29.00	28.18

Regional Rankings

Rank	Club
1	Canterbury
2	Otago
3	Southland
4	Eastern Districts
5	Nelson Marl

PB% by Club (using Best Converted Entry Times):

Rank	Club	Swimmers	Swims	PBs	PB%			
1	Waverley	3	8	6	75.00%			
2	Orca	10	79	52	65.82%			
3	Hokonui	12	81	47	58.02%			
4	Murihiku	10	72	41	56.94%			
5	Collegiate	8	51	13	25.49%			
		43	287	167	58.18%			

PB% by Club (using Best Short Course Entry Times):

Rank	Club	Swimmer	Swims	PBs	PB%			
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		s						
1	Waverley	3	8	7	87.50%			
2	Orca	10	79	66	83.54%			
3	Hokonui	12	81	63	77.77%			
4	Murihiku	10	72	54	75.00%			
5	Collegiate	8	51	28	54.90%			
		43	287	218	75.95%			

Discipline - No problems, a good helpful group to manage

General
Due to swimmers staying at home, not all athletes arrived at the same time and some swimmers were late for team meetings...and one swimmer almost missed the relay due to not being at the pool for that session
Many swimmers "self marshalled" and this seemed to work well.
Many thanks to the club managers, Cathrine Holden, Jock Hamilton, Dominic Flatley, Tracey Miller & Annette Barron who ensured their swimmers were ready for events and made my job as Regional Manager easier.

Signed: *Tania Hamilton*

Individual Meet Results
South Island Championships 2009 04-Sep-09 to 06-Sep-09 SC Meters
Location: Splash Palace Invercargill

Time	F/P/S	Event	Place	Points
Improv				
Bester, Andrew J (14) M				
4:46.60S	F # 1D	Male 14-15 400 IM	OCASL-SL 2	7 -3.67
4:53.07S	P # 1D	Male 14-15 400 IM	OCASL-SL 3	--- 2.80
2:04.09S	F # 8D	Male 14-15 200 Free	OCASL-SL 4	5 -1.82
2:04.38S	P # 8D	Male 14-15 200 Free	OCASL-SL 4	--- -1.53
29.48S	F # 19	Male 14-15 50 Back	OCASL-SL 4	5 -0.97
56.47S	F # 24D	Male 14-15 100 Free	OCASL-SL 3	6 -0.88
57.43S	P # 24D	Male 14-15 100 Free	OCASL-SL 3	--- 0.08
1:02.58S	F # 25D	Male 14-15 100 Back	OCASL-SL 3	6 -0.06
1:02.65S	P # 25D	Male 14-15 100 Back	OCASL-SL 3	--- -0.01
2:18.89S	F # 26D	Male 14-15 200 IM	OCASL-SL 3	6 -5.91
2:21.90S	P # 26D	Male 14-15 200 IM	OCASL-SL 3	--- -2.90
1:05.99S	F # 44	Male 14-15 100 IM	OCASL-SL 6	3 -5.60
2:12.46S	F # 46D	Male 14-15 200 Back	OCASL-SL 1	10 -4.24
2:13.82S	P # 46D	Male 14-15 200 Back	OCASL-SL 1	--- -2.88
4:25.14S	F # 48D	Male 14-15 400 Free	OCASL-SL 4	5 -2.04
4:26.58S	P # 48D	Male 14-15 400 Free	OCASL-SL 6	--- -0.60
27.03S	F # 56	Male 14-15 50 Free	OCASL-SL 14	--- -0.05
Catto, Bradley (12) M (A1)				
2:18.43S	F # 8B	Male 13 & Under 200 Free	HOKSL-SL 8	1 -10.06
2:19.59S	P # 8B	Male 13 & Under 200 Free	HOKSL-SL 8	--- -8.90
1:04.11S	P # 24B	Male 13 & Under 100 Free	HOKSL-SL 9	--- -0.49
2:45.13S	P # 26B	Male 13 & Under 200 IM	HOKSL-SL 12	--- -11.52
38.47S	F # 35	Male 13 & Under 50 Breast	HOKSL-SL 8	1 -1.04
1:16.86S	F # 43	Male 13 & Under 100 IM	HOKSL-SL 12	--- -0.24
4:50.49S	F # 48B	Male 13 & Under 400 Free	HOKSL-SL 4	5 -33.88
4:53.00S	P # 48B	Male 13 & Under 400 Free	HOKSL-SL 5	--- -31.37
29.20S	F # 55	Male 13 & Under 50 Free	HOKSL-SL 9	--- -0.41
Catto, Lisa A (15) F				
5:04.84S	F # 1C	Female 14-15 400 IM	HOKSL-SL 3	6 -12.86
5:09.32S	P # 1C	Female 14-15 400 IM	HOKSL-SL 2	--- -8.38
2:08.29S	F # 8C	Female 14-15 200 Free	HOKSL-SL 5	4 -8.81
2:09.07S	P # 8C	Female 14-15 200 Free	HOKSL-SL 3	--- -8.03
1:00.29S	F # 24C	Female 14-15 100 Free	HOKSL-SL 3	6 -2.70
1:00.90S	P # 24C	Female 14-15 100 Free	HOKSL-SL 2	--- -2.09
2:26.26S	F # 26C	Female 14-15 200 IM	HOKSL-SL 3	6 -7.73
2:28.30S	P # 26C	Female 14-15 200 IM	HOKSL-SL 2	--- -5.69
36.08S	F # 33	Female 14-15 50 Breast	HOKSL-SL 3	6 -0.99
1:15.67S	F # 47C	Female 14-15 100 Breast	HOKSL-SL 2	7 -3.54

1:16.82S	P # 47C	Female 14-15 100 Breast	HOKSL-SL	2	---	-2.39
4:28.85S	F # 48C	Female 14-15 400 Free	HOKSL-SL	4	5	-11.42
4:31.08S	P # 48C	Female 14-15 400 Free	HOKSL-SL	3	---	-9.19
Chay, Kavan (14) M						
31.61S	F # 6	Male 14-15 50 Fly	HOKSL-SL	20	---	-0.43
2:18.79S	P # 8D	Male 14-15 200 Free	HOKSL-SL	20	---	2.83
1:03.28S	P # 24D	Male 14-15 100 Free	HOKSL-SL	26	---	1.66
2:40.27S	P # 26D	Male 14-15 200 IM	HOKSL-SL	22	---	0.64
1:13.18S	F # 44	Male 14-15 100 IM	HOKSL-SL	25	---	-0.43
1:24.55S	P # 47D	Male 14-15 100 Breast	HOKSL-SL	15	---	-0.07
28.39S	F # 56	Male 14-15 50 Free	HOKSL-SL	31	---	-0.04
Davis, Sian M (13) F						
33.50S	F # 2	Female 13 & Under 50 Fly	HOKSL-SL	13	---	-0.09
2:51.83S	P # 23A	Female 13 & Under 200 Fly	HOKSL-SL	6	---	-2.44
2:53.47S	F # 23A	Female 13 & Under 200 Fly	HOKSL-SL	6	3	-0.80
2:49.56S	P # 26A	Female 13 & Under 200 IM	HOKSL-SL	22	---	1.69
1:15.49S	F # 49A	Female 13 & Under 100 Fly	HOKSL-SL	5	4	-0.43
1:16.88S	P # 49A	Female 13 & Under 100 Fly	HOKSL-SL	7	---	0.96
31.95S	F # 52	Female 13 & Under 50 Free	HOKSL-SL	23	---	0.97
Dickey, Amy R (14) F						
5:30.19S	P # 1C	Female 14-15 400 IM	MKUSL-SL	11	---	-9.80
32.79S	F # 3	Female 14-15 50 Fly	MKUSL-SL	12	---	-0.21
2:19.04S	P # 8C	Female 14-15 200 Free	MKUSL-SL	19	---	-3.81
2:34.56S	F # 23C	Female 14-15 200 Fly	MKUSL-SL	6	3	-9.37
2:38.68S	P # 23C	Female 14-15 200 Fly	MKUSL-SL	6	---	-5.25
2:36.25S	P # 26C	Female 14-15 200 IM	MKUSL-SL	14	---	-2.81
1:14.19S	F # 41	Female 14-15 100 IM	MKUSL-SL	19	---	-1.82
4:52.84S	P # 48C	Female 14-15 400 Free	MKUSL-SL	11	---	-7.89
1:12.38S	F # 49C	Female 14-15 100 Fly	MKUSL-SL	6	3	-1.91
1:12.94S	P # 49C	Female 14-15 100 Fly	MKUSL-SL	6	---	-1.35
30.17S	F # 53	Female 14-15 50 Free	MKUSL-SL	16	---	-0.05
Dowling, Grace E (13) F						
37.34S	F # 15	Female 13 & Under 50 Back	OCASL-SL	16	---	-1.20
1:19.28S	P # 25A	Female 13 & Under 100 Back	OCASL-SL	11	---	-1.39
2:46.10S	P # 46A	Female 13 & Under 200 Back	OCASL-SL	8	---	-3.30
2:53.10S	F # 46A	Female 13 & Under 200 Back	OCASL-SL	8	1	3.70
5:15.72S	P # 48A	Female 13 & Under 400 Free	OCASL-SL	16	---	-12.74
Evans, Wayne (43) M						
31.63S	F # 37	Male 16 & Over 50 Breast	MKUSL-SL	3	6	-0.99
1:05.30S	F # 45	Male 16 & Over 100 IM	MKUSL-SL	14	---	0.19
1:01.99S	P # 49F	Male 16 & Over 100 Fly	MKUSL-SL	10	---	-3.03
25.41S	F # 57	Male 16 & Over 50 Free	MKUSL-SL	15	---	-0.04
Finlay, Michael S (19) M						
1:59.36S	P # 8F	Male 16 & Over 200 Free	OCASL-SL	9	---	-1.31
27.11S	F # 20	Male 16 & Over 50 Back	OCASL-SL	4	5	-0.38
59.46S	P # 25F	Male 16 & Over 100 Back	OCASL-SL	3	---	-0.21
59.49S	F # 25F	Male 16 & Over 100 Back	OCASL-SL	4	5	-0.18
33.13S	F # 37	Male 16 & Over 50 Breast	OCASL-SL	8	1	-0.38
1:00.29S	F # 45	Male 16 & Over 100 IM	OCASL-SL	2	7	-0.03
58.94S	P # 49F	Male 16 & Over 100 Fly	OCASL-SL	6	---	-0.10
23.83S	F # 57	Male 16 & Over 50 Free	OCASL-SL	2	7	-0.31
Fisher, Lucy E (13) F						
6:02.01S	P # 1A	Female 13 & Under 400 IM	MKUSL-SL	10	---	-16.34
2:32.05S	P # 8A	Female 13 & Under 200 Free	MKUSL-SL	17	---	-3.03
2:53.87S	P # 26A	Female 13 & Under 200 IM	MKUSL-SL	28	---	0.87
Flatley, Clementine J (14) F						
5:33.70S	P # 1C	Female 14-15 400 IM	OCASL-SL	13	---	-9.08
2:52.49S	P # 9C	Female 14-15 200 Breast	OCASL-SL	5	---	-3.15
2:55.05S	F # 9C	Female 14-15 200 Breast	OCASL-SL	7	2	-0.59
1:05.37S	P # 24C	Female 14-15 100 Free	OCASL-SL	19	---	-0.84
2:39.23S	P # 26C	Female 14-15 200 IM	OCASL-SL	18	---	-5.83
37.36S	F # 33	Female 14-15 50 Breast	OCASL-SL	7	2	-1.21
1:15.52S	F # 41	Female 14-15 100 IM	OCASL-SL	23	---	-1.13
1:22.80S	F # 47C	Female 14-15 100 Breast	OCASL-SL	8	1	-0.34
1:22.88S	P # 47C	Female 14-15 100 Breast	OCASL-SL	7	---	-0.26
5:00.25S	P # 48C	Female 14-15 400 Free	OCASL-SL	13	---	-5.34
Grant, Harriet L (12) F						
5:52.83S	F # 1A	Female 13 & Under 400 IM	OCASL-SL	7	2	-2.09
5:57.81S	P # 1A	Female 13 & Under 400 IM	OCASL-SL	8	---	2.89
3:04.41S	P # 9A	Female 13 & Under 200 Breast	OCASL-SL	8	---	-3.21
3:05.66S	F # 9A	Female 13 & Under 200 Breast	OCASL-SL	8	1	-1.96
2:52.67S	P # 26A	Female 13 & Under 200 IM	OCASL-SL	27	---	5.24
39.32S	F # 32	Female 13 & Under 50 Breast	OCASL-SL	8	1	-1.86
1:17.04S	F # 40	Female 13 & Under 100 IM	OCASL-SL	11	---	-5.31
1:25.89S	F # 47A	Female 13 & Under 100 Breast	OCASL-SL	7	2	-3.41
1:26.85S	P # 47A	Female 13 & Under 100 Breast	OCASL-SL	8	---	-2.45

Guisse, Danielle F (15) F

3:07.15S	P # 9C	Female 14-15 200 Breast	HOKSL-SL	9	---	0.09
1:18.72S	P # 25C	Female 14-15 100 Back	HOKSL-SL	12	---	-2.93
40.85S	F # 33	Female 14-15 50 Breast	HOKSL-SL	14	---	0.33
1:30.35S	P # 47C	Female 14-15 100 Breast	HOKSL-SL	13	---	2.93
Hamilton, Josh (12) M						
5:37.49S	F # 1B	Male 13 & Under 400 IM	MKUSL-SL	5	4	-21.23
5:44.06S	P # 1B	Male 13 & Under 400 IM	MKUSL-SL	5	---	-14.66
33.97S	F # 5	Male 13 & Under 50 Fly	MKUSL-SL	12	---	0.33
1:05.81S	P # 24B	Male 13 & Under 100 Free	MKUSL-SL	13	---	-1.98
2:43.84S	P # 26B	Male 13 & Under 200 IM	MKUSL-SL	10	---	0.92
1:15.11S	F # 43	Male 13 & Under 100 IM	MKUSL-SL	10	---	-0.99
1:16.12S	F # 49B	Male 13 & Under 100 Fly	MKUSL-SL	6	3	0.09
1:17.94S	P # 49B	Male 13 & Under 100 Fly	MKUSL-SL	6	---	1.91
29.46S	F # 55	Male 13 & Under 50 Free	MKUSL-SL	11	---	-0.55
Harrington, Brydon (13) F						
33.45S	F # 2	Female 13 & Under 50 Fly	OCASL-SL	12	---	-0.71
2:17.46S	F # 8A	Female 13 & Under 200 Free	OCASL-SL	6	3	-10.37
2:19.66S	P # 8A	Female 13 & Under 200 Free	OCASL-SL	5	---	-8.17
1:03.11S	F # 24A	Female 13 & Under 100 Free	OCASL-SL	5	4	-2.72
1:03.65S	P # 24A	Female 13 & Under 100 Free	OCASL-SL	3	---	-2.18
2:43.89S	P # 26A	Female 13 & Under 200 IM	OCASL-SL	10	---	-6.01
1:16.69S	F # 40	Female 13 & Under 100 IM	OCASL-SL	10	---	-2.59
4:54.90S	F # 48A	Female 13 & Under 400 Free	OCASL-SL	5	4	-27.52
5:03.03S	P # 48A	Female 13 & Under 400 Free	OCASL-SL	11	---	-19.39
29.90S	F # 52	Female 13 & Under 50 Free	OCASL-SL	7	2	-0.12
Harris, Chloe E (17) F						
2:19.03S	P # 8E	Female 16 & Over 200 Free	COLSL-SL	11	---	1.23
9:57.60S	F # 10C	Female 16 & Over 800 Free	COLSL-SL	9	---	14.08
1:05.40S	P # 24E	Female 16 & Over 100 Free	COLSL-SL	16	---	0.20
1:14.43S	P # 25E	Female 16 & Over 100 Back	COLSL-SL	9	---	1.24
2:34.17S	F # 46E	Female 16 & Over 200 Back	COLSL-SL	4	5	1.07
2:34.57S	P # 46E	Female 16 & Over 200 Back	COLSL-SL	4	---	1.47
4:46.85S	P # 48E	Female 16 & Over 400 Free	COLSL-SL	6	---	2.82
4:53.39S	F # 48E	Female 16 & Over 400 Free	COLSL-SL	8	1	9.36
Harris, Richard J (19) M						
2:00.87S	P # 8F	Male 16 & Over 200 Free	COLSL-SL	16	---	1.72
27.70S	F # 20	Male 16 & Over 50 Back	COLSL-SL	6	---	-0.34
52.34S	F # 24F	Male 16 & Over 100 Free	COLSL-SL	3	6	-3.76
52.82S	P # 24F	Male 16 & Over 100 Free	COLSL-SL	2	---	-3.28
59.15S	F # 25F	Male 16 & Over 100 Back	COLSL-SL	3	6	0.37
1:00.37S	P # 25F	Male 16 & Over 100 Back	COLSL-SL	4	---	1.59
2:08.75S	F # 46F	Male 16 & Over 200 Back	COLSL-SL	3	6	-1.14
2:08.79S	P # 46F	Male 16 & Over 200 Back	COLSL-SL	3	---	-1.10
24.84S	F # 57	Male 16 & Over 50 Free	COLSL-SL	9	---	-0.17
Hayes, Penny A (18) F						
27.36S	F # 54	Female 16 & Over 50 Free	WAVSL-SL	4	5	-0.54
Holden, Taylor G (12) M						
34.61S	F # 5	Male 13 & Under 50 Fly	MKUSL-SL	14	---	0.38
1:30.49S	F # 47B	Male 13 & Under 100 Breast	MKUSL-SL	7	2	-2.07
1:31.76S	P # 47B	Male 13 & Under 100 Breast	MKUSL-SL	7	---	-0.80
Kerr, Monique M (13) F						
35.86S	F # 15	Female 13 & Under 50 Back	OCASL-SL	12	---	-1.40
1:16.82S	F # 25A	Female 13 & Under 100 Back	OCASL-SL	7	2	-3.40
1:18.07S	P # 25A	Female 13 & Under 100 Back	OCASL-SL	7	---	-2.15
2:47.35S	P # 46A	Female 13 & Under 200 Back	OCASL-SL	9	---	-5.68
Kim, Kevin J (14) M						
2:10.16S	P # 8D	Male 14-15 200 Free	OCASL-SL	13	---	-0.91
31.59S	F # 19	Male 14-15 50 Back	OCASL-SL	10	---	-0.41
58.84S	P # 24D	Male 14-15 100 Free	OCASL-SL	9	---	0.28
1:09.32S	F # 44	Male 14-15 100 IM	OCASL-SL	14	---	---
27.11S	F # 56	Male 14-15 50 Free	OCASL-SL	15	---	0.34
McDonald, Adam B (17) M						
25.69S	F # 7	Male 16 & Over 50 Fly	COLSL-SL	1	10	0.67
54.18S	P # 24F	Male 16 & Over 100 Free	COLSL-SL	10	---	2.22
54.61S	F # 49F	Male 16 & Over 100 Fly	COLSL-SL	1	10	-0.88
57.42S	P # 49F	Male 16 & Over 100 Fly	COLSL-SL	1	---	1.93
24.47S	F # 57	Male 16 & Over 50 Free	COLSL-SL	5	4	0.53
McDonald, Robert J (14) M						
2:18.81S	F # 23D	Male 14-15 200 Fly	COLSL-SL	2	7	-6.88
2:19.08S	P # 23D	Male 14-15 200 Fly	COLSL-SL	2	---	-6.61
2:34.36S	P # 26D	Male 14-15 200 IM	COLSL-SL	17	---	-4.36
1:02.65S	F # 49D	Male 14-15 100 Fly	COLSL-SL	3	6	-4.05
1:03.55S	P # 49D	Male 14-15 100 Fly	COLSL-SL	3	---	-3.15
27.80S	F # 56	Male 14-15 50 Free	COLSL-SL	27	---	-4.21
Miller, April M (13) F						
33.31S	F # 2	Female 13 & Under 50 Fly	HOKSL-SL	10	---	-0.57
2:16.44S	F # 8A	Female 13 & Under 200 Free	HOKSL-SL	5	4	-5.78
2:20.65S	P # 8A	Female 13 & Under 200 Free	HOKSL-SL	6	---	-1.57

34.22S	F # 15	Female 13 & Under 50 Back	HOKSL-SL	5	4	-1.10
1:02.98S	F # 24A	Female 13 & Under 100 Free	HOKSL-SL	3	6	-2.32
1:03.52S	P # 24A	Female 13 & Under 100 Free	HOKSL-SL	2	---	-1.78
2:44.19S	P # 26A	Female 13 & Under 200 IM	HOKSL-SL	11	---	-5.99
4:54.94S	F # 48A	Female 13 & Under 400 Free	HOKSL-SL	6	3	-11.57
4:55.64S	P # 48A	Female 13 & Under 400 Free	HOKSL-SL	4	---	-10.87
28.18S	F # 52	Female 13 & Under 50 Free	HOKSL-SL	2	7	-0.91
Morrison, Dirk S (14) M						
1:01.29S	P # 24D	Male 14-15 100 Free	HOKSL-SL	22	---	0.28
27.71S	F # 56	Male 14-15 50 Free	HOKSL-SL	25	---	-3.13
Pankhurst, Lisa A (19) F						
29.23S	F # 4	Female 16 & Over 50 Fly	COLSL-SL	2	7	-0.37
57.23S	F # 24E	Female 16 & Over 100 Free	COLSL-SL	3	6	0.22
1:00.07S	P # 24E	Female 16 & Over 100 Free	COLSL-SL	3	---	3.06
1:04.08S	F # 49E	Female 16 & Over 100 Fly	COLSL-SL	2	7	1.16
1:04.39S	P # 49E	Female 16 & Over 100 Fly	COLSL-SL	1	---	1.47
26.92S	F # 54	Female 16 & Over 50 Free	COLSL-SL	3	6	-0.12
Soper, Felecity E (14) F						
6:11.67S	P # 1C	Female 14-15 400 IM	COLSL-SL	20	---	3.27
1:20.69S	P # 49C	Female 14-15 100 Fly	COLSL-SL	13	---	-3.52
Tomlins, Molly J (14) F						
5:30.08S	P # 1C	Female 14-15 400 IM	MKUSL-SL	10	---	-2.93
34.12S	F # 3	Female 14-15 50 Fly	MKUSL-SL	16	---	1.39
2:16.95S	P # 8C	Female 14-15 200 Free	MKUSL-SL	16	---	0.06
31.75S	F # 16	Female 14-15 50 Back	MKUSL-SL	4	5	-0.94
1:07.75S	P # 25C	Female 14-15 100 Back	MKUSL-SL	3	---	-2.89
1:08.38S	F # 25C	Female 14-15 100 Back	MKUSL-SL	4	5	-2.26
38.10S	F # 33	Female 14-15 50 Breast	MKUSL-SL	11	---	0.07
1:11.39S	F # 41	Female 14-15 100 IM	MKUSL-SL	8	1	-2.19
2:24.80S	F # 46C	Female 14-15 200 Back	MKUSL-SL	4	5	-1.50
2:27.41S	P # 46C	Female 14-15 200 Back	MKUSL-SL	4	---	1.11
1:23.89S	P # 47C	Female 14-15 100 Breast	MKUSL-SL	10	---	-0.78
29.15S	F # 53	Female 14-15 50 Free	MKUSL-SL	11	---	0.02
Tommei, Alessandro J (13) M						
5:22.62S	F # 1B	Male 13 & Under 400 IM	MKUSL-SL	1	10	-8.64
5:30.15S	P # 1B	Male 13 & Under 400 IM	MKUSL-SL	1	---	-1.11
32.08S	F # 5	Male 13 & Under 50 Fly	MKUSL-SL	6	3	0.81
2:16.04S	F # 8B	Male 13 & Under 200 Free	MKUSL-SL	7	2	-9.30
2:18.78S	P # 8B	Male 13 & Under 200 Free	MKUSL-SL	7	---	-6.56
2:34.89S	F # 26B	Male 13 & Under 200 IM	MKUSL-SL	3	6	-4.42
2:38.79S	P # 26B	Male 13 & Under 200 IM	MKUSL-SL	5	---	-0.52
1:13.91S	DQ F # 43	Male 13 & Under 100 IM	MKUSL-SL	---	---	---
1:21.92S	F # 47B	Male 13 & Under 100 Breast	MKUSL-SL	4	5	-2.41
1:22.94S	P # 47B	Male 13 & Under 100 Breast	MKUSL-SL	3	---	-1.39
1:11.26S	F # 49B	Male 13 & Under 100 Fly	MKUSL-SL	2	7	-0.19
1:13.19S	P # 49B	Male 13 & Under 100 Fly	MKUSL-SL	2	---	1.74
29.84S	F # 55	Male 13 & Under 50 Free	MKUSL-SL	14	---	0.63
Tuhua, Aila J (14) M						
29.45S	F # 6	Male 14-15 50 Fly	COLSL-SL	10	---	-0.43
29.30S	F # 19	Male 14-15 50 Back	COLSL-SL	3	6	-0.12
57.44S	P # 24D	Male 14-15 100 Free	COLSL-SL	4	---	-2.29
57.67S	F # 24D	Male 14-15 100 Free	COLSL-SL	7	2	-2.06
1:04.35S	F # 25D	Male 14-15 100 Back	COLSL-SL	5	4	-2.21
1:05.28S	P # 25D	Male 14-15 100 Back	COLSL-SL	6	---	-1.28
34.65S	F # 36	Male 14-15 50 Breast	COLSL-SL	9	---	-0.88
1:05.36S	F # 44	Male 14-15 100 IM	COLSL-SL	4	5	-0.17
2:22.88S	F # 46D	Male 14-15 200 Back	COLSL-SL	4	5	-5.95
2:26.13S	P # 46D	Male 14-15 200 Back	COLSL-SL	6	---	-2.70
26.30S	F # 56	Male 14-15 50 Free	COLSL-SL	7	2	-0.14
Van Baarle, Mathilde A (13) F						
35.59S	F # 2	Female 13 & Under 50 Fly	HOKSL-SL	17	---	-2.55
37.26S	F # 15	Female 13 & Under 50 Back	HOKSL-SL	15	---	-1.39
Wiegersma, Natalie J (19) F						
27.75S	F # 4	Female 16 & Over 50 Fly	WAVSL-SL	1	10	-0.22
29.42S	F # 17	Female 16 & Over 50 Back	WAVSL-SL	1	10	-0.08
55.89S	F # 24E	Female 16 & Over 100 Free	WAVSL-SL	1	10	-1.37
56.86S	P # 24E	Female 16 & Over 100 Free	WAVSL-SL	1	---	-0.40
32.63S	F # 34	Female 16 & Over 50 Breast	WAVSL-SL	3	6	-0.70
25.98S	F # 54	Female 16 & Over 50 Free	WAVSL-SL	1	9	-0.71

Team Managers Report

Swim Meet: 2009 New Zealand Spring Competition

Date/s: 29/09/09 till 30/09/09

Location: Christchurch

Pool: QII Pool

Manager Joka Wiegersma

Coach/s: Jeremy Duncan (Head Coach)

David Prattley (Aquazone)

Oscar van Stekelenborg (H2O Dreams)

Massage Therapist : Zane Harris

Team Members

Lisa Pankhurst, Natalie Wiegersma, Molly Tomlins, Amy Dickey, April Miller,
Lisa Catto, Clementine Flatley, Brydon Harrington.
Adam McDonald, Robert McDonald, Aila Tuhua, Kevin Kim, Thomas Howie, Andrew Bester, Michael Finlay, Richard Harris, Wayne Evans.

Accommodation

Name: Ashford Motor Lodge

Address: Papanui Road

Christchurch

Comments

Accommodation was excellent, with good, friendly service. The front units had some traffic noise but the
Units at the back did not have this problem. I personally prefer accommodation closer to the pool but
understand this is not always possible.
The service was fantastic, Neale switched the oven on at 7.30pm with our pasta dishes so when
we came home food was ready, the sessions were very long and swimmers wanted to go to bed asap.
We had the midday meals at the Gardens Restaurant and it was ok but the food is always the same.
To cook food for this size team you need 2 managers but with 1 manager we decided to go out for
a meal at least once a day.

Travel

Travel was done by plane, we did travel on 3 different flights, and this worked well as we had 2 vans.

The first lot of swimmers didn't have to wait for the second lot who arrived 80 min later.

The Gore swimmers and David arrived on Saturday and got picked up from airport.

Travel home: 2 swimmers going onto water polo, 1 swimmer to camp, 3 swimmers travelling home with parents, 1 group flew to Invercargill and the Gore swimmers to Dunedin, this worked well after some communication with all involved.

Transport

We had 2, 12 seater vans from Options Rentals.

The service was great and no paper work as everything has been paid for in advance.

Performance Summary

Team Performance

Swimming Southland 2009 NZ Spring Competition

REGIONAL ANALYSIS

Individual Medallists (excluding visitors):

1 x 1 st Placing	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Andrew Bester	OCA	400IM	4.46.40	4.54.33	4.46.27

2 x 2 nd Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Natalie Wiegiersma	WAV	100 BR	1.11.67	1.11.78	1.09.32
	Natalie Wiegiersma	WAV	100 Fly	59.58	1.00.70	59.59
1 Relay Silver	STH	16/O Males 200 Medley Richard Harris, Wayne Evans, Adam McDonald, Michael Finlay				

7 x 3 rd Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Andrew Bester	OCA	200 Free	2.04.09	2.03.66	2.00.69
	Andrew Bester	OCA	200 Back	2.12.46	2.12.78	2.12.70
	Andrew Bester	OCA	400 Free	4.20.70	4.25.21	4.15.34
	Andrew Bester	OCA	200 IM	2.18.89	2.19.78	2.17.70
	Robert McDonald	COL	200 Fly	2.18.15	2.16.50	2.15.79
	Lisa Pankhurst	COL	100 Breast	1.17.36	1.13.73	1.12.20
	Natalie Wiegiersma	WAV	100 Back	1.00.71	1.01.90	1.00.94

Southland Records:

13	SWIMMER	CLUB	EVENT	AGE	OLD TIME	NEW TIME
	Natalie Wiegiersma	WAV	100 Back	Open Women	1.01.33	1.00.94
	Natalie Wiegiersma	WAV	100 Free	Open Women	55.84	55.44
	Natalie Wiegiersma	WAV	100 Breast	Open Women	1.11.15	1.09.32
	Natalie Wiegiersma	WAV	100 Fly	Open Women	1.00.29	59.32
	Michael Finlay	OCA	100 Back	Open Men	58.53	57.66
	Michael Finlay	OCA	50 Free	Open Men	23.83	23.63
	Michael Finlay	OCA	100 Free	Open Men	51.83	51.43
	Michael Finlay	OCA	50 Back	Open Men	27.11	26.73
	Michael Finlay	OCA	50 Free	Open Men	23.63	23.55
	Michael Finlay	OCA	100IM	Open Men	1.00.29	59.32
	Michael Finlay	OCA	100 Free	Open Men	51.43	51.30
	Richard Harris	COL	200 Back	Open Men	2.08.75	2.07.42
	Aila Tuhua	COL	50 Back	U16	29.03	28.92

Club Rankings Nationally: (points include visitors)

Rank	Club	1st	2nd	3rd	4-8th	Points		
25	Orca	1		1	4	30		
28	Waverley		2	1	2	29		
32	Collegiate			1	7	27		
47	Hokonui				4	7		
55	Murihiku				1	3		

10th Spirit of Southland 1 3 6 12 96

Spirit of Southland would have finished 10th club in NZ and 4th club in South Island

PB% by Club (using Best Converted Entry Times):

Rank	Club	Swimmers	Swims	PBs	PB%			
1	Orca	5	33	21	63.63%			
2	Murihiku	4	22	13	59.09%			
3	Hokonui	2	16	9	56.25%			
4	Collegiate	5	37	20	54.05%			
5	Waverley	1	10	2	20.00%			
		18	118	65	55.08%			

PB% by Club (using Best Short Course Entry Times):

Rank	Club	Swimmers	Swims	PBs	PB%			
1	Murihiku	4	22	15	68.18%			
2	Orca	5	33	21	63.63%			
3	Collegiate	5	37	22	59.46%			
4	Hokonui	2	16	9	56.25%			
5	Waverley	1	10	4	40.00%			
		17	118	71	60.17%			

Lisa Catto finished 10th ranked 16 year old female (1993 year of birth) and qualified for the NZ Age Group squad to attend the NZ Age and Youth Tri Series Tour in January 2010. Selection still to be confirmed in writing

David Prattley selection as one of the team assistant coaches on the NZ Age and Youth Tri Series Tour confirmed.

Discipline

None

General

A great team to take away, they all had a positive attitude and lots of fun with some great results, well behaved and polite. Eleven swimmers went to the Neon after party organised by Aquagym on the last night, this was a great success they had a wonderful time and very short night!

Adam McDonald was not feeling too well and had to scratch out of a few swims, but it was fantastic to see he did perform great in the relays, despite not being a 100%

Coaches and Zane were very helpful throughout the meet and the swimmers were fantastic.

I enjoyed taking this team away.

Signed: Joka Wiegiersma

Individual Meet Results

2009 Spring Competition 27-Sep-09 to 30-Sep-09 SC Meters

Location: QEII Leisure Centre, Christchurch

Time	F/P/S	Event	Place	Points
Improv				
Bester, Andrew J (14) M				
2:00.69S	F # 2A	Male 13-14 200 Free	OCASL-SL 5	4 -
3.40				
2:03.66S	P # 2A	Male 13-14 200 Free	OCASL-SL 7	--- -0.43
1:02.15S	F # 4A	Male 13-14 100 Back	OCASL-SL 7	2 -0.43
1:02.99S	P # 4A	Male 13-14 100 Back	OCASL-SL 6	--- 0.41
1:05.64S	P # 8A	Male 13-14 100 Fly	OCASL-SL 15	--- -3.45
4:46.27S	F # 17A	Male 13-14 400 IM	OCASL-SL 1	10 -0.33
4:54.33S	P # 17A	Male 13-14 400 IM	OCASL-SL 2	--- 7.73
2:12.70S	F # 21A	Male 13-14 200 Back	OCASL-SL 5	4 0.24
2:12.78S	P # 21A	Male 13-14 200 Back	OCASL-SL 4	--- 0.32
29.45S	F # 27A	Male 13-14 50 Back	OCASL-SL 9	--- -0.03
29.83S	P # 27A	Male 13-14 50 Back	OCASL-SL 9	--- 0.35
4:15.34S	F # 29A	Male 13-14 400 Free	OCASL-SL 3	6 -9.80
4:25.21S	P # 29A	Male 13-14 400 Free	OCASL-SL 8	--- 0.07
2:17.70S	F # 33A	Male 13-14 200 IM	OCASL-SL 5	4 -1.19
2:19.78S	P # 33A	Male 13-14 200 IM	OCASL-SL 5	--- 0.89
NS	P # 44A	Male 13-14 50 Free	OCASL-SL ---	--- ---
1:06.89S	P # 48A	Male 13-14 100 IM	OCASL-SL 12	--- 0.90
Catto, Lisa A (15) F				
35.09S	F # 5B	Female 15-16 50 Breast	HOKSL-SL 7	2 -0.99
35.13S	P # 5B	Female 15-16 50 Breast	HOKSL-SL 7	--- -0.95
4:25.18S	P # 7B	Female 15-16 400 Free	HOKSL-SL 7	--- -3.67
4:26.19S	F # 7B	Female 15-16 400 Free	HOKSL-SL 8	1 -2.66
9:12.56S	F # 18B	Female 15-16 800 Free	HOKSL-SL 6	3 -28.85
2:41.82S	F # 22B	Female 15-16 200 Breast	HOKSL-SL 8	1 -7.67
2:42.60S	P # 22B	Female 15-16 200 Breast	HOKSL-SL 7	--- -6.89
1:16.81S	P # 28B	Female 15-16 100 Breast	HOKSL-SL 11	--- 1.14
5:09.58S	P # 32B	Female 15-16 400 IM	HOKSL-SL 12	--- 4.74
2:07.34S	F # 41B	Female 15-16 200 Free	HOKSL-SL 9	--- -0.95
2:07.56S	P # 41B	Female 15-16 200 Free	HOKSL-SL 4	--- -0.73
2:26.93S	P # 47B	Female 15-16 200 IM	HOKSL-SL 11	--- 0.67
Dickey, Amy R (14) F				
2:37.12S	P # 3A	Female 13-14 200 Fly	MKUSL-SL 13	--- 2.56
32.44S	P # 14A	Female 13-14 50 Fly	MKUSL-SL 26	--- -0.35
1:12.84S	P # 16A	Female 13-14 100 IM	MKUSL-SL 28	--- -1.35
5:30.06S	P # 32A	Female 13-14 400 IM	MKUSL-SL 29	--- -0.13
2:20.18S	P # 41A	Female 13-14 200 Free	MKUSL-SL 49	--- 1.14
1:11.46S	P # 45A	Female 13-14 100 Fly	MKUSL-SL 20	--- -0.92
2:35.57S	P # 47A	Female 13-14 200 IM	MKUSL-SL 34	--- -0.68
Evans, Wayne (43) M				
32.07S	P # 42C	Male 17 & Over 50 Breast	MKUSL-SL 18	--- 0.44
25.23S	P # 44C	Male 17 & Over 50 Free	MKUSL-SL 39	--- -0.18
Finlay, Michael S (19) M				
1:56.03S	P # 2C	Male 17 & Over 200 Free	OCASL-SL 34	--- -3.33
57.66S	P # 4C	Male 17 & Over 100 Back	OCASL-SL 11	--- -1.80

51.43S	P # 19C	Male 17 & Over 100 Free	OCASL-SL	16	---	-2.43
26.73S	P # 27C	Male 17 & Over 50 Back	OCASL-SL	11	---	-0.38
23.55S	P # 44C	Male 17 & Over 50 Free	OCASL-SL	17	---	-0.28
59.32S	P # 48C	Male 17 & Over 100 IM	OCASL-SL	14	---	-0.97
Flatley, Clementine J (14) F						
37.09S	P # 5A	Female 13-14 50 Breast	OCASL-SL	16	---	-0.27
2:50.15S	P # 22A	Female 13-14 200 Breast	OCASL-SL	12	---	-2.34
1:21.16S	P # 28A	Female 13-14 100 Breast	OCASL-SL	17	---	-1.64
5:37.48S	P # 32A	Female 13-14 400 IM	OCASL-SL	34	---	3.78
2:37.63S	P # 47A	Female 13-14 200 IM	OCASL-SL	43	---	-1.60
Harrington, Brydon (14) F						
4:57.25S	P # 7A	Female 13-14 400 Free	OCASL-SL	44	---	2.35
1:02.93S	P # 20A	Female 13-14 100 Free	OCASL-SL	38	---	-0.18
2:17.30S	P # 41A	Female 13-14 200 Free	OCASL-SL	35	---	-0.16
Harris, Richard J (19) M						
58.97S	P # 4C	Male 17 & Over 100 Back	COLSL-SL	18	---	0.19
53.11S	P # 19C	Male 17 & Over 100 Free	COLSL-SL	36	---	0.77
2:07.42S	P # 21C	Male 17 & Over 200 Back	COLSL-SL	15	---	-1.33
27.75S	P # 27C	Male 17 & Over 50 Back	COLSL-SL	19	---	0.05
24.46S	P # 44C	Male 17 & Over 50 Free	COLSL-SL	26	---	-0.38
1:01.05S	P # 48C	Male 17 & Over 100 IM	COLSL-SL	24	---	-2.76
Kim, Kevin J (14) M						
2:10.34S	P # 2A	Male 13-14 200 Free	OCASL-SL	25	---	0.18
57.93S	P # 19A	Male 13-14 100 Free	OCASL-SL	13	---	-0.63
28.08S	P # 44A	Male 13-14 50 Free	OCASL-SL	34	---	1.31
McDonald, Adam B (17) M						
59.07S	P # 8C	Male 17 & Over 100 Fly	COLSL-SL	25	---	4.46
25.63S	P # 15C	Male 17 & Over 50 Fly	COLSL-SL	17	---	0.61
NS	P # 19C	Male 17 & Over 100 Free	COLSL-SL	---	---	---
23.94S	P # 44C	Male 17 & Over 50 Free	COLSL-SL	20	---	---
McDonald, Robert J (14) M						
1:01.82S	F # 8A	Male 13-14 100 Fly	COLSL-SL	6	3	-0.83
1:02.62S	P # 8A	Male 13-14 100 Fly	COLSL-SL	6	---	-0.03
28.23S	F # 15A	Male 13-14 50 Fly	COLSL-SL	7	2	-2.30
28.69S	P # 15A	Male 13-14 50 Fly	COLSL-SL	8	---	-1.84
59.67S	P # 19A	Male 13-14 100 Free	COLSL-SL	29	---	-3.75
2:15.79S	F # 40A	Male 13-14 200 Fly	COLSL-SL	4	5	-3.02
2:16.50S	P # 40A	Male 13-14 200 Fly	COLSL-SL	4	---	-2.31
Miller, April M (13) F						
5:00.01S	P # 7A	Female 13-14 400 Free	HOKSL-SL	46	---	5.07
1:02.23S	P # 20A	Female 13-14 100 Free	HOKSL-SL	28	---	-0.75
28.78S	P # 30A	Female 13-14 50 Free	HOKSL-SL	31	---	0.60
2:20.68S	P # 41A	Female 13-14 200 Free	HOKSL-SL	50	---	4.24
Pankhurst, Lisa A (19) F						
1:04.09S	F # 1C	Female 17 & Over 100 Back	COLSL-SL	10	---	-1.69
1:04.85S	P # 1C	Female 17 & Over 100 Back	COLSL-SL	10	---	-0.93
33.53S	F # 5C	Female 17 & Over 50 Breast	COLSL-SL	4	5	-1.84
34.61S	P # 5C	Female 17 & Over 50 Breast	COLSL-SL	5	---	-0.76
57.16S	F # 20C	Female 17 & Over 100 Free	COLSL-SL	8	1	0.15
57.60S	P # 20C	Female 17 & Over 100 Free	COLSL-SL	9	---	0.59
1:12.20S	F # 28C	Female 17 & Over 100 Breast	COLSL-SL	3	6	-5.55
1:13.73S	P # 28C	Female 17 & Over 100 Breast	COLSL-SL	5	---	-4.02
26.88S	F # 30C	Female 17 & Over 50 Free	COLSL-SL	10	---	-0.04
26.95S	P # 30C	Female 17 & Over 50 Free	COLSL-SL	10	---	0.03
30.54S	F # 43C	Female 17 & Over 50 Back	COLSL-SL	10	---	-0.61
30.88S	P # 43C	Female 17 & Over 50 Back	COLSL-SL	12	---	-0.27
1:04.95S	P # 45C	Female 17 & Over 100 Fly	COLSL-SL	12	---	2.03
Tomlins, Molly J (14) F						
1:07.74S	F # 1A	Female 13-14 100 Back	MKUSL-SL	10	---	-0.01
1:07.93S	P # 1A	Female 13-14 100 Back	MKUSL-SL	10	---	0.18
4:45.26S	P # 7A	Female 13-14 400 Free	MKUSL-SL	30	---	-5.16
1:11.74S	P # 16A	Female 13-14 100 IM	MKUSL-SL	18	---	0.35
1:01.74S	P # 20A	Female 13-14 100 Free	MKUSL-SL	16	---	-2.40
29.07S	P # 30A	Female 13-14 50 Free	MKUSL-SL	35	---	-0.06
2:24.76S	F # 34A	Female 13-14 200 Back	MKUSL-SL	6	3	-0.04
2:26.95S	P # 34A	Female 13-14 200 Back	MKUSL-SL	7	---	2.15
31.65S	F # 43A	Female 13-14 50 Back	MKUSL-SL	9	---	-0.10
31.96S	P # 43A	Female 13-14 50 Back	MKUSL-SL	8	---	0.21
2:33.41S	P # 47A	Female 13-14 200 IM	MKUSL-SL	20	---	-1.56
Tuhua, Aila J (14) M						
1:04.58S	P # 4A	Male 13-14 100 Back	COLSL-SL	14	---	0.23
58.03S	P # 19A	Male 13-14 100 Free	COLSL-SL	14	---	0.59
2:28.13S	P # 21A	Male 13-14 200 Back	COLSL-SL	25	---	5.25
28.92S	P # 27A	Male 13-14 50 Back	COLSL-SL	5	---	-0.38
29.23S	F # 27A	Male 13-14 50 Back	COLSL-SL	7	2	-0.07
2:30.53S	P # 33A	Male 13-14 200 IM	COLSL-SL	35	---	6.15
NS	P # 44A	Male 13-14 50 Free	COLSL-SL	---	---	---
1:05.13S	F # 48A	Male 13-14 100 IM	COLSL-SL	6	3	-0.23

1:05.62S	P # 48A	Male 13-14 100 IM	COLSL-SL	5	---	0.26
Wiegersma, Natalie J (19) F						
1:00.94S	F # 1C	Female 17 & Over 100 Back	WAVSL-SL	3	6	-0.39
1:01.90S	P # 1C	Female 17 & Over 100 Back	WAVSL-SL	2	---	0.57
55.44S	F # 20C	Female 17 & Over 100 Free	WAVSL-SL	4	5	-0.45
55.94S	P # 20C	Female 17 & Over 100 Free	WAVSL-SL	1	---	0.05
1:09.32S	F # 28C	Female 17 & Over 100 Breast	WAVSL-SL	2	7	-1.83
1:11.78S	P # 28C	Female 17 & Over 100 Breast	WAVSL-SL	3	---	0.63
26.07S	F # 30C	Female 17 & Over 50 Free	WAVSL-SL	5	4	0.09
26.34S	P # 30C	Female 17 & Over 50 Free	WAVSL-SL	5	---	0.36
59.59S	F # 45C	Female 17 & Over 100 Fly	WAVSL-SL	2	7	-0.58
1:00.70S	P # 45C	Female 17 & Over 100 Fly	WAVSL-SL	1	---	0.53

Team Managers Report

Swim Meet 2010 New Zealand Juniors
Date/s 20/21 February 2010
Location Christchurch
Pool QE11
Manager Nigel Soper
Assistant Manager/s Tania Hamilton
Coach/s Aidan Withington

Team Members:

Josh Hamilton Hannah Morgan Liam Cullen Ellice Soper Katie Grant
Olivia Thornbury Toby Flatley Taylor Holden Henry Sullivan Molly Butt Gabbi Mcleay
Thomas Kennelly Tom Wylie Harrison Finnerty

Accommodation Name: Ashford Motor Lodge
 Address: Papanui Road
 Christchurch
 CHRISTCHURCH

Comments

Small issue with room changes on arrival, a bit of road noise in units 2 and 3 Fri/Sat night but other than that excellent.

Pool was great on Friday night.

Meals were self catered

Travel

Own travel arrangements were made.

No hassle's all parents and swimmers knew there arrangements and everything went like clock work.

Transport

Options Rentals

Vans were very good, pick ups were well organised.

Performance Summary

Team Performance

Swimming Southland 2010 NZ Junior Championships

REGIONAL ANALYSIS

Individual Medallists:

1 x 1 st Placing	SWIMMER	CLUB	EVENT	ENTRY TIME	FINAL TIME
	Josh Hamilton (12)	MKU	50FR	28.51	27.83

3 x 2 nd Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	FINAL TIME
	Josh Hamilton (12)	MKU	100 FR	1.02.19	1.01.42
	Hannah Morgan (12)	MKU	200 BK	2.37.76	2.35.19
	Hannah Morgan (12)	MKU	100 FR	1.06.61	1.04.73

1 x 3 rd Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	FINAL TIME
	Hannah Morgan (12)	MKU	50 BK	34.06	33.65

10 x Top 10 Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	FINAL TIME
	Liam Cullen (11) 4th	WAV	50 BR	43.35	40.77
	Liam Cullen (11) 4th	WAV	200 BR	3.22.42	3.15.37
	Liam Cullen (11) 6th	WAV	100 BR	1.35.07	1.32.54
	Josh Hamilton (12) 4th	MKU	400 IM	5.40.67	5.31.38
	Josh Hamilton (12) 6th	MKU	200 FR	2.16.08	2.18.33
	Josh Hamilton (12) 10th	MKU	200 BR	3.02.23	3.03.64
	Hannah Morgan (12) 5th	MKU	200 FR	2.21.41	2.20.28

	Hannah Morgan (12) 4th	MKU	100 BK	1.15.41	1.13.75
	Hannah Morgan (12) 5th	MKU	400 FR	4.58.16	4.59.41
	Ellice Soper (11) 9th	COL	50 BR	43.12	42.25

Southland Records:

1	SWIMMER	CLUB	EVENT	AGE	OLD TIME	NEW TIME
	Hannah Morgan	MKU	50 Back	12/13 year	33.84	33.65

Club Rankings Nationally:

Rank	Club	1st	2nd	3rd	4-8th	Points		
17	Murihiku	1	3	1	6	58		
40	Waverley				3	13		

PB% by Club (using Best Long Course Entry Times):

Rank	Club	Swimmers	Swims	PBs	PB%			
1	Collegiate	2	8	5	62.50%			
2	Murihiku	4	22	12	54.54%			
3=	Hokonui	1	2	1	50.00%			
3=	Waverley	2	6	3	50.00%			
5	Orca	5	19	7	36.84%			
		14	57	28	49.12%			

There were some outstanding performances from Josh Hamilton, Hannah Morgan and Liam Cullen with Ellice Soper also having a top 10 finish.

Josh's Gold Medal swim in the 50 Free was a fantastic effort and the swim of the meet, he also backed up the Gold with a Silver in the 100 free, he also finished 4th in the 400 IM, with a 6th in the 200 free and 10th in the 200 Breast. Josh's other races also produced top 20 placings with a 12th and 16th.

Hannah also had an excellent Juniors, with Silver Medals in the 100 Free and 200 Back followed up with a Bronze in the 50 back (which was also a Southland Record). She also finished 4th in the 100 Back, 5th in both the 200 and 400 freestyle. Hannah only finished outside the top 10 in the 50 Free where she was 11th.

Liam Cullen starred in the boys Breaststroke races with 4ths in both the 50 and 200 Breaststroke races with good P/B, and carried that form into the 100 Breaststroke when he defeated a very good swimmer from Oamaru and finished 6th in NZ.

Ellice Soper was the other top 10 finisher with a 9th in the 50th Breaststroke. Ellice also had 5 other placings these being 11th 12th 15th 16th and 17th.

All swimmers swam to their ability with other notable performances Katie Grant 12th in the 100 fly, Olivia Thornbury 14th 100 fly 15th 50 free and 17th in the 100 free, Taylor Holden also had 2 top 20 placing with 15th in the 100 Fly and 18th in the 100 Breast.

The Relay teams went sound races and were unfortunate in the Boys 200 free to be DQ when they finished 3rd.

Discipline

No Issues

General

Good meet for all concerned; the swimmers went there with the intention to perform to the best of their ability.

Aidan gave all the swimmers the opportunity to excel and this showed through in the results.

Only issue I have is to look at relay team selection, may need to be based on current form, but I know Fiona doesn't get much help in this area.

Signed:
Nigel Soper

Individual Meet Results**2010 NZ Junior Championships 20-Feb-10 to 21-Feb-10 LC Meters****Location: Hamilton-Wellington-Christchurch**

Time	F/P/S	Event		Place	Point	Improv
Butt, Molly (10) F						
35.47L	F # 69	Female 10 & Under 50 Free	COLSL-SL	28	---	-0.62
Cullen, Liam M (11) M						
40.77L	F # 6	Male 11-11 50 Breast	WAVSL-SL	4	---	-2.58
3:15.37L	F # 44	Male 11-11 200 Breast	WAVSL-SL	4	---	-7.05
33.98L	F # 72	Male 11-11 50 Free	WAVSL-SL	42	---	0.01
1:32.54L	F # 80	Male 11-11 100 Breast	WAVSL-SL	6	---	-2.53
Finnerty, Harrison J (12) M						
36.41L	F # 40	Male 12-12 50 Fly	MKUSL-SL	44	---	0.10
32.21L	F # 74	Male 12-12 50 Free	MKUSL-SL	51	---	0.02
Flatley, Toby O (12) M						
31.24L	F # 74	Male 12-12 50 Free	OCASL-SL	30	---	-0.74
Grant, Katie A (11) F						
1:23.69L	F # 11	Female 11-11 100 Fly	OCASL-SL	12	---	-4.33
37.63L	F # 37	Female 11-11 50 Fly	OCASL-SL	32	---	1.07
3:31.45L	F # 43	Female 11-11 200 Breast	OCASL-SL	24	---	4.60
3:05.56L	F # 65	Female 11-11 200 IM	OCASL-SL	28	---	2.54
35.22L	F # 71	Female 11-11 50 Free	OCASL-SL	41	---	1.39
Hamilton, Josh (12) M						
5:31.38L	F # 2	Male 12 & Under 400 IM	MKUSL-SL	4	---	-9.29
1:01.42L	F # 26	Male 12-12 100 Free	MKUSL-SL	2	---	-0.77
2:18.33L	F # 34	Male 12-12 200 Free	MKUSL-SL	6	---	2.25
3:03.64L	F # 46	Male 12-12 200 Breast	MKUSL-SL	10	---	1.41
35.06L	F # 60	Male 12-12 50 Back	MKUSL-SL	16	---	-0.24
27.83L	F # 74	Male 12-12 50 Free	MKUSL-SL	1	---	-0.68
1:27.72L	F # 82	Male 12-12 100 Breast	MKUSL-SL	12	---	-1.72
Holden, Taylor G (12) M						
40.85L	F # 8	Male 12-12 50 Breast	MKUSL-SL	18	---	0.07
1:16.59L	F # 14	Male 12-12 100 Fly	MKUSL-SL	15	---	0.35
35.06L	F # 40	Male 12-12 50 Fly	MKUSL-SL	33	---	1.10
3:11.74L	F # 46	Male 12-12 200 Breast	MKUSL-SL	20	---	-4.40
32.19L	F # 74	Male 12-12 50 Free	MKUSL-SL	50	---	0.95
1:31.75L	F # 82	Male 12-12 100 Breast	MKUSL-SL	22	---	1.10
Kennelly, Thomas J (12) M						
35.13L	F # 40	Male 12-12 50 Fly	WAVSL-SL	34	---	---
31.69L	F # 74	Male 12-12 50 Free	WAVSL-SL	44	---	-0.47
McLeay, Gabbi E (12) F						
47.39L	F # 7	Female 12-12 50 Breast	OCASL-SL	27	---	-0.49
1:12.61L	F # 25	Female 12-12 100 Free	OCASL-SL	43	---	4.17
1:25.21L	F # 51	Female 12-12 100 Back	OCASL-SL	54	---	4.33
39.01L	F # 59	Female 12-12 50 Back	OCASL-SL	40	---	1.97

32.44L	F # 73	Female 12-12 50 Free	OCASL-SL	43	---	1.07
Morgan, Hannah E (12) F						
2:35.19L	F # 19	Female 12-12 200 Back	MKUSL-SL	2	---	-2.57
1:04.73L	F # 25	Female 12-12 100 Free	MKUSL-SL	2	---	-1.88
2:20.28L	F # 33	Female 12-12 200 Free	MKUSL-SL	5	---	-1.13
1:13.75L	F # 51	Female 12-12 100 Back	MKUSL-SL	4	---	-1.66
33.65L	F # 59	Female 12-12 50 Back	MKUSL-SL	3	---	-0.41
4:59.41L	F # 61	Female 12 & Under 400 Free	MKUSL-SL	5	---	1.25
30.52L	F # 73	Female 12-12 50 Free	MKUSL-SL	11	---	-0.20
Soper, Ellice D (11) F						
42.25L	F # 5	Female 11-11 50 Breast	COLSL-SL	9	---	-0.87
1:24.65L	F # 11	Female 11-11 100 Fly	COLSL-SL	15	---	-2.36
2:37.26L	F # 31	Female 11-11 200 Free	COLSL-SL	17	---	0.57
3:21.21L	F # 43	Female 11-11 200 Breast	COLSL-SL	11	---	-0.28
39.02L	F # 57	Female 11-11 50 Back	COLSL-SL	24	---	0.31
2:58.72L	F # 65	Female 11-11 200 IM	COLSL-SL	16	---	0.77
1:34.17L	F # 79	Female 11-11 100 Breast	COLSL-SL	12	---	-1.43
Sullivan, Henry G (12) M						
34.86L	F # 40	Male 12-12 50 Fly	HOKSL-SL	30	---	-0.24
32.47L	F # 74	Male 12-12 50 Free	HOKSL-SL	53	---	0.91
Thornbury, Olivia P (11) F						
1:24.60L	F # 11	Female 11-11 100 Fly	OCASL-SL	14	---	-3.90
1:12.08L	F # 23	Female 11-11 100 Free	OCASL-SL	17	---	-1.61
36.46L	F # 37	Female 11-11 50 Fly	OCASL-SL	23	---	-1.36
1:25.22L	F # 49	Female 11-11 100 Back	OCASL-SL	26	---	1.64
39.38L	F # 57	Female 11-11 50 Back	OCASL-SL	29	---	0.11
32.68L	F # 71	Female 11-11 50 Free	OCASL-SL	15	---	-0.32
Wylie, Tom C (12) M						
34.89L	F # 40	Male 12-12 50 Fly	OCASL-SL	31	---	-0.50
33.13L	F # 74	Male 12-12 50 Free	OCASL-SL	57	---	0.99

Team Managers Report

Swim Meet South Island Country & Town Competition
Date/s 27-28 February 2010
Location Invercargill
Pool Splash Palace
Manager Suzie Harrington
Assistant Manager/s Philippa Marshall, Sheryll Joyce, Sue Carruthers, Christine Barclay
Coach/s David Prattley (Head Coach), Aidan Withington

Team Members (53)

Kelsi Hutchinson (BLF), Megan Horne (COL), Emily Joyce (COL), Marrissa Johnston (WAI), Flynn Thomas (WAI), Hana Beck (WAV), Samuel Cullen (WAV), Kimin Kim (WAV), Josh Bolger (FIO), Bradley Carruthers (FIO), Jennifer Carruthers (FIO), Rebecca Carruthers (FIO), Greer Collinson (FIO), Natasha Cribb (FIO), Julia Fauth (FIO), Sophie Huntington (FIO), William Kirkwood (FIO), Anna Macdonald (FIO), Ben Macdonald (FIO), Janie Pei (FIO), Alec Sanders (FIO), Ben Schuck (FIO), Krystee Barclay (HOK), Danielle Guise (HOK), Claudia la Hood (HOK), Laura McVicar (HOK), Sasha Nicholson (HOK), Caleb Stevenson (HOK), Shaye Taylor (HOK), Hannah Thomas (HOK), Emma Cumming (MKU), Mitchell Holden (MKU), William Howie (MKU), Amy Strang (MKU), Daniel Strang (MKU), Lilly Tomlins (MKU), Troy Tomlins (MKU), Alison Yorkstone (MKU), Alan Cloake (OCA), Devon Crooks (OCA), Jackson Crooks (OCA), Chris Grant (OCA), Dean Grant (OCA), Shaun Grant (OCA), Maggie Harrington (OCA), Hannah Lieshout (OCA), Kyla Marshall (OCA), William Marshall (OCA), Emma McLeay (OCA), Poppy McLeay (OCA), Jordan Michels (OCA), Lucy Pierce (OCA), Mikaela Sotutu (OCA)

Accommodation N/A

Travel
N/A

Transport

Own transport was made to & from the pool

Performance Summary

Swimming Southland 2010 South Island Country & Town Competition

REGIONAL ANALYSIS

Individual Medallists

28 x 1 st Placing	SWIMMER	CLUB	EVENT	SC ENTRY TIME	FINAL TIME
	Alec Sanders	FIO	100 IM	1.16.66	1.15.22
	Alec Sanders	FIO	50 Fly	33.37	31.15
	Alec Sanders	FIO	50 Free	28.95	28.26
	Alec Sanders	FIO	100 Free	1.02.63	1.01.42
	Krystee Barclay	HOK	200 Free	2.37.73	2.36.32
	Krystee Barclay	HOK	200 Back	3.02.76	2.50.90
	Krystee Barclay	HOK	50 Free	32.67	31.96
	Krystee Barclay	HOK	100 Free	1.13.66	1.10.81
	Alan Cloake	OCA	100 Back	1.25.11	1.19.93
	Christ Grant	OCA	50 Back	47.73	42.98
	Chris Grant	OCA	100 IM	1.45.46	1.33.63
	Chris Grant	OCA	50 Fly	50.67	42.12
	Chris Grant	OCA	50 Free	39.41	36.48
	Chris Grant	OCA	100 Back		1.31.66
	Chris Grant	OCA	100 Free	1.29.29	1.22.24
	Danielle Guise	HOK	200 Breast	3.07.06	3.06.89
	Danielle Guise	HOK	200 Free	2.33.20	2.32.00
	Danielle Guise	HOK	100 IM	2.23.27	1.21.43
	Danielle Guise	HOK	200 Back	2.55.90	2.54.69
	Danielle Guise	HOK	100 Breast	1.27.42	1.28.51
	Danielle Guise	HOK	100 Back	1.18.72	1.20.28
	Danielle Guise	HOK	200 IM	2.58.93	2.51.72

	Danielle Guise	HOK	50 Breast	40.52	40.63
	Emily Joyce	COL	50 Fly	45.84	43.55
	William Marshall	OCA	200 Breast	3.33.68	3.26.43
	William Marshall	OCA	50 Breast	46.21	43.00
	Laura McVicar	HOK	200 Free	2.36.32	2.31.20
	Laura McVicar	HOK	100 Free	1.09.81	1.11.70
1 Relay 1st	STH	11/12 200 Free Krystee Barclay, William Marshall, Caleb Stevenson, Shaun Grant			

16 x2nd Placings	SWIMMER	CLUB	EVENT	SC ENTRY TIME	FINAL TIME
	Krystee Barclay	HOK	50 Back	37.92	37.29
	Krystee Barclay	HOK	100 Back	1.24.41	1.20.45
	Krystee Barclay	HOK	200 IM	3.03.93	3.01.10
	Jackson Crooks	OCA	50 Free	39.67	37.60
	Jackson Crooks	OCA	50 Breast	55.49	50.54
	Jackson Crooks	OCA	100 Free	1.31.75	1.26.54
	Chris Grant	OCA	100 Breast	1.59.00	1.52.68
	Chris Grant	OCA	100 Fly		1.43.78
	Emily Joyce	COL	100 Fly	1.51.92	1.40.19
	Claudia La Hood	HOK	50 Breast	44.70	42.72
	William Marshall	OCA	50 Fly	42.56	36.85
	Laura McVicar	HOK	50 Back	37.05	36.63
	Laura McVicar	HOK	100 IM	1.24.69	1.21.44
	Laura McVicar	HOK	200 Back	2.47.44	2.46.75
	Laura McVicar	HOK	50 Free	33.08	32.04
	Laura McVicar	HOK	200 IM	3.05.53	3.00.41
4 Relay 2nd	STH	15 & O 200 Medley Jennifer Carruthers, Danielle Guise, Alec Sanders, Alison Yorkstone 11/12 200 Medley Krystee Barclay, Claudia la Hood, William Marshall, Shaun Grant 10 & U 200 Medley Emily Joyce, Jackson Crooks, Chris Grant, Ben Macdonald 15 & O 200 Free Alec Sanders, Jennifer Carruthers, Alison Yorkstone, Danielle Guise			

10 x 3rd Placings	SWIMMER	CLUB	EVENT	SC ENTRY TIME	FINAL TIME
	Krystee Barclay	HOK	100 IM	1.26.44	1.24.12
	Alan Cloake	OCA	50 Back	36.99	37.15
	Chris Grant	OCA	50 Breast	55.70	51.15
	William Howie	MKU	50 Back	48.94	45.30
	William Howie	MKU	100 Back		1.41.83
	Emily Joyce	COL	100 IM	1.39.58	1.36.16
	William Marshall	OCA	100 Breast	1.38.20	1.36.91
	William Marshall	OCA	200 IM	3.17.73	3.00.15
	Caleb Stevenson	HOK	200 Free	2.46.07	2.34.06
	Caleb Stevenson	HOK	50 Free	33.59	32.14
1 Relay 3rd	STH	13/14 200 Medley Laura McVicar Marrison Johnson Alan Cloake Sasha Nicholson 10 & U 200 Free Jackson Crooks Emily Joyce Ben Macdonald Chris Grant			

Southland Records: NIL

	SWIMMER	CLUB	EVENT	AGE	OLD TIME	NEW TIME
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Meet Records:

	SWIMMER	CLUB	EVENT	AGE	NEW TIME
	Danielle Guise	HOK	200 Breast	15 & O	3.06.89
	Alec Sanders	FIO	100 IM	15 & O	1.15.22
	Krystee Barclay	HOK	200 Back	11/12	2.50.90
	Emily Joyce	COL	50 Fly	10 & U	43.55
	Alec Sanders	FIO	50 Fly	15 & O	31.15
	Danielle Guise	FIO	100 Breast	15 & O	1.28.51
	Krystee Barclay	HOK	50 Free	11/12	31.96
	Alec Sanders	FIO	50 Free	15 & O	28.26
	Chris Grant	OCA	100 Back	10 & U	1.31.66
	Danielle Guise	HOK	100 Back	15 & O	1.20.28
	Danielle Guise	HOK	200 IM	15 & O	2.51.72
	William Marshall	OCA	50 Breast	11/12	43.00
	Danielle Guise	HOK	50 Breast	15 & O	40.63
	Krystee Barclay	HOK	100 Free	11/12	1.10.81
	Laura McVicar	HOK	100 Free	13/14	1.09.81
	Alec Sanders	FIO	100 Free	15 & O	1.01.42
	Krystee Barclay William Marshall Caleb Stevenson Shaun Grant	STH	200 Free Relay	11/12	2.07.91

Club Rankings

Rank	Club	Points
2	Hokonui	194.50
4	Orca	149
17	Fiordland	41
19	Murihiku	26.50
21	Collegiate	23
25	Waverley	11
26=	Waiau	6

Regional; Rankings

Rank	Region	Points	Swimmers	Average
1	Nelson Marl	65	4	16.25
2	Cant WC	326	24	13.58
3	Otago	671	51	13.16
4	Southland	402	53	7.58
5	Eastern Districts	342	53	6.45

PB% by Club (using Best Short Course Entry Times):

Rank	Club	Swimmers	Swims	PBs	PB%
1	Bluff	1	3	3	100%
2	Orca	15	87	81	93.10%
3	Fiordland	14	57	53	92.98%
4	Collegiate	2	13	11	84.61%
5	Hokonui	8	55	45	81.81%
6	Murihiku	8	46	37	80.43%
7	Waiau	2	11	8	72.72%
8	Waverley	3	17	10	58.82%
		53	289	248	85.81%

Swimmers achieving 100% PBs (29)

Bradley Carruthers, Jennifer Carruthers, Rebecca Carruthers, Greer Collinson, Devon Crooks, Julia Fauth, Chris Grant, Dean Grant, Shaun Grant, Maggie Harrington, Megan Horne, Kelsi Hutchinson, William Howie, William Kirkwood, Hannah Lieshout, Ben Macdonald, Kyla Marshall, Emma McLeay, Poppy McLeay, Jordan Michels, Janie Pei, Alec Sanders, Mikaela Sotutu, Caleb Stevenson, Daniel Strang, Shaye Taylor, Flynn Thomas, Lilly Tomlins

Discipline

One swimmer went "AWOL" for about 10 minutes but was located in the Wave pool having a play!! A friendly reminder was given.

All the swimmers from the youngest to the oldest were very well behaved, polite to coaches, managers and fellow swimmers.

No problems with being late to marshalling.

General

A great bunch of swimmers. Excellent at supporting fellow team members. We had complaints by the public that we were too loud and enthusiastic in our cheering of each other!!

Great team morale in relays.

A really positive team

Signed: **Suzie Harrington**

Individual Meet Results

South Island Country & Town Competition 27-Feb-10 to 28-Feb-10 SC Meters
Location: Splash Palace Invercargill

Time	F/P/S	Event		Place	Points	Improv
Barclay, Krystee S (12) F						
37.29S	F # 9	Female 11-12 50 Back	HOKSL-SL	2	6	-0.63
2:36.32S	F # 14A	Female 12 & Under 200 Free	HOKSL-SL	1	8	-1.39
1:24.12S	F # 18	Female 11-12 100 IM	HOKSL-SL	3	4	-2.32
2:50.90S	F # 23A	Female 12 & Under 200 Back	HOKSL-SL	1	8	-11.86
38.25S	F # 27	Female 11-12 50 Fly	HOKSL-SL	5	2	-1.04
31.96S	F # 45	Female 11-12 50 Free	HOKSL-SL	1	8	-0.71
1:20.45S	F # 53	Female 11-12 100 Back	HOKSL-SL	2	6	-3.96
3:01.10S	F # 58A	Female 12 & Under 200 IM	HOKSL-SL	2	6	-2.83
1:31.10S	F # 62	Female 11-12 100 Fly	HOKSL-SL	4	3	3.70
1:10.81S	F # 78	Female 11-12 100 Free	HOKSL-SL	1	8	-2.85
Beck, Hana A (10) F						
46.34S	F # 7	Female 10 & Under 50 Back	WAVSL-SL	10	---	-3.07
1:42.88S	F # 16	Female 10 & Under 100 IM	WAVSL-SL	8	---	-5.95
49.89S	F # 25	Female 10 & Under 50 Fly	WAVSL-SL	7	---	-1.26
38.37S	F # 43	Female 10 & Under 50 Free	WAVSL-SL	4	3	-1.96
1:44.71S	F # 51	Female 10 & Under 100 Back	WAVSL-SL	7	---	0.38
50.58S	F # 68	Female 10 & Under 50 Breast	WAVSL-SL	5	2	-4.35
1:27.18S	F # 76	Female 10 & Under 100 Free	WAVSL-SL	5	2	-5.38
Bolger, Joshua D (10) M						
1:02.79S	DQ	F # 6	Male 10 & Under 50 Back	FIOSL-SL	---	---
41.69S	F # 42	Male 10 & Under 50 Free	FIOSL-SL	15	---	-1.15
Carruthers, Bradley P (9) M (01)						
41.22S	F # 42	Male 10 & Under 50 Free	FIOSL-SL	12	---	-4.89
57.76S	F # 67	Male 10 & Under 50 Breast	FIOSL-SL	10	---	---
Carruthers, Jennifer J (13) F (01)						
39.47S	F # 11	Female 13-14 50 Back	FIOSL-SL	8	---	-3.11
1:30.01S	F # 20	Female 13-14 100 IM	FIOSL-SL	18	---	-13.94
41.15S	F # 29	Female 13-14 50 Fly	FIOSL-SL	9	---	-2.77
1:44.79S	F # 37	Female 13-14 100 Breast	FIOSL-SL	14	---	-12.01
34.90S	F # 47	Female 13-14 50 Free	FIOSL-SL	12	---	-2.32
1:31.80S	F # 55	Female 13-14 100 Back	FIOSL-SL	11	---	-2.41
1:20.63S	F # 80	Female 13-14 100 Free	FIOSL-SL	21	---	-8.95
Carruthers, Rebecca J (11) F (01)						
52.37S	F # 9	Female 11-12 50 Back	FIOSL-SL	32	---	-3.82
45.09S	F # 27	Female 11-12 50 Fly	FIOSL-SL	24	---	-6.22
38.25S	F # 45	Female 11-12 50 Free	FIOSL-SL	40	---	-3.17
Cloake, Alan A (13) M						
3:19.65S	F # 5D	Male 13-14 200 Breast	OCASL-SL	4	3	-0.63
37.15S	F # 10	Male 13-14 50 Back	OCASL-SL	3	4	0.16
1:25.39S	F # 19	Male 13-14 100 IM	OCASL-SL	6	1	-0.98
38.88S	F # 28	Male 13-14 50 Fly	OCASL-SL	5	2	0.80
1:31.67S	F # 36	Male 13-14 100 Breast	OCASL-SL	4	3	-1.62
35.09S	F # 46	Male 13-14 50 Free	OCASL-SL	10	---	0.01
1:19.93S	F # 54	Male 13-14 100 Back	OCASL-SL	1	8	-5.18
42.39S	F # 71	Male 13-14 50 Breast	OCASL-SL	6	1	-1.27
1:13.55S	F # 79	Male 13-14 100 Free	OCASL-SL	6	1	-2.85
Collinson, Greer C (12) F (02)						
43.73S	F # 9	Female 11-12 50 Back	FIOSL-SL	25	---	-1.39
43.52S	F # 27	Female 11-12 50 Fly	FIOSL-SL	21	---	-2.37
34.93S	F # 45	Female 11-12 50 Free	FIOSL-SL	10	---	-3.90
1:21.83S	F # 78	Female 11-12 100 Free	FIOSL-SL	25	---	-5.72
Cribb, Natasha M (12) F (01)						
45.00S	F # 9	Female 11-12 50 Back	FIOSL-SL	28	---	1.10
40.98S	F # 27	Female 11-12 50 Fly	FIOSL-SL	10	---	-5.37
36.91S	F # 45	Female 11-12 50 Free	FIOSL-SL	28	---	-1.71
53.46S	F # 70	Female 11-12 50 Breast	FIOSL-SL	28	---	-7.12
Crooks, Devon B (12) F						
43.05S	F # 27	Female 11-12 50 Fly	OCASL-SL	17	---	-1.89
1:45.80S	F # 35	Female 11-12 100 Breast	OCASL-SL	17	---	-9.90

36.05S	F # 45	Female 11-12 50 Free	OCASL-SL	20	---	-2.28
1:45.82S	F # 62	Female 11-12 100 Fly	OCASL-SL	8	---	---
1:23.05S	F # 78	Female 11-12 100 Free	OCASL-SL	29	---	-6.73
Crooks, Jackson B (10) M						
47.11S	F # 6	Male 10 & Under 50 Back	OCASL-SL	7	---	0.03
1:47.67S	F # 15	Male 10 & Under 100 IM	OCASL-SL	6	1	-1.69
1:57.91S DQ	F # 32	Male 10 & Under 100 Breast	OCASL-SL	---	---	---
37.60S	F # 42	Male 10 & Under 50 Free	OCASL-SL	2	6	-2.07
50.54S	F # 67	Male 10 & Under 50 Breast	OCASL-SL	2	6	-4.95
1:26.54S	F # 75	Male 10 & Under 100 Free	OCASL-SL	2	6	-5.21
Cullen, Samuel J (9) M						
45.56S	F # 42	Male 10 & Under 50 Free	WAVSL-SL	24	---	-6.06
1:04.94S DQ	F # 67	Male 10 & Under 50 Breast	WAVSL-SL	---	---	---
Cumming, Emma M (12) F						
42.32S DQ	F # 9	Female 11-12 50 Back	MKUSL-SL	---	---	---
1:30.40S	F # 18	Female 11-12 100 IM	MKUSL-SL	12	---	-5.50
43.28S	F # 27	Female 11-12 50 Fly	MKUSL-SL	19	---	-1.25
1:40.40S	F # 35	Female 11-12 100 Breast	MKUSL-SL	10	---	-1.91
38.23S	F # 45	Female 11-12 50 Free	MKUSL-SL	39	---	0.41
1:33.38S	F # 53	Female 11-12 100 Back	MKUSL-SL	19	---	-12.09
46.81S	F # 70	Female 11-12 50 Breast	MKUSL-SL	11	---	-2.21
1:21.11S	F # 78	Female 11-12 100 Free	MKUSL-SL	21	---	-5.40
Fauth, Julia C (12) F						
3:38.71S	F # 5A	Female 12 & Under 200 Breast	FIOSL-SL	12	---	---
1:36.82S	F # 18	Female 11-12 100 IM	FIOSL-SL	16	---	-5.57
45.91S	F # 27	Female 11-12 50 Fly	FIOSL-SL	27	---	-2.97
1:41.90S	F # 35	Female 11-12 100 Breast	FIOSL-SL	12	---	-7.56
47.11S	F # 70	Female 11-12 50 Breast	FIOSL-SL	13	---	-1.50
1:23.93S	F # 78	Female 11-12 100 Free	FIOSL-SL	32	---	-7.83
Grant, Chris J (10) M						
42.98S	F # 6	Male 10 & Under 50 Back	OCASL-SL	1	8	-4.75
1:33.63S	F # 15	Male 10 & Under 100 IM	OCASL-SL	1	8	-11.83
42.12S	F # 24	Male 10 & Under 50 Fly	OCASL-SL	1	8	-8.55
1:52.68S	F # 32	Male 10 & Under 100 Breast	OCASL-SL	2	6	-6.32
36.48S	F # 42	Male 10 & Under 50 Free	OCASL-SL	1	8	-2.93
1:31.66S	F # 50	Male 10 & Under 100 Back	OCASL-SL	1	8	---
1:43.78S	F # 59	Male 10 & Under 100 Fly	OCASL-SL	2	6	---
51.15S	F # 67	Male 10 & Under 50 Breast	OCASL-SL	3	4	-4.55
1:22.24S	F # 75	Male 10 & Under 100 Free	OCASL-SL	1	8	-7.05
Grant, Dean (8) M						
42.23S	F # 42	Male 10 & Under 50 Free	OCASL-SL	19	---	-1.72
1:36.70S	F # 75	Male 10 & Under 100 Free	OCASL-SL	12	---	-8.03
Grant, Shaun J (12) M						
41.83S	F # 8	Male 11-12 50 Back	OCASL-SL	18	---	-0.65
1:27.52S	F # 17	Male 11-12 100 IM	OCASL-SL	8	---	-5.07
39.79S	F # 26	Male 11-12 50 Fly	OCASL-SL	7	---	-1.01
1:41.58S	F # 34	Male 11-12 100 Breast	OCASL-SL	5	2	-3.73
32.49S	F # 44	Male 11-12 50 Free	OCASL-SL	6	1	-3.01
1:28.79S	F # 52	Male 11-12 100 Back	OCASL-SL	12	---	-5.72
1:32.75S	F # 61	Male 11-12 100 Fly	OCASL-SL	4	3	-5.34
45.21S	F # 69	Male 11-12 50 Breast	OCASL-SL	5	2	-0.93
1:11.87S	F # 77	Male 11-12 100 Free	OCASL-SL	4	3	-8.90
Guisse, Danielle F (16) F						
3:06.89S	F # 5E	Female 15 & Over 200 Breast	HOKSL-SL	1	8	-0.17
2:32.00S	F # 14E	Female 15 & Over 200 Free	HOKSL-SL	1	8	-1.20
1:21.43S	F # 22	Female 15 & Over 100 IM	HOKSL-SL	1	8	-1.84
2:54.69S	F # 23E	Female 15 & Over 200 Back	HOKSL-SL	1	8	-1.21
1:28.51S	F # 39	Female 15 & Over 100 Breast	HOKSL-SL	1	8	1.09
1:20.28S	F # 57	Female 15 & Over 100 Back	HOKSL-SL	1	8	1.56
2:51.72S	F # 58E	Female 15 & Over 200 IM	HOKSL-SL	1	8	-7.21
40.63S	F # 74	Female 15 & Over 50 Breast	HOKSL-SL	1	8	0.11
Harrington, Maggie A (11) F						
3:31.26S	F # 5A	Female 12 & Under 200 Breast	OCASL-SL	7	---	-18.01

1:31.81S	F # 18	Female 11-12 100 IM	OCASL-SL	13	---	-4.73
43.37S	F # 27	Female 11-12 50 Fly	OCASL-SL	20	---	-4.68
1:40.06S	F # 35	Female 11-12 100 Breast	OCASL-SL	9	---	-4.49
38.15S	F # 45	Female 11-12 50 Free	OCASL-SL	36	---	-0.16
44.96S	F # 70	Female 11-12 50 Breast	OCASL-SL	8	---	-3.29
1:23.50S	F # 78	Female 11-12 100 Free	OCASL-SL	30	---	-14.19
Holden, Mitchell R (11) M						
45.47S	F # 8	Male 11-12 50 Back	MKUSL-SL	24	---	2.09
1:34.36S	F # 17	Male 11-12 100 IM	MKUSL-SL	22	---	2.52
42.32S	F # 26	Male 11-12 50 Fly	MKUSL-SL	14	---	1.84
1:45.90S DQ	F # 34	Male 11-12 100 Breast	MKUSL-SL	---	---	---
38.98S	F # 44	Male 11-12 50 Free	MKUSL-SL	28	---	4.56
47.31S	F # 69	Male 11-12 50 Breast	MKUSL-SL	10	---	-1.92
1:16.25S	F # 77	Male 11-12 100 Free	MKUSL-SL	12	---	0.24
Horne, Megan A (11) F						
45.97S	F # 9	Female 11-12 50 Back	COLSL-SL	31	---	---
42.17S	F # 27	Female 11-12 50 Fly	COLSL-SL	15	---	---
36.89S	F # 45	Female 11-12 50 Free	COLSL-SL	27	---	---
1:25.26S	F # 78	Female 11-12 100 Free	COLSL-SL	36	---	---
Howie, William M (9) M						
45.30S	F # 6	Male 10 & Under 50 Back	MKUSL-SL	3	4	-3.64
1:46.21S	F # 15	Male 10 & Under 100 IM	MKUSL-SL	5	2	-7.61
42.38S	F # 42	Male 10 & Under 50 Free	MKUSL-SL	20	---	-0.16
1:41.83S	F # 50	Male 10 & Under 100 Back	MKUSL-SL	3	4	---
1:31.64S	F # 75	Male 10 & Under 100 Free	MKUSL-SL	9	---	-9.32
Huntington, Sophie Z (10) F (01)						
45.18S	F # 7	Female 10 & Under 50 Back	FIOSL-SL	6	1	-5.02
1:51.63S	F # 16	Female 10 & Under 100 IM	FIOSL-SL	13	---	0.75
41.78S	F # 43	Female 10 & Under 50 Free	FIOSL-SL	18	---	-0.35
1:41.85S	F # 51	Female 10 & Under 100 Back	FIOSL-SL	4	3	-7.31
1:35.81S	F # 76	Female 10 & Under 100 Free	FIOSL-SL	14	---	---
Hutchinson, Kelsi (12) F						
45.17S	F # 9	Female 11-12 50 Back	BLFSL-SL	29	---	-0.60
36.29S	F # 45	Female 11-12 50 Free	BLFSL-SL	23	---	-3.14
48.94S	F # 70	Female 11-12 50 Breast	BLFSL-SL	20	---	-3.81
Johnson, Marrison J (13) F						
3:29.11S	F # 5C	Female 13-14 200 Breast	WAISL-SL	6	1	-14.15
40.01S	F # 11	Female 13-14 50 Back	WAISL-SL	11	---	0.27
1:28.08S	F # 20	Female 13-14 100 IM	WAISL-SL	11	---	-0.98
41.83S	F # 29	Female 13-14 50 Fly	WAISL-SL	14	---	-1.83
1:36.18S	F # 37	Female 13-14 100 Breast	WAISL-SL	6	1	0.24
1:27.85S	F # 55	Female 13-14 100 Back	WAISL-SL	6	1	-0.20
43.30S	F # 72	Female 13-14 50 Breast	WAISL-SL	4	3	-1.36
1:17.67S	F # 80	Female 13-14 100 Free	WAISL-SL	16	---	1.65
Joyce, Emily L (10) F						
45.65S	F # 7	Female 10 & Under 50 Back	COLSL-SL	8	---	-0.52
1:36.16S	F # 16	Female 10 & Under 100 IM	COLSL-SL	3	4	-3.42
43.55S	F # 25	Female 10 & Under 50 Fly	COLSL-SL	1	8	-2.29
1:51.45S	F # 33	Female 10 & Under 100 Breast	COLSL-SL	4	3	-7.94
40.01S	F # 43	Female 10 & Under 50 Free	COLSL-SL	11	---	0.55
1:42.73S	F # 51	Female 10 & Under 100 Back	COLSL-SL	5	2	2.06
1:40.19S	F # 60	Female 10 & Under 100 Fly	COLSL-SL	2	6	-11.73
53.22S	F # 68	Female 10 & Under 50 Breast	COLSL-SL	10	---	-1.94
1:30.00S	F # 76	Female 10 & Under 100 Free	COLSL-SL	10	---	-0.64
Kim, Kimin Z (11) M						
3:37.45S	F # 5B	Male 12 & Under 200 Breast	WAVSL-SL	6	1	-9.44
43.73S	F # 8	Male 11-12 50 Back	WAVSL-SL	21	---	1.44

2:52.87S	F # 14B	Male 12 & Under 200 Free	WAVSL-SL	17	---	1.29
1:33.84S	F # 17	Male 11-12 100 IM	WAVSL-SL	20	---	0.93
44.61S	F # 26	Male 11-12 50 Fly	WAVSL-SL	18	---	1.34
1:40.12S	F # 34	Male 11-12 100 Breast	WAVSL-SL	4	3	-3.30
36.29S	F # 44	Male 11-12 50 Free	WAVSL-SL	18	---	1.02
46.27S	F # 69	Male 11-12 50 Breast	WAVSL-SL	7	---	-1.82
1:20.51S	F # 77	Male 11-12 100 Free	WAVSL-SL	21	---	2.11
Kirkwood, William O (11) M (01)						
36.46S	F # 44	Male 11-12 50 Free	FIOSSL-SL	20	---	-1.58
1:30.11S	F # 77	Male 11-12 100 Free	FIOSSL-SL	29	---	-2.66
La Hood, Claudia T (12) F						
3:26.11S	F # 5A	Female 12 & Under 200 Breast	HOKSL-SL	4	3	-11.88
42.00S	F # 9	Female 11-12 50 Back	HOKSL-SL	15	---	-3.85
1:30.05S	F # 18	Female 11-12 100 IM	HOKSL-SL	10	---	-1.69
1:34.88S	F # 35	Female 11-12 100 Breast	HOKSL-SL	4	3	-3.93
34.51S	F # 45	Female 11-12 50 Free	HOKSL-SL	5	2	-1.80
1:31.26S	F # 53	Female 11-12 100 Back	HOKSL-SL	16	---	-6.41
42.72S	F # 70	Female 11-12 50 Breast	HOKSL-SL	2	6	-1.98
1:21.42S	F # 78	Female 11-12 100 Free	HOKSL-SL	23	---	0.51
Lieshout, Hannah K (12) F						
3:08.53S	F # 23A	Female 12 & Under 200 Back	OCASL-SL	8	---	---
42.06S	F # 27	Female 11-12 50 Fly	OCASL-SL	14	---	-0.23
37.06S	F # 45	Female 11-12 50 Free	OCASL-SL	29	---	-0.33
1:30.91S	F # 53	Female 11-12 100 Back	OCASL-SL	14	---	---
3:08.92S	F # 58A	Female 12 & Under 200 IM	OCASL-SL	6	1	---
Macdonald, Anna S (11) F						
39.83S	F # 9	Female 11-12 50 Back	FIOSSL-SL	7	---	0.58
2:59.82S	F # 14A	Female 12 & Under 200 Free	FIOSSL-SL	17	---	-11.88
1:29.71S	F # 18	Female 11-12 100 IM	FIOSSL-SL	8	---	-0.81
3:05.26S	F # 23A	Female 12 & Under 200 Back	FIOSSL-SL	6	1	---
40.48S	F # 27	Female 11-12 50 Fly	FIOSSL-SL	9	---	-5.08
1:26.79S	F # 53	Female 11-12 100 Back	FIOSSL-SL	6	1	0.96
3:10.56S	F # 58A	Female 12 & Under 200 IM	FIOSSL-SL	9	---	-9.83
47.66S	F # 70	Female 11-12 50 Breast	FIOSSL-SL	15	---	-1.37
1:19.56S	F # 78	Female 11-12 100 Free	FIOSSL-SL	17	---	-1.48
Macdonald, Ben D (10) M						
50.79S	F # 6	Male 10 & Under 50 Back	FIOSSL-SL	13	---	-4.85
1:48.75S	F # 15	Male 10 & Under 100 IM	FIOSSL-SL	9	---	-10.99
41.23S	F # 42	Male 10 & Under 50 Free	FIOSSL-SL	13	---	-1.66
1:53.23S	F # 50	Male 10 & Under 100 Back	FIOSSL-SL	7	---	---
53.85S	F # 67	Male 10 & Under 50 Breast	FIOSSL-SL	5	2	-3.37
1:30.53S	F # 75	Male 10 & Under 100 Free	FIOSSL-SL	6	1	-9.01
Marshall, Kyla J (11) F						
44.43S	F # 9	Female 11-12 50 Back	OCASL-SL	27	---	-0.77
3:16.01S	F # 23A	Female 12 & Under 200 Back	OCASL-SL	15	---	-12.07
44.64S	F # 27	Female 11-12 50 Fly	OCASL-SL	23	---	-2.07
1:46.49S	F # 35	Female 11-12 100 Breast	OCASL-SL	22	---	-4.12
38.16S	F # 45	Female 11-12 50 Free	OCASL-SL	37	---	-2.68
1:36.99S	F # 53	Female 11-12 100 Back	OCASL-SL	24	---	-2.85
49.73S	F # 70	Female 11-12 50 Breast	OCASL-SL	23	---	-3.25
1:24.24S	F # 78	Female 11-12 100 Free	OCASL-SL	34	---	-4.45

Marshall, William T (12) M

3:26.43S	F # 5B	Male 12 & Under 200 Breast	OCASL-SL	1	8	-7.25
40.29S	F # 8	Male 11-12 50 Back	OCASL-SL	10	---	-0.60
2:50.91S	F # 14B	Male 12 & Under 200 Free	OCASL-SL	13	---	-5.68

1:25.68S	F # 17	Male 11-12 100 IM	OCASL-SL	7	---	-6.80
3:05.71S	F # 23B	Male 12 & Under 200 Back	OCASL-SL	7	---	-8.98
36.85S	F # 26	Male 11-12 50 Fly	OCASL-SL	2	6	-5.71
1:36.91S	F # 34	Male 11-12 100 Breast	OCASL-SL	3	4	-1.29
33.83S	F # 44	Male 11-12 50 Free	OCASL-SL	10	---	0.66
1:27.84S	F # 52	Male 11-12 100 Back	OCASL-SL	8	---	-3.52
3:00.15S	F # 58B	Male 12 & Under 200 IM	OCASL-SL	3	4	-17.58
1:36.91S	F # 61	Male 11-12 100 Fly	OCASL-SL	7	---	---
43.00S	F # 69	Male 11-12 50 Breast	OCASL-SL	1	8	-3.21
1:16.20S	F # 77	Male 11-12 100 Free	OCASL-SL	11	---	-0.14
McLeay, Emma (9) F						
54.97S	F # 25	Female 10 & Under 50 Fly	OCASL-SL	9	---	-11.73
46.55S	F # 43	Female 10 & Under 50 Free	OCASL-SL	21	---	-0.47
McLeay, Poppy (9) F						
50.77S	F # 7	Female 10 & Under 50 Back	OCASL-SL	13	---	-2.90
46.69S	F # 43	Female 10 & Under 50 Free	OCASL-SL	22	---	-1.99
McVicar, Laura J (14) F						
36.63S	F # 11	Female 13-14 50 Back	HOKSL-SL	2	6	-0.42
2:31.20S	F # 14C	Female 13-14 200 Free	HOKSL-SL	1	8	-5.12
1:21.44S	F # 20	Female 13-14 100 IM	HOKSL-SL	2	6	-3.25
2:46.75S	F # 23C	Female 13-14 200 Back	HOKSL-SL	2	6	-0.69
32.04S	F # 47	Female 13-14 50 Free	HOKSL-SL	2	6	-1.04
1:18.65S DQ	F # 55	Female 13-14 100 Back	HOKSL-SL	---	---	---
3:00.41S	F # 58C	Female 13-14 200 IM	HOKSL-SL	2	6	-5.12
1:09.81S	F # 80	Female 13-14 100 Free	HOKSL-SL	1	8	-1.89
Michels, Jordan P (12) M						
40.57S	F # 8	Male 11-12 50 Back	OCASL-SL	11	---	-1.63
2:52.75S	F # 14B	Male 12 & Under 200 Free	OCASL-SL	16	---	-7.65
1:31.20S	F # 17	Male 11-12 100 IM	OCASL-SL	14	---	-6.12
1:18.09S	F # 77	Male 11-12 100 Free	OCASL-SL	18	---	-14.65
Nicholson, Sasha A (14) F						
39.27S	F # 11	Female 13-14 50 Back	HOKSL-SL	7	---	-1.72
2:44.36S	F # 14C	Female 13-14 200 Free	HOKSL-SL	7	---	6.09
1:31.03S	F # 20	Female 13-14 100 IM	HOKSL-SL	19	---	0.63
41.21S	F # 29	Female 13-14 50 Fly	HOKSL-SL	10	---	0.97
33.67S	F # 47	Female 13-14 50 Free	HOKSL-SL	5	2	-0.96
1:29.08S	F # 55	Female 13-14 100 Back	HOKSL-SL	10	---	0.59
3:13.13S	F # 58C	Female 13-14 200 IM	HOKSL-SL	10	---	-3.59
1:14.37S	F # 80	Female 13-14 100 Free	HOKSL-SL	7	---	0.19
Pei, Janie E (10) F (02)						
52.36S	F # 7	Female 10 & Under 50 Back	FIOSSL-SL	16	---	-1.62
40.69S	F # 43	Female 10 & Under 50 Free	FIOSSL-SL	14	---	-3.06
Pierce, Lucy M (11) F						
1:46.47S	F # 35	Female 11-12 100 Breast	OCASL-SL	21	---	-6.04
45.20S	F # 45	Female 11-12 50 Free	OCASL-SL	44	---	3.60
46.76S	F # 70	Female 11-12 50 Breast	OCASL-SL	10	---	-2.69
Sanders, Alec R (17) M						
1:15.22S	F # 21	Male 15 & Over 100 IM	FIOSSL-SL	1	8	-1.44
31.15S	F # 30	Male 15 & Over 50 Fly	FIOSSL-SL	1	8	-2.22
28.26S	F # 48	Male 15 & Over 50 Free	FIOSSL-SL	1	8	-0.69
1:01.42S	F # 81	Male 15 & Over 100 Free	FIOSSL-SL	1	8	-1.21
Schuck, Ben (12) M (02)						
45.52S	F # 26	Male 11-12 50 Fly	FIOSSL-SL	19	---	-0.11
1:42.78S	F # 52	Male 11-12 100 Back	FIOSSL-SL	21	---	-3.27
Sotutu, Mikaela S (12) F						
3:33.21S	F # 5A	Female 12 & Under 200 Breast	OCASL-SL	8	---	---
1:37.32S	F # 35	Female 11-12 100 Breast	OCASL-SL	6	1	---
39.20S	F # 45	Female 11-12 50 Free	OCASL-SL	43	---	-1.60
44.41S	F # 70	Female 11-12 50 Breast	OCASL-SL	7	---	-3.79
Stevenson, Caleb (12) M						
39.83S	F # 8	Male 11-12 50 Back	HOKSL-SL	8	---	-1.80
2:34.06S	F # 14B	Male 12 & Under 200 Free	HOKSL-SL	3	4	-12.01
1:29.73S	F # 17	Male 11-12 100 IM	HOKSL-SL	9	---	-5.08

3:02.65S	F # 23B	Male 12 & Under 200 Back	HOKSL-SL	5	2	-15.07
32.14S	F # 44	Male 11-12 50 Free	HOKSL-SL	3	4	-1.45
1:28.42S	F # 52	Male 11-12 100 Back	HOKSL-SL	11	---	-5.88
3:09.83S	F # 58B	Male 12 & Under 200 IM	HOKSL-SL	7	---	-9.30
47.34S	F # 69	Male 11-12 50 Breast	HOKSL-SL	11	---	-2.52
1:12.72S	F # 77	Male 11-12 100 Free	HOKSL-SL	7	---	-1.92
Strang, Amy (11) F						
42.57S	F # 9	Female 11-12 50 Back	MKUSL-SL	19	---	-1.99
2:50.67S	F # 14A	Female 12 & Under 200 Free	MKUSL-SL	8	---	-19.70
1:31.24S DQ	F # 18	Female 11-12 100 IM	MKUSL-SL	---	---	---
3:09.56S	F # 23A	Female 12 & Under 200 Back	MKUSL-SL	9	---	-10.22
43.20S	F # 27	Female 11-12 50 Fly	MKUSL-SL	18	---	-5.50
38.17S	F # 45	Female 11-12 50 Free	MKUSL-SL	38	---	-1.42
3:10.23S	F # 58A	Female 12 & Under 200 IM	MKUSL-SL	8	---	-13.53
1:19.13S	F # 78	Female 11-12 100 Free	MKUSL-SL	12	---	-7.48
Strang, Daniel (8) M						
1:52.81S	F # 15	Male 10 & Under 100 IM	MKUSL-SL	12	---	-6.79
41.76S	F # 42	Male 10 & Under 50 Free	MKUSL-SL	16	---	-3.41
1:30.74S	F # 75	Male 10 & Under 100 Free	MKUSL-SL	7	---	-9.21
Taylor, Shaye J (12) M						
41.17S	F # 26	Male 11-12 50 Fly	HOKSL-SL	13	---	-5.64
36.63S	F # 44	Male 11-12 50 Free	HOKSL-SL	21	---	-2.34
1:24.04S	F # 77	Male 11-12 100 Free	HOKSL-SL	24	---	-3.66
Thomas, Flynn C (11) M						
44.25S	F # 8	Male 11-12 50 Back	WAISL-SL	23	---	-0.60
36.69S	F # 44	Male 11-12 50 Free	WAISL-SL	22	---	-1.11
49.90S	F # 69	Male 11-12 50 Breast	WAISL-SL	14	---	-3.34
Thomas, Hannah (10) F						
1:59.32S DQ	F # 16	Female 10 & Under 100 IM	HOKSL-SL	---	---	---
41.64S	F # 43	Female 10 & Under 50 Free	HOKSL-SL	16	---	-1.68
1:29.63S	F # 76	Female 10 & Under 100 Free	HOKSL-SL	9	---	-7.51
Tomlins, Lilly E (12) F						
3:26.53S	F # 5A	Female 12 & Under 200 Breast	MKUSL-SL	5	2	-1.26
40.48S	F # 9	Female 11-12 50 Back	MKUSL-SL	10	---	-0.61
1:36.21S	F # 35	Female 11-12 100 Breast	MKUSL-SL	5	2	-3.17
34.78S	F # 45	Female 11-12 50 Free	MKUSL-SL	8	---	-1.48
42.80S	F # 70	Female 11-12 50 Breast	MKUSL-SL	4	3	-1.92
1:14.97S	F # 78	Female 11-12 100 Free	MKUSL-SL	4	3	-15.68
Tomlins, Troy P (10) M						
52.48S	F # 6	Male 10 & Under 50 Back	MKUSL-SL	14	---	-1.33
1:47.76S	F # 15	Male 10 & Under 100 IM	MKUSL-SL	8	---	1.13
54.87S	F # 24	Male 10 & Under 50 Fly	MKUSL-SL	6	1	-6.35
43.03S	F # 42	Male 10 & Under 50 Free	MKUSL-SL	22	---	-1.73
55.58S	F # 67	Male 10 & Under 50 Breast	MKUSL-SL	7	---	-1.18
1:39.55S	F # 75	Male 10 & Under 100 Free	MKUSL-SL	13	---	0.76
Yorkstone, Alison G (14) F						
2:40.51S	F # 14C	Female 13-14 200 Free	MKUSL-SL	5	2	-5.67
1:27.33S	F # 20	Female 13-14 100 IM	MKUSL-SL	9	---	0.25
1:36.61S	F # 37	Female 13-14 100 Breast	MKUSL-SL	7	---	---
33.67S	F # 47	Female 13-14 50 Free	MKUSL-SL	5	2	-1.66
45.19S	F # 72	Female 13-14 50 Breast	MKUSL-SL	9	---	-1.43
1:13.35S	F # 80	Female 13-14 100 Free	MKUSL-SL	5	2	-3.40

Team Managers Report

Swim Meet NZ Age Group Champs
Date/s 2-6 March 2010
Location Christchurch

Pool QEII
 Manager Bev Catto
 Assistant Manager/s Shona Tomlins
 Coach/s Oscar Van Stekelenborg
 Massage Therapist Zane Harris

Team Members: Adam McDonald, Thomas Howie, Andrew Bester, Robert McDonald, Bradley Catto, Aila Tuhua, Alessandro Tommei, Rebecca Smith, Molly Tomlins, Lisa Catto, Clementine Flatley, Amy Dickey, April Miller, Brydon Harrington

Accommodation

Name Windsor Court Motel
 Address 136 New Brighton Road, Shirley, Christchurch

Comments

Great location, very handy to the pool and supermarket.
 Good sized units with good cooking facilities - Full oven, fridge-freezer and dishwasher in managers unit plus room for the team to dine together.

Travel

Air travel to Christchurch was on two flights. This worked well with a van being picked up by the Manager/Assistant Manager on each flight.

Transport

Two vans from Options Rentals were picked up and dropped off at the airport.

Performance Summary

Team Performance

Swimming Southland 2010 NZ Age Group Champs REGIONAL ANALYSIS

Individual Medallists

3 x 1 st Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Adam McDonald	COL	100 Fly	55.52	56.87	55.97
	Robert McDonald	COL	200 Fly	2.17.38	2.16.36	2.14.64
	Aila Tuhua	COL	50 Back	29.02	29.16	28.86

5 x 2 nd Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Lisa Catto	HOK	200 Free	2.11.64	2.10.91	2.09.04
	Adam McDonald	COL	50 Fly	25.34	26.20	25.40
	Adam McDonald	COL	100 Free	52.46	54.76	53.34
	Aila Tuhua	COL	200 Back	2.25.09	2.18.34	2.16.63
	Aila Tuhua	COL	100 Free	57.35	56.74	56.76

5 x 3 rd Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Lisa Catto	HOK	400 Free	4.32.87	4.31.56	4.30.15
	Lisa Catto	HOK	800 Free	9.28.26		9.18.96
	Adam McDonald	COL	50 Free	24.25	24.50	24.27
	Robert McDonald	COL	100 Fly	1.03.18	1.02.54	1.01.24
	Aila Tuhua	COL	100 Back	1.04.05	1.03.71	1.03.84

23 x Top 10 Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Andrew Bester (5 th)	OCA	200 IM	2.21.80	2.19.81	2.17.39
	Andrew Bester (6 th)	OCA	50 Back	31.12	29.51	29.62
	Andrew Bester (4 th)	OCA	200 Back	2.16.85	2.15.01	2.13.35
	Andrew Bester (4 th)	OCA	400 IM	5.00.13	4.58.67	4.56.66
	Andrew Bester (10 th)	OCA	100 Free	58.57	58.55	57.64
	Andrew Bester (5 th)	OCA	100 Back	1.03.77	1.03.29	1.02.95
	Bradley Catto (5 th)	HOK	400 Free	4.42.66	4.38.44	4.36.07
	Bradley Catto (5 th)	HOK	100 Free	1.02.24	1.00.20	59.62
	Bradley Catto (7 th)	HOK	200 Free	2.12.70	2.12.53	2.11.12
	Bradley Catto (4 th)	HOK	1500 Free	18.48.16		18.05.50
	Lisa Catto (7 th)	HOK	400 IM	5.14.28	5.17.43	5.16.67
	Lisa Catto (8 th)	HOK	200 Breast	2.46.58	2.50.67	2.49.85

Robert McDonald (6 th)	COL	200 Free	2.11.11	2.09.05	2.08.67
April Miller (9 th)	HOK	100 Free	1.03.17	1.04.19	1.03.31
April Miller (8 th =)	HOK	50 Free	28.83	29.06	29.09
Rebecca Smith (8 th)	WAV	400 IM	5.11.99	5.24.77	5.26.13
Rebecca Smith (8 th)	WAV	200 Breast	2.45.19	2.56.25	2.51.48
Rebecca Smith (7 th)	WAV	800 Free	9.20.52		9.41.71
Rebecca Smith (9 th)	WAV	100 Breast	1.18.69	1.21.55	1.21.62
Molly Tomlins (10 th)	MKU	200 Back	2.32.16	2.32.63	2.34.35
Molly Tomlins (5 th)	MKU	100 Back	1.10.08	1.10.64	1.09.85
Molly Tomlins (9 th)	MKU	50 Back	34.00	33.15	33.15
Aila Tuhua (4 th)	COL	50 Free	26.46	26.50	25.94

Southland Records:

5	SWIMMER	CLUB	EVENT	AGE	OLD TIME	NEW TIME
	Aila Tuhua	COL	50 Back	U 16 Men	29.02 (2010)	28.86
	Aila Tuhua	COL	50 Back	Open Men	29.01 (1999)	28.86
	Andrew Bester	OCA	100 Back	U 16 Men	1.03.21 (1984)	1.02.95
	Andrew Bester	OCA	200 Back	U 16 Men	2.14.62 (1999)	2.13.35
	Andrew Bester	OCA	200 Back	Open Men	2.13.36 (1986)	2.13.35

Club Rankings Nationally:

Rank	Club	1st	2nd	3rd	4-8th	Points
23	Collegiate	3	4	3	2	84
45	Hokonui		1	2	7	37.5
59	Orca				5	21
72=	Waverley				3	4
72=	Murihiku				1	4

14th Team Southland 3 5 5 18 150.5

Team Southland would have finished 14th club in NZ and 6th club in South Island

PB% by Club (using Best Long Course Entry Times):

Rank	Club	Swimmers	Swims	PBs	PB%
1	Orca	3	21	13	61.90%
2	Collegiate	3	27	14	51.85%
3	Hokonui	3	27	14	51.85%
4	Murihiku	4	18	6	33.33%
5	Waverley	1	10	0	0.00%
		14	103	47	45.63%

Lisa Catto finished 15th FINA point ranked female 15-17 year and Andrew Bester finished 19th ranked FINA point male 15-17 year and qualified for the NZ Age Group squad to attend the NZ Age and Youth camps in June along with selection to the NZ Tri Series Tour in January 2011. Selection still to be confirmed in writing

Discipline

On a whole all well behaved and well mannered.

General

The main meal at lunchtime was catered by Jenny Hayes who did an excellent job. Great food and plenty of it. The evening meal was self catered at the motel.

Overall a great week away with a great team of people. The team spirit poolside was excellent particularly for the finals.

Thanks to Shona, Oscar, David and Zane for their assistance and support.

Signed: Bev Catto

Individual Meet Results

Mayfair Pools 2010 New Zealand Age Group Cha 02-Mar-10 to 06-Mar-10 LC Meters

Location: QE II Leisure Centre, Christchurch

Time	F/P/S	Event	Place	Point
Improv				
Bester, Andrew J (15) M				
2:17.39L	F # 2C	Male 15-15 200 IM	OCASL-SL 5	4 -4.41
2:19.81L	P # 2C	Male 15-15 200 IM	OCASL-SL 5	--- -1.99
29.51L	P # 4C	Male 15-15 50 Back	OCASL-SL 4	--- -1.61
29.62L	F # 4C	Male 15-15 50 Back	OCASL-SL 6	3 -1.50
4:31.26L	P # 12C	Male 15-15 400 Free	OCASL-SL 16	--- 3.76
2:13.35L	F # 16C	Male 15-15 200 Back	OCASL-SL 4	5 -3.50
2:15.01L	P # 16C	Male 15-15 200 Back	OCASL-SL 2	--- -1.84
4:56.66L	F # 23C	Male 15-15 400 IM	OCASL-SL 4	5 -3.47
4:58.67L	P # 23C	Male 15-15 400 IM	OCASL-SL 4	--- -1.46
57.64L	F # 27C	Male 15-15 100 Free	OCASL-SL 10	--- -0.93
58.55L	P # 27C	Male 15-15 100 Free	OCASL-SL 10	--- -0.02
2:08.17L	P # 34C	Male 15-15 200 Free	OCASL-SL 16	--- 0.51
1:02.95L	F # 36C	Male 15-15 100 Back	OCASL-SL 5	4 -0.82
1:03.29L	P # 36C	Male 15-15 100 Back	OCASL-SL 5	--- -0.48
26.71L	P # 48C	Male 15-15 50 Free	OCASL-SL 13	--- 0.12
Catto, Bradley (13) M (A1)				
4:36.07L	F # 12A	Male 13-13 400 Free	HOKSL-SL 5	4 -6.59
4:38.44L	P # 12A	Male 13-13 400 Free	HOKSL-SL 5	--- -4.22
59.62L	F # 27A	Male 13-13 100 Free	HOKSL-SL 5	4 -2.62
1:00.20L	P # 27A	Male 13-13 100 Free	HOKSL-SL 4	--- -2.04
2:11.12L	F # 34A	Male 13-13 200 Free	HOKSL-SL 7	2 -1.58
2:12.53L	P # 34A	Male 13-13 200 Free	HOKSL-SL 8	--- -0.17
18:05.50L	F # 44A	Male 13-13 1500 Free	HOKSL-SL 4	5 -42.66
28.53L	P # 48A	Male 13-13 50 Free	HOKSL-SL 12	--- -0.32
Catto, Lisa A (16) F				
4:30.15L	F # 1D	Female 16-16 400 Free	HOKSL-SL 3	6 -2.72
4:31.56L	P # 1D	Female 16-16 400 Free	HOKSL-SL 2	--- -1.31
5:16.67L	F # 11D	Female 16-16 400 IM	HOKSL-SL 7	2 2.39
5:17.43L	P # 11D	Female 16-16 400 IM	HOKSL-SL 6	--- 3.15
1:02.42L	P # 15D	Female 16-16 100 Free	HOKSL-SL 14	--- 0.10
2:09.04L	F # 22D	Female 16-16 200 Free	HOKSL-SL 2	7 -2.60
2:10.91L	P # 22D	Female 16-16 200 Free	HOKSL-SL 3	--- -0.73
2:49.85L	F # 26D	Female 16-16 200 Breast	HOKSL-SL 8	1 3.27
2:50.67L	P # 26D	Female 16-16 200 Breast	HOKSL-SL 5	--- 4.09
9:18.96L	F # 33D	Female 16-16 800 Free	HOKSL-SL 3	6 -9.30
1:22.09L	P # 35D	Female 16-16 100 Breast	HOKSL-SL 14	--- 2.36
29.07L	P # 47D	Female 16-16 50 Free	HOKSL-SL 18	--- 0.02
2:33.88L	P # 49D	Female 16-16 200 IM	HOKSL-SL 15	--- 3.04
Dickey, Amy R (14) F				
5:43.60L	P # 11B	Female 14-14 400 IM	MKUSL-SL 22	--- 2.23
1:11.44L	P # 39B	Female 14-14 100 Fly	MKUSL-SL 15	--- -0.52
2:39.98L	P # 45B	Female 14-14 200 Fly	MKUSL-SL 11	--- -0.79
Flatley, Clementine J (14) F				
38.12L	P # 3B	Female 14-14 50 Breast	OCASL-SL 13	--- -0.66
3:00.91L	P # 26B	Female 14-14 200 Breast	OCASL-SL 12	--- -3.68
1:24.43L	P # 35B	Female 14-14 100 Breast	OCASL-SL 13	--- 0.78
Harrington, Brydon (14) F				
1:05.26L	P # 15B	Female 14-14 100 Free	OCASL-SL 29	--- 0.78
2:19.24L	P # 22B	Female 14-14 200 Free	OCASL-SL 27	--- 0.04
29.96L	P # 47B	Female 14-14 50 Free	OCASL-SL 31	--- 0.44
McDonald, Adam B (17) M				
25.40L	F # 25E	Male 17-18 50 Fly	COLSL-SL 2	7 0.06
26.20L	P # 25E	Male 17-18 50 Fly	COLSL-SL 2	--- 0.86
53.34L	F # 27E	Male 17-18 100 Free	COLSL-SL 2	7 0.88
54.76L	P # 27E	Male 17-18 100 Free	COLSL-SL 6	--- 2.30
2:03.71L	P # 34E	Male 17-18 200 Free	COLSL-SL 20	--- 4.59
24.27L	F # 48E	Male 17-18 50 Free	COLSL-SL 3	6 0.02
24.50L	P # 48E	Male 17-18 50 Free	COLSL-SL 4	--- 0.25
55.97L	F # 50E	Male 17-18 100 Fly	COLSL-SL 1	10 0.45
56.87L	P # 50E	Male 17-18 100 Fly	COLSL-SL 1	--- 1.35
McDonald, Robert J (14) M				

Location Wellington
 Pool Splash Palace
 Manager Barbara Grant and Jane Fisher

Coach David Prattley (Head Coach) Aidan Withington

Team Members (9) Josh Hamilton, Lucy Fisher(MKU) Sian Davis, Tracey Brinsdon, Ashleigh Kirk (HOK) Felecity Soper (COL) Grace Dowling, Harriet Grant, Samantha Grant (ORCA)

Accommodation
Capital View Motor Inn
12 Thompson St
Wellington
04 3850515
Accommodation was adequate with the team spread over 3 floors. The complex was centrally located and only 10 – 15 minutes travel to the pool.
However the facilities in the units for cooking were sparse and washing/drying machines marginal, with only 2 washers and 1 dryer available for the whole complex.
I would recommend a unit with full cooking facilities needs to be available in future, for this length of stay.

Travel

The Team travelled together and left on first flight out – Monday 15th March on the direct flight to Wellington. The team returned home on Sunday 18th March on direct flight from Wellington to Invercargill.

Transport

A 12 seater van plus luggage trailer was used from DC Rentals, Wellington.
 Pickup and drop off from the airport.

Performance Summary

**Swimming Southland
 2010 NZ Age Group Division 2 Competition
 REGIONAL ANALYSIS**

Individual Medallists

3 x 1 st Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Josh Hamilton	MKU	200 IM	2.42.92	2.32.26	2.28.99
	Josh Hamilton	MKU	100 FR	1.05.81	1.01.77	59.72
	Josh Hamilton	MKU	50 FR	29.46	27.75	27.31
2 x 2 nd Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Josh Hamilton	MKU	100 IM	1.15.11	1.11.51	1.09.87
	Josh Hamilton	MKU	200 FR	2.24.98	2.15.38	2.11.72
2 x 3 rd Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Josh Hamilton	MKU	50 FLY	33.64	32.18	31.51
	Sian Davis	HOK	50 FLY	33.50	33.49	32.88
8 x Top 10 Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Sian Davis	HOK	200 FLY	2.51.83	2.50.07	2.50.39 7th
	Sian Davis	HOK	100 FLY	1.15.49	1.15.75	1.13.54 6th
	Lucy Fisher	MKU	50 FR	31.42	30.01	30.08 7th
	Harriet Grant	OCA	200 IM	2.47.43	2.43.65	2.41.83 7th
	Harriet Grant	OCA	200 BR	3.04.41	3.01.99	2.59.91 7th
	Josh Hamilton	MKU	400 IM	5.37.49		5.25.29 4th
	Josh Hamilton	MKU	200 BR	3.15.21	2.58.00	2.57.01 7th
	Female 14 & U Relay	STH	200 FR	2.03.81	2.02.42	2.01.76 8th
	Ashleigh Kirk, Sam Grant, Harriet Grant/Sian Davis,					

	Lucy Fisher					
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Southland Records:

0	SWIMMER	CLUB	EVENT	AGE	OLD TIME	NEW TIME
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Club Rankings Nationally:

Rank	Club	1st	2nd	3rd	4-8th	Points
35	Murihiku	3	2	1	3	59
69=	Hokonui			1	2	11
75=	Orca				2	4
	Collegiate					0
	Team Southland	3	2	1	7	74

Team Southland would have finished 27th club in NZ and 8th club in South Island

PB% by Club (using Best Short Course Entry Times):

Rank	Club	Swimmers	Swims	PBs	PB%
1	Collegiate	1	2	2	100.00%
2	Murihiku	2	20	19	95.00%
3	Hokonui	3	15	12	80.00%
4	Orca	3	13	10	76.92%
		9	50	43	86.00%

Discipline

No issues
General
A fantastic group of swimmers to be away with. Excellent at supporting fellow team members.
David Prattley was also fantastic to be away with and provided guidance to the Team Managers when required – Thank you!
A really positive team atmosphere was present for the whole week.
Travelling a couple of days earlier allowed the Team to bond and experience a trip to Parliament and Te Papa Museum.
They also had 2 full training sessions at the pool, before racing commenced.
Another thing to note for future trips : The café at the pool was happy to cater for us if required. We pre ordered Lasagne on the last day when there was a quick turn around between sessions.
These came individually dished, and you can request heated or cold.

Signed: **Barbara Grant**
Jane Fisher

Individual Meet Results

2010 Division II Competition 17-Mar-10 to 20-Mar-10 SC Meters

Location: Wellington Regional Aquatic Centre Wellington

Time	F/P/S	Event	Place	Points	Improv
Brinsdon, Tracey L (13) F					
1:29.92S	P # 4A	Female 13-13 100 Breast	HOKSL-SL 27	---	-0.88
3:04.71S	P # 42A	Female 13-13 200 Breast	HOKSL-SL 12	---	-8.84
6:01.72S	F # 46A	Female 13-13 400 IM	HOKSL-SL 22	---	-37.08
Davis, Sian M (13) F					
32.88S	F # 6A	Female 13-13 50 Fly	HOKSL-SL 3	6	-0.62
33.49S	P # 6A	Female 13-13 50 Fly	HOKSL-SL 3	---	-0.01
2:45.00S	P # 15A	Female 13-13 200 IM	HOKSL-SL 14	---	-2.87

2:50.07S	P # 28A	Female	13-13 200 Fly	HOKSL-SL	6	---	-1.76
2:50.39S	F # 28A	Female	13-13 200 Fly	HOKSL-SL	7	2	-1.44
1:13.54S	F # 40A	Female	13-13 100 Fly	HOKSL-SL	6	3	-1.95
1:15.75S	P # 40A	Female	13-13 100 Fly	HOKSL-SL	6	---	0.26
31.71S	P # 44A	Female	13-13 50 Free	HOKSL-SL	23	---	0.73
Dowling, Grace E (13) F							
2:43.29S	P # 2A	Female	13-13 200 Back	OCASL-SL	18	---	-2.81
5:11.64S	F # 8A	Female	13-13 400 Free	OCASL-SL	18	---	-4.08
1:16.85S	P # 17A	Female	13-13 100 Back	OCASL-SL	17	---	-2.43
Fisher, Lucy E (14) F							
34.91S	P # 6B	Female	14-14 50 Fly	MKUSL-SL	27	---	-2.55
1:06.10S	P # 30B	Female	14-14 100 Free	MKUSL-SL	13	---	-3.99
30.01S	P # 44B	Female	14-14 50 Free	MKUSL-SL	8	---	-1.41
30.08S	F # 44B	Female	14-14 50 Free	MKUSL-SL	7	2	-1.34
5:45.33S	F # 46B	Female	14-14 400 IM	MKUSL-SL	13	---	-16.68
Grant, Harriet L (13) F							
1:27.86S	P # 4A	Female	13-13 100 Breast	OCASL-SL	20	---	1.97
5:26.18S DQ	F # 8A	Female	13-13 400 Free	OCASL-SL	---	---	---
2:41.83S	F # 15A	Female	13-13 200 IM	OCASL-SL	7	2	-5.60
2:43.65S	P # 15A	Female	13-13 200 IM	OCASL-SL	8	---	-3.78
39.34S	P # 19A	Female	13-13 50 Breast	OCASL-SL	13	---	0.02
1:08.49S	P # 30A	Female	13-13 100 Free	OCASL-SL	18	---	-1.27
2:59.91S	F # 42A	Female	13-13 200 Breast	OCASL-SL	7	2	-4.50
3:01.99S	P # 42A	Female	13-13 200 Breast	OCASL-SL	7	---	-2.42
5:45.63S	F # 46A	Female	13-13 400 IM	OCASL-SL	9	---	-7.20
Grant, Samantha J (13) F							
36.59S	P # 6A	Female	13-13 50 Fly	OCASL-SL	34	---	0.57
1:20.72S	P # 40A	Female	13-13 100 Fly	OCASL-SL	15	---	-4.17
Hamilton, Josh (13) M							
31.51S	F # 5A	Male	13-13 50 Fly	MKUSL-SL	3	6	-2.13
32.18S	P # 5A	Male	13-13 50 Fly	MKUSL-SL	5	---	-1.46
1:09.87S	F # 9A	Male	13-13 100 IM	MKUSL-SL	2	7	-5.24
1:11.51S	P # 9A	Male	13-13 100 IM	MKUSL-SL	3	---	-3.60
2:28.99S	F # 14A	Male	13-13 200 IM	MKUSL-SL	1	10	-13.93
2:32.26S	P # 14A	Male	13-13 200 IM	MKUSL-SL	2	---	-10.66
2:11.72S	F # 20A	Male	13-13 200 Free	MKUSL-SL	2	7	-13.26
2:15.38S	P # 20A	Male	13-13 200 Free	MKUSL-SL	2	---	-9.60
59.72S	F # 29A	Male	13-13 100 Free	MKUSL-SL	1	10	-6.09
1:01.77S	P # 29A	Male	13-13 100 Free	MKUSL-SL	3	---	-4.04
5:25.29S	F # 33A	Male	13-13 400 IM	MKUSL-SL	4	5	-12.20
2:57.01S	F # 41A	Male	13-13 200 Breast	MKUSL-SL	7	2	-18.20
2:58.00S	P # 41A	Male	13-13 200 Breast	MKUSL-SL	8	---	-17.21
27.31S	F # 45A	Male	13-13 50 Free	MKUSL-SL	1	10	-2.15
27.75S	P # 45A	Male	13-13 50 Free	MKUSL-SL	2	---	-1.71
Kirk, Ashleigh C (14) F (A2)							
5:08.86S	F # 8B	Female	14-14 400 Free	HOKSL-SL	22	---	-18.04
10:42.71S	F # 26B	Female	14-14 800 Free	HOKSL-SL	11	---	1.73
1:08.92S	P # 30B	Female	14-14 100 Free	HOKSL-SL	26	---	-1.65
30.81S	P # 44B	Female	14-14 50 Free	HOKSL-SL	20	---	-1.30
Soper, Felecity E (15) F							
1:18.73S	P # 40C	Female	15-15 100 Fly	COLSL-SL	11	---	-1.96
5:55.23S	F # 46C	Female	15-15 400 IM	COLSL-SL	11	---	-13.17

Team Managers Report

Swim Meet 2010 New Zealand Opens/Commonwealth Games Trials
Date/s 5 – 9 April 2010

Location Auckland
Pool West Wave Aquatics, Henderson
Manager Vicki Finlay
Yvonne McDonald (Parent Helper)
Coach/s Jeremy Duncan

Team Members: Natalie Wiegersma, Lisa Pankhurst, Rebecca Smith, Adam McDonald, Richard Harris, Michael Finlay

Accommodation

Name Lincoln Green
Address 159 Lincoln Road

Comments

Standard rooms were used with a Queen Bed and Single in each room. Ample room for 1 swimmer, slightly more cramped for those that were sharing. Rooms were clean and modern with heat pumps for keeping warm or cool.

Kitchen – was generally clean and tidy, but with several other teams and guests using this facility, it became a problem around several meal times. This was resolved as best we could by communicating with team managers and working out a roster. Generally we all worked together sharing what items (Bowls, grater, sharp knife, and can opener) we had brought and washing and drying dishes as swimmers finished their meals.

The kitchen also lacked a lot of utensils, cutlery and other items like bowls, large pots and pans etc. These could be supplied by the restaurant if requested, but needed to be returned by Hotel staff once we had finished using. Basic items like a can opener caused problems when the one in the kitchen disappeared and the restaurant one was broken. There were not enough tea towels either at the start of the week, but I spoke with the Head Housekeeper and she ensured that there was a good supply of Tea Towels and rubbish bags on hand. As we had arrived during a holiday weekend, skeleton staff was being used and this resulted in some confusion over these days. The staff was very accommodating and offered assistance whenever asked.

Restaurant – more than happy to heat meals, mousetraps, spaghetti buns etc. as long as we gave them plenty of notice. Phoned the Hotel on several occasions to advise what time we would be back for our meals to allow them to heat in time. Once or twice, the kitchen was busy, so the meals were not ready when we arrived back, especially in the evenings. Staff were very friendly and helpful.

Travel

All swimmers travelled to Auckland as a team, meeting Lisa at the airport as she had travelled from Christchurch. Alternative travel arrangements home however were made by: Adam, (Australia) Lisa, (Queenstown) Rebecca, (early departure for family commitments) Natalie & Jeremy (Commonwealth Games commitments)

Transport

Rental car from Pegasus Rentals. 8 Seater Emina supplied with a trailer. I tried to return the trailer early as it was obvious that this would not be required on the last day. However, the trailer had been on hired and paid for from another company by Pegasus Rentals so we were unable to return for a partial refund. We decided to keep the trailer until the last day. I took my GPS with us, this turned out to be invaluable.

On a personal note – I had left me cell phone in the rental car by mistake when we dropped it off. The young gentleman at Pegasus very kindly drove back to the airport and delivered it back to me before my flight. Excellent service.

Performance Summary

What can one say about the performance of this team? The 6 swimmers that went to this meet all shone in their own way. I have decided to mention each swimmer individually:

Natalie, of course, was the stand out performer of this meet, achieving Commonwealth Games and Pan Pacific qualifying times in both the 200IM and 400IM and also breaking her own NZ record in the 200IM and winning gold in the 100 Butterfly. She also broke Southland records in all these events. Natalie also swam well enough to enable Jeremy to travel with her and be her coach for the Games.

Well done to Lisa for swimming herself into the Oceania Team to compete in Samoa in June. Her 200 Freestyle was a great Personal best time for her and reflected her efforts over the whole year. This swim was one of the best swims of the meet. She also broke the Southland Record in the 200 and 100 Freestyle, making the A Finals in each of these events.

Rebecca attended the meet as a last minute entry, having already competed at NAGs just a few weeks earlier. She proved that she was more than capable of swimming with the older swimmers and was competitive in the 400 IM and the 800 Freestyle. Although she wasn't able to record a Personal best time, she swam well and enjoyed the atmosphere of being at this meet.

Michael capped off his first full year in some time, with some great times. He improved his overall ranking in all his events, breaking the Southland record in the 50 Backstroke and recording 7 personal best times from 9 races. He made several B finals as a result and had the highest PB% of 77.77% overall. Unfortunately he had to back up his backstroke and freestyle races on Days 2 and 4 with less than 30 minutes to recover between races, so an outstanding effort on his part.

Richard entered all the Backstroke events this year and was rewarded with an A final in the 100 Backstroke where he finished 7th overall. He also broke the Southland record twice that day, by swimming faster in the final than he did in the prelims. Richard also made the B final of the 200 back, where he recorded a solid Personal Best time.

Last but not least was Adam, he swam hard and succeeded in making the A final of the 100 Butterfly, where he finished 8th overall. Adam also made B Finals in 50 Free, 100 free and won his B final in the 50 Fly. A great effort for a swimmer who turned 18 at this meet and had also just recently competed at NAGs. He had some very stiff competition from swimmers several years older than himself and he showed that he is more than able to foot it with the best.

Swimming Southland 2010 NZ Open Champs REGIONAL ANALYSIS

Individual Medallists

3 x 1 st Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Natalie Wiegiersma	WAV	200 IM	2.12.73	2.16.82	2.12.38
	Natalie Wiegiersma	WAV	400 IM	4.41.37	4.52.84	4.41.15
	Natalie Wiegiersma	WAV	100 Fly	1.00.98	1.02.00	1.02.00

0 x 2 nd Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME

0 x 3 rd Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME

4 x Top 8 Placings	SWIMMER	CLUB	EVENT	ENTRY TIME	PRELIM TIME	FINAL TIME
	Richard Harris (7 th)	COL	100 Back	1.01.42	1.00.85	1.00.49
	Adam McDonald (8 th)	COL	100 Fly	55.52	56.71	56.37
	Lisa Pankhurst (7 th)	COL	200 Free	2.04.05	2.03.75	2.02.94
	Lisa Pankhurst (8 th)	COL	100 Free	57.64	57.62	57.24

Southland Records:

9	SWIMMER	CLUB	EVENT	AGE	OLD TIME	NEW TIME
	Lisa Pankhurst	COL	100 Free	Open Women	57.64 (2010)	57.62
	Lisa Pankhurst	COL	100 Free	Open Women	57.62 (2010)	57.24
	Lisa Pankhurst	COL	200 Free	Open Women	2.03.221 (2009)	2.02.94

	Michael Finlay	OCA	50 Back	Open Men	28.86 (2010)	28.45
	Richard Harris	COL	100 Back	Open Men	1.01.76 (2010)	1.00.85
	Richard Harris	COL	100 Back	Open Men	1.00.85 (2010)	1.00.49
	Natalie Wiegiersma	WAV	100 Fly	Open Women	1.00.91 (2009)	1.00.50
	Natalie Wiegiersma	WAV	200 IM	Open Women	2.12.72 (2010)	2.12.38
	Natalie Wiegiersma	WAV	400 IM	Open Women	4.41.37 (2010)	4.41.15

NZ Records:

1	SWIMMER	CLUB	EVENT	AGE	OLD TIME	NEW TIME
	Natalie Wiegiersma	WAV	200 IM	Open Women	2.12.72	2.12.38

Club Rankings Nationally:

Rank	Club	1st	2nd	3rd	4-8th	Points
13=	Waverley	3				30
27	Collegiate				6	6

14th Team Southland 30 6 36

Team Southland would have finished 10th club in NZ and 3rd club in South Island

PB% by Club (using Best Long Course Entry Times):

Rank	Club	Swimmers	Swims	PBs	PB%
1	Orca	1	9	7	77.77%
2	Collegiate	3	19	9	47.37%
5	Waverley	2	9	3	33.33%
		6	37	19	51.35%

Natalie Wiegiersma qualified for the 2010 Commonwealth Games for the 200 and 400 IM

Natalie Wiegiersma qualified for the 2010 Pan Pacific Championships for the 200 and 400 IM

Lisa Pankhurst qualified for the 2010 Oceania Championships for the 200 Free

Discipline

Not applicable. A fantastic group of young people.

General

A fantastic meet for the Southland swimmers who all swam exceedingly well. It was an honour and a privilege to be a part of this group. Southland was a small team, but a force to be reckoned with, with a great team spirit, both in and out of the pool.

Thanks to Rebecca for being my number 1 support person at the pool. She was there to encourage and support the swimmers throughout the meet as they raced. We certainly missed her when she left the team on Thursday.

Thanks also to Yvonne for being there to help me get the meals out in a timely manner after we got home after the sessions. It took a lot of pressure off me at the end of the day especially.

A big thank you to Jeremy..... The results do speak for themselves. We tried to make things as stress free as possible and I think that good communication between us ensured that things ran smoothly. Jeremy was a very willing helper and supporter of any extra team activities, during the week to help with morale etc.

I would also like to thank all the Southland supporters at the meet. It was so great to see you there encouraging and supporting. The swimmers certainly appreciated seeing you there....it was nice to see a friendly face in the crowd.

It was a pleasure and a huge privilege to be the Manager of this 2010 Opens Team. I learnt so much and I enjoyed every bit of it. (Even the dishes and the laundry) A North Island coach mentioned to me that Southland had an Awesome Swimmer – well I have news for him. We had 6 AWESOME swimmers, and they all swam some truly awesome races. Congratulations to you all. Southland swimming should be proud of you as individuals and as swimmers, you are all worthy representatives of the highest level. I look forward to watching and supporting you over the coming months and years.

Signed: Vicki Finlay

Individual Meet Results

State Insurance 2010 NZ Open Championships 05-Apr-10 to 09-Apr-10 LC Meters

Location: West Wave Aquatic Centre, Auckland

Time	F/P/S	Event		Place	Points	Improv
Finlay, Michael S (19) M						
28.45L	P # 2	Male Open 50 Back	OCASL-SL	11	---	-0.85
53.96L	F # 13	Male Open 100 Free	OCASL-SL	14	---	-0.21
54.07L	P # 13	Male Open 100 Free	OCASL-SL	16	---	-0.10
2:16.03L	P # 15	Male Open 200 Back	OCASL-SL	18	---	0.36
24.55L	F # 32	Male Open 50 Free	OCASL-SL	11	---	-0.05
24.69L	P # 32	Male Open 50 Free	OCASL-SL	14	---	0.09
1:01.37L	P # 34	Male Open 100 Back	OCASL-SL	10	---	-0.39
1:59.13L	F # 40	Male Open 200 Free	OCASL-SL	16	---	-1.88
1:59.60L	P # 40	Male Open 200 Free	OCASL-SL	20	---	-1.41
Harris, Richard J (19) M						
28.79L	P # 2	Male Open 50 Back	COLSL-SL	15	---	-0.17
2:13.67L	F # 15	Male Open 200 Back	COLSL-SL	14	---	-0.30
2:14.50L	P # 15	Male Open 200 Back	COLSL-SL	15	---	0.53
1:00.49L	F # 34	Male Open 100 Back	COLSL-SL	7	2	-0.93
1:00.85L	P # 34	Male Open 100 Back	COLSL-SL	7	---	-0.57
McDonald, Adam B (17) M						
53.48L	P # 13	Male Open 100 Free	COLSL-SL	13	---	1.02
54.36L	F # 13	Male Open 100 Free	COLSL-SL	15	---	1.90
56.37L	F # 26	Male Open 100 Fly	COLSL-SL	8	1	0.85
56.71L	P # 26	Male Open 100 Fly	COLSL-SL	8	---	1.19
24.68L	F # 32	Male Open 50 Free	COLSL-SL	14	---	0.43
24.84L	P # 32	Male Open 50 Free	COLSL-SL	16	---	0.59
25.65L	F # 44	Male Open 50 Fly	COLSL-SL	10	---	0.31
25.76L	P # 44	Male Open 50 Fly	COLSL-SL	9	---	0.42
Pankhurst, Lisa A (20) F						
2:02.94L	F # 1	Female Open 200 Free	COLSL-SL	7	2	-1.11
2:03.75L	P # 1	Female Open 200 Free	COLSL-SL	7	---	-0.30
27.12L	F # 12	Female Open 50 Free	COLSL-SL	9	---	-0.07
27.54L	P # 12	Female Open 50 Free	COLSL-SL	11	---	0.35
57.24L	F # 25	Female Open 100 Free	COLSL-SL	8	1	-0.40
57.62L	P # 25	Female Open 100 Free	COLSL-SL	8	---	-0.02
Smith, Rebecca L (17) F						
2:55.27L	P # 14	Female Open 200 Breast	WAVSL-SL	19	---	10.08
9:41.21L	P # 19	Female Open 800 Free	WAVSL-SL	19	---	20.69
5:24.38L	P # 35	Female Open 400 IM	WAVSL-SL	18	---	12.39
Wiegersma, Natalie J (20) F						
2:12.38L	F # 5	Female Open 200 IM	WAVSL-SL	1	10	-0.35
2:16.82L	P # 5	Female Open 200 IM	WAVSL-SL	1	---	4.09
1:00.50L	F # 17	Female Open 100 Fly	WAVSL-SL	1	10	-0.48
1:02.00L	P # 17	Female Open 100 Fly	WAVSL-SL	2	---	1.02
4:41.15L	F # 35	Female Open 400 IM	WAVSL-SL	1	10	-0.22
4:52.84L	P # 35	Female Open 400 IM	WAVSL-SL	1	---	11.47